Psychology
at Benedictine University

Why study psychology at Benedictine?

When you choose to major in Psychology at Benedictine, you will:

- Have the opportunity to gain practical work experience by taking part in on-the-job field placements in psychology or life span services.
- Learn from guest lectures given by practicing psychologists and talks by clinicians about various types of treatment programs.
- Gain practical experience in clinical and experimental laboratories.
- Pursue research of your own interests or help faculty members with a research program and present the results of your work at both on-campus and off-campus meetings.
- Have the opportunity to participate in the campus chapter of Psi Chi, the National Honorary Society in Psychology, which sponsors events to stimulate your interest and competence in psychology

What does a degree in Psychology at Benedictine offer?

In Benedictine's Psychology program, you will study the behavior of individuals, groups, society and organizations. You will learn both the theories of psychologists and how the theories are applied in real situations.

What careers are available with a degree in Psychology?

There are a wide variety of career options for graduates with a degree in Psychology. For example:

- Physical or occupational therapists*
- Industrial/organizational psychologists*
- Alcohol/drug counselors
- Counseling/clinical psychologists*
- Sales representatives
- Social workers*

**With a master's degree or Ph.D.*

How does the program work?

As a Psychology student, you will complete at least 41 credit hours in Psychology courses with a grade of "C" or better. You will learn principles of psychology, statistics, research methods in the social sciences and complete a senior thesis in the program's capstone course. You will also choose among advanced Psychology courses according to your interests and advisor's advice, including at least eight credit hours of laboratory courses. You will take courses that will increase your knowledge of related social sciences such as sociology, economics, political science and anthropology.

How do I know if psychology is for me?

If you are interested in a career that deals with people on a one-on-one basis or in a group setting and uses statistics and other research skills, Psychology is for you. You will learn what motivates people and the skills needed to work with people effectively.

Recommended Program

Bachelor of Arts in Psychology

Benedictine University recently reformed its undergraduate curriculum and implementation begins in Fall 2014. This recommended program of study is an example only and subject to change.

FRESHMAN

Writing Colloquium	3
Mathematics (MATH 105, 108 or 110)	3
Survey of Psychology	3
Natural Science Core elective	3
Fine Arts/Music Core elective	3
	15

Speech Communication	3
Research Writing	3
Social Psychology	3
Principles of Sociology	3
Philosophy Core elective	3
	15

SOPHOMORE

Childhood and Adolescence	3
Religious Studies Core elective	3
Life Sciences Core elective	3
Mediterranean World (HUMN 220)	3
Elective	3
	15

Adulthood and Aging	3
Literature/Foreign Language Literature Core elective	3
Baptism of Europe (HUMN 230)	3
Electives	6
	15

JUNIOR

Abnormal Psychology	3
Physical Sciences Core elective	3
Introduction to Economics	3
Converging Hemispheres (HUMN 240)	3
Basic and Applied Statistics	3
	15

Social, Psychological and Cultural Aspects of Aging	3
Physiological Psychology/Lab	4
Anthropology/Political Science Core elective	3
Contemporary World (HUMN 250)	3
Elective	3
	16

SENIOR

Psychotherapy	3
Clinical Practicum/Lab	4
Research Methods	3
Electives	6
	16

Senior Thesis	3
Psychology Field Placement*	3
Systems and Theories*	3
Other electives	6
	15

**Intended for graduate school preparation; otherwise, replace with electives.*