

**BENEDICTINE UNIVERSITY CHECKLIST FOR BACHELOR OF SCIENCE in
HEALTH SCIENCE (4+1) with Clinical Exercise Physiology
Freshman Rules
(2011-2012 Academic Year)**

NAME:		DATE:	
BU ID #:	ADVISOR:	SEMESTER OF ENTRY:	

GRADUATION REQUIREMENT: Students must submit a total of 120 semester credit hours (with a minimum G.P.A. of 2.0 from Benedictine University courses) of which 45 semester hours, including twelve 200+ level semester credit hours in their major field, must be from Benedictine University.

<p>BASIC SKILLS (12 HOURS) Grade of "C" or better required.</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; border-bottom: 1px solid black;">College</th> <th style="text-align: left; border-bottom: 1px solid black;">Course #</th> <th style="text-align: left; border-bottom: 1px solid black;">Cr.</th> <th style="text-align: left; border-bottom: 1px solid black;">Grade</th> <th></th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>Writing Colloquium (WRIT-S101)* (or HNRS 190: 1st Year Colloquium I)</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>Research Writing (WRIT-S102) (or HNRS 191: 1st Year Colloquium II)</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>Basic Speech (SPCH-S110) (or HNRS-191)</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>College Algebra (MATH-S110)</td> </tr> </tbody> </table> <p>*Freshmen with AP credit for WRIT-S101 must take WRIT-S104, Person in Community: One-Hour seminar</p>	College	Course #	Cr.	Grade		_____	_____	___	_____	Writing Colloquium (WRIT-S101)* (or HNRS 190: 1 st Year Colloquium I)	_____	_____	___	_____	Research Writing (WRIT-S102) (or HNRS 191: 1 st Year Colloquium II)	_____	_____	___	_____	Basic Speech (SPCH-S110) (or HNRS-191)	_____	_____	___	_____	College Algebra (MATH-S110)	<p>COMMON CORE (12 HRS / 6 HRS FOR 20+ TRANSFERS)</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; border-bottom: 1px solid black;">College</th> <th style="text-align: left; border-bottom: 1px solid black;">Course #</th> <th style="text-align: left; border-bottom: 1px solid black;">Cr.</th> <th style="text-align: left; border-bottom: 1px solid black;">Grade</th> <th></th> </tr> </thead> <tbody> <tr> <td>BU _____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>HUMN-220 Mediterranean World (or HNRS-220 Mediterranean World)</td> </tr> <tr> <td>BU _____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>HUMN-230 Baptism of Europe (or HNRS-230 Baptism of Europe)</td> </tr> <tr> <td>BU _____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>HUMN-240 Converging Hemispheres (or HNRS-320 Converging Hemispheres)</td> </tr> <tr> <td>BU _____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>HUMN-250-WI (or HNRS-393 Global Interdependence)</td> </tr> </tbody> </table> <p>HUMN-220, 230, 240, 250 <u>taken at Benedictine</u> comprise the Cultural Heritage Series.</p>	College	Course #	Cr.	Grade		BU _____	_____	___	_____	HUMN-220 Mediterranean World (or HNRS-220 Mediterranean World)	BU _____	_____	___	_____	HUMN-230 Baptism of Europe (or HNRS-230 Baptism of Europe)	BU _____	_____	___	_____	HUMN-240 Converging Hemispheres (or HNRS-320 Converging Hemispheres)	BU _____	_____	___	_____	HUMN-250-WI (or HNRS-393 Global Interdependence)
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CORE ELECTIVES

Core Electives must be chosen from classes labeled with a "C" designation in the Catalog and Course Schedule. A list can also be found at: <http://www.ben.edu/core/electives.asp>.

*Students accepted to the scholars program must take specific courses to satisfy these categories.

<p>ARTS AND HUMANITIES (12 HOURS)</p> <table style="width: 100%; border-collapse: collapse;"> <tbody> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>PHIL **</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>RELS/THEO**</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>FNAR/MUSI *</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>LITR/FRLGLITR</td> </tr> </tbody> </table> <p>**Either PHIL or RELS/THEO must be a core ethics course</p>	_____	_____	___	_____	PHIL **	_____	_____	___	_____	RELS/THEO**	_____	_____	___	_____	FNAR/MUSI *	_____	_____	___	_____	LITR/FRLGLITR	<p>NATURAL SCIENCES (9 HOURS)</p> <p>Satisfied by major</p>
_____	_____	___	_____	PHIL **																	
_____	_____	___	_____	RELS/THEO**																	
_____	_____	___	_____	FNAR/MUSI *																	
_____	_____	___	_____	LITR/FRLGLITR																	

SOCIAL SCIENCES (9 HOURS)

_____	_____	___	_____	BUSN/ECON*
_____	_____	___	_____	ANTH/PLSC *
_____	_____	___	_____	PSYC/SOCL

MAJORS AND COGNATES* ❖

College	Course	Cr	Gr	College	Course	Cr	Gr	
		3				4		BIOL-203 Human Anatomy
		3				3		BIOL-229 Biostatistics
		1				4		BIOL-258 Human Physiology
		3				3		BIOL-368 Biomechanics
		1				3		BIOL-358 Exercise Physiology
		3				3		BCHM-261/361 Princ of Biochemistry
		1				3		HLSC-392 Exercise Biochemistry
		3				3		NUTR-241 Nutr Through the Life Cycle**
		1				1		HLSC-321 Fitness Testing
		3				1		HLSC-322 EKG Lab
		1				3		HLSC-360 Adv CV/Resp Physiology
		3				3		HLSC-361 CV/RespPatho&Prevention
		1				2		HLSC-380 Current Topics (WI)
		3				2		HLSC-390 Internship Prep & Internship
		3						
		1						

*All majors must submit at least 72 major and cognate hours [with a grade of "C" or better], of which 46 hours are at the 200 level or above, including 18 hours at the 300 level.

**or NUTR-200 Nutritional Science

❖ One Writing Intensive course (indicated by a "WI" in the course schedule) must be completed within the major