

BENEDICTINE UNIVERSITY CHECKLIST FOR BACHELOR OF ARTS in PHYSICAL EDUCATION

Includes State Certification Requirements, Type 10, K-12

Freshman Rules

(2011-2012 Academic Year)

Several requirements on this checklist are dictated by the State of Illinois. Changes may occur in certification requirements, therefore requiring different courses than those listed below.

NAME:		DATE:
BU ID #:	ADVISOR:	SEMESTER OF ENTRY:

GRADUATION REQUIREMENT: Students must submit a total of 120 semester credit hours (with a minimum G.P.A. of 2.0 from Benedictine University courses)

<p><u>BASIC SKILLS</u> (12 HOURS) Grade of "C" or better required.</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> </tbody> </table> <p>Writing Colloquium (WRIT-S101)* (or HNRS 190: 1st Year Colloquium I) Research Writing (WRIT-S102) (or HNRS 191: 1st Year Colloquium II) Basic Speech (SPCH-S110) (or HNRS-191) MATH-S110 College Algebra</p> <p>*Freshmen with AP credit for WRIT-S101 must take WRIT-S104, Person in Community: One-Hour seminar</p>	College	Course #	Cr.	Grade	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	<p><u>COMMON CORE</u> (12 HOURS)</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> </tr> </thead> <tbody> <tr> <td>BU</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>BU</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>BU</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> </tbody> </table> <p>HUMN-220, 230 or 240 (or HNRS-220) HUMN-220, 230 or 240 (or HNRS-230) HUMN-250-WI (or HNRS-393 Global Interdependence) ▲American History HUMN-220, 230, 240, 250 taken at Benedictine comprise the Cultural Heritage Series.</p>	College	Course #	Cr.	Grade	BU	_____	_____	_____	BU	_____	_____	_____	BU	_____	_____	_____	_____	_____	_____	_____
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CORE ELECTIVES

Core Electives must be chosen from classes labeled with a "C" designation in the Catalog and Course Schedule. Due to certification requirements, all core electives must be completed with a grade of "C" or higher. A list can also be found at: <http://www.ben.edu/core/electives.asp>. * Students accepted to the scholars program must take specific courses to satisfy these categories.

<p><u>ARTS AND HUMANITIES</u> (12 HOURS)</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> </tbody> </table> <p>▲PHIL★ RELS/THEO ▲FNAR/MUSI★ ▲LITR</p>	College	Course #	Cr.	Grade	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	<p><u>NATURAL SCIENCES</u> (9 HOURS)</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> </tbody> </table> <p>▲BIOL-155 Anatomy and Physiology ▲CHEM-101 Intro to Chemistry ▲NUTR-200 Nutritional Science</p>	College	Course #	Cr.	Grade	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
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<p><u>MULTI-CULTURAL/NON-WESTERN CULTURAL REQUIREMENT</u> ①③</p> <p>Teaching certification candidates must take a multi-cultural / non-western culture course that may apply to one of the Humanities or Social Science requirements.</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> </tbody> </table>	College	Course #	Cr.	Grade	_____	_____	_____	_____	<p><u>SOCIAL SCIENCES</u> (9 HOURS)</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> </tr> </tbody> </table> <p>▲ECON★ ▲PLSC-102 American Government ▲EDUC-210/PSYC-241 Educational Psychology ①②</p>	College	Course #	Cr.	Grade	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____																
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MAJORS AND COGNATES✦

College	Course	Cr	Gr	College	Course	Cr	Gr
		3				3	
	PHED-200 Phil & Foundations of PE				PHED-300 Physical Education for Special Population		
		2			PHED-302 Kinesiology		
	PHED-201 Assessment & Teaching Lifetime Fitness				PHED-305 Assessment/Evaluation PE		
		2			PHED-308 Administration of PE		
	PHED-240 Teaching Team Sports & Activities				PHED-320 Physical Education Curriculum Design		
		2			HLSC-200 Applied Exercise Science		
	PHED-241 Teaching Individual Sports & Activities						
		2					
	PHED-243 Basic Dance/Rhythms						
		2					
	PHED-257 Wellness						
		3					
	PHED-260 First Aid & CPR						
		2					
	PHED-270 Growth & Development of Children & Adolescents						

All majors must submit at least 76 hours within the department [with a grade of "C" or better] at the 200 level or above [including 19 hours at the 300 level].

① Education majors/minors must have a grade of "C" or better in EDUC-210/PSYC-241 and the multicultural requirement course.

② The credit for Educational Psychology does not apply toward a middle-grades endorsement in social science.

▲ Required for certification

✦ One Writing Intensive course (indicated by a "WI" in the course schedule) must be completed within the major

A cumulative 2.5 GPA is needed for teacher certification: overall, in major, and in professional education courses. [GPA is based on Benedictine University courses only]

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MINOR/TEACHER CERTIFICATION REQUIREMENTS				ELECTIVES			
College	Course	Cr	Gr	College	Course	Cr	Gr
		1					
		3					
		3					
		3					
		3					
		3					
		3					
		0					
		3					
		0					
		3					
		6					
		6					