

Psychology

at Benedictine University

Why study psychology at Benedictine?

When you choose to major in Psychology at Benedictine, you will:

- Have the opportunity to gain practical work experience by taking part in on-the-job field placements in psychology or life span services
- Learn from guest lectures given by practicing psychologists and talks by clinicians about various types of treatment programs
- Gain practical experience in clinical and experimental laboratories
- Be able to pursue research of your own interest or to help faculty members with a research program and to present the results of your work at both on-campus and off-campus meetings
- Have the opportunity to participate in the campus chapter of Psi Chi, the national honorary society for Psychology majors that sponsors events to stimulate your interest and competence in psychology

What does a degree in Psychology at Benedictine offer?

In Benedictine's Psychology program, you will study the behavior of individuals, groups, society and organizations. You will learn both the theories of psychologists and how the theories are applied in real situations.

What careers are available with a Psychology degree?

There are a wide variety of career options for Psychology majors. For example:

- Physical or occupational therapists*
- Industrial/organizational psychologist*
- Alcohol/drug counselor
- Counseling/clinical psychologists*
- Sales representative
- Social worker*

**with a master's degree or Ph.D.*

How does the program work?

As a Psychology major, you will complete at least 41 credit-hours in Psychology courses with a grade of "C" or better. You will learn principles of psychology, statistics, research methods in the social sciences and how to do a senior thesis in the program's capstone course. You will also choose from among advanced Psychology courses according to your interests and advisor's advice, including at least eight credit-hours of laboratory courses. You will take courses to increase your knowledge of related social sciences: sociology, economics and political science/anthropology.

How do I know if psychology is for me?

Psychology is for you if you are interested in a career that deals with people on a one-to-one basis or in a group and that uses statistics and other research skills. You will learn what motivates people and the skills needed to work with people effectively.

Recommended Program

Bachelor of Arts in Psychology

FRESHMAN

| | |
|---------------------------------------|-----------|
| Writing Colloquium | 3 |
| Mathematics (MATH S105, S108 or S110) | 3 |
| Survey of Psychology | 3 |
| Natural Science core elective | 3 |
| Fine Arts/Music core elective | 3 |
| | 15 |

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|--------------------------|-----------|
| Speech Communication | 3 |
| Research Writing | 3 |
| Social Psychology | 3 |
| Principles of Sociology | 3 |
| Philosophy core elective | 3 |
| | 15 |

JUNIOR

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|---------------------------------|-----------|
| Abnormal Psychology | 3 |
| Statistics II | 3 |
| Physical Sciences core elective | 3 |
| Introduction to Economics | 3 |
| Cultural Heritage (HUMN 240) | 3 |
| | 15 |

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| Social, Psychological and Cultural Aspects of Aging | 3 |
| Physiological Psychology/Lab | 4 |
| Anthropology/Political Science core elective | 3 |
| Cultural Heritage (HUMN 250) | 3 |
| Other elective | 3 |
| | 16 |

SOPHOMORE

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|---------------------------------|-----------|
| Childhood and Adolescence | 3 |
| Introduction to Statistics | 3 |
| Religious Studies core elective | 3 |
| Life Sciences core elective | 3 |
| Cultural Heritage (HUMN 220) | 3 |
| | 15 |

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| Adulthood and Aging | 3 |
| Literature/Foreign Language Literature core elective | 3 |
| Cultural Heritage (HUMN 230) | 3 |
| Other electives | 6 |
| | 15 |

SENIOR

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|---------------------------|-----------|
| Psychotherapy | 3 |
| Clinical Intervention/Lab | 4 |
| Research Methods | 3 |
| Other electives | 6 |
| | 16 |

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|-----------------------|-----------|
| Senior Thesis | 3 |
| Field Placement* | 3 |
| Systems and Theories* | 3 |
| Other electives | 6 |
| | 15 |

**Intended for graduate school preparation; otherwise, replace with electives.*