



**BENEDICTINE UNIVERSITY CHECKLIST FOR BACHELOR OF SCIENCE in NUTRITION**  
**(Didactic program in Dietetics)**  
**Freshman Rules**  
**(2009-2010 Academic Year)**  
**EXERCISE PHYS/NUTRITION AFFILIATION**

Required courses:

Strongly suggested courses:

College	Course	Cr	Gr		College	Course	Cr	Gr	
		1		HLSC 321 Fitness Testing			3		MATH 111 Trigonometry
		1		HLSC 322 EKG Lab			1		BIOL 259 Physiology Lab
		3		HLSC 360 Adv Cardio & Resp Phys					
		3		HLSC 361 Cardiopulm Path & Prev					
		2		HLSC 380 Current Topics					
		2		HLSC 390 Internship					
		3		HLSC 392 Exercise Biochemistry					
		3		NUTR 342 Applied Nutr Physiology					
		4		BIOL 203 Human Anatomy					
		3		BIOL 229 Biostatistics					
		3		BIOL 268 Biomechanics					

If CHEM-113, 114, 123 and 124 are completed with a "C" or better [instead of CHEM-101, 102], plus the required Nutrition cognates of BIOL-197 (3), 198 (3), BIOL-199 (1), BIOL-208 (4), BIOL-258 (4), and BIOL-229 (3) is selected [instead of PSYC-150 (3)] , only five additional credit hours in BIOL (of which 3 must be at the 300-level) will lead to a minor in Biology.