

# BENEDICTINE UNIVERSITY CHECKLIST FOR BACHELOR OF SCIENCE in HEALTH SCIENCE (4+1) with Clinical Exercise Physiology (2009-2010 Academic Year)

<b>NAME:</b>		<b>DATE:</b>	
<b>BU ID #:</b>	<b>ADVISOR:</b>	<b>SEMESTER OF ENTRY:</b>	

GRADUATION REQUIREMENT: Students must submit a total of 120 semester credit hours (with a minimum G.P.A. of 2.0 from Benedictine University courses) of which 45 semester hours, including twelve 200+ level semester credit hours in their major field, must be from Benedictine University.

<p><b>BASIC SKILLS (12 HOURS)</b> Grade of "C" or better required.</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> <th></th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>Writing Colloquium (WRIT-S101)</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>Research Writing (WRIT-S102)</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>Basic Speech (SPCH-S110)</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>College Algebra (MATH-S110)</td> </tr> </tbody> </table>	College	Course #	Cr.	Grade		_____	_____	___	_____	Writing Colloquium (WRIT-S101)	_____	_____	___	_____	Research Writing (WRIT-S102)	_____	_____	___	_____	Basic Speech (SPCH-S110)	_____	_____	___	_____	College Algebra (MATH-S110)	<p><b>COMMON CORE (12 HRS / 6 HRS FOR 20+ TRANSFERS)</b></p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> <th></th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>HUMN-____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>HUMN-____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>HUMN-220 or 230 or 240*</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>HUMN-250-WI-required for all</td> </tr> </tbody> </table> <p>HUMN-220, 230, 240, 250 taken at Benedictine comprise the Cultural Heritage Series. *Transfers with 20+ hours take one of HUMN-220, 230, 240 or Cultural Heritage: Great Readings Seminar (recommended); plus HUMN-250.</p>	College	Course #	Cr.	Grade		_____	_____	___	_____	HUMN-____	_____	_____	___	_____	HUMN-____	_____	_____	___	_____	HUMN-220 or 230 or 240*	_____	_____	___	_____	HUMN-250-WI-required for all
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**CORE ELECTIVES** The approval of transfer courses for Core Electives is done at the point of transfer according to transfer guidelines. Transfer students must satisfy their remaining core elective hours using appropriate core elective courses [labeled 'C' in the Catalog and Course Schedule]. A list can also be found at: <http://www.ben.edu/core/electives.asp>. Substitutions are not allowed after entry.

<p><b>ARTS AND HUMANITIES (12 HOURS)</b></p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> <th></th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>PHIL *_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>RELS/THEO*_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>FNAR/MUSI_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>___</td> <td>_____</td> <td>LITR/FRLGLITR_____</td> </tr> </tbody> </table> <p>For transfers with 20+ hours: 4 courses with at least 1 but no more than 2 courses in FNAR/MUSI, and one in PHIL/RELS/LITR/FRLGLITR. The remaining two courses are to be chosen from COMM; FNAR; FRLG; HIST; LITR; MUSI; PHIL; RELS; THEO. *Either PHIL or RELS/THEO should be a core ethics course</p>	College	Course #	Cr.	Grade		_____	_____	___	_____	PHIL *_____	_____	_____	___	_____	RELS/THEO*_____	_____	_____	___	_____	FNAR/MUSI_____	_____	_____	___	_____	LITR/FRLGLITR_____	<p><b>NATURAL SCIENCES (9 HOURS)</b></p> <p><u>Satisfied by major</u></p>
College	Course #	Cr.	Grade																							
_____	_____	___	_____	PHIL *_____																						
_____	_____	___	_____	RELS/THEO*_____																						
_____	_____	___	_____	FNAR/MUSI_____																						
_____	_____	___	_____	LITR/FRLGLITR_____																						

<b>SOCIAL SCIENCES (9 HOURS)</b>				
_____	_____	___	_____	BUSN/ECON_____
_____	_____	___	_____	ANTH/PLSC_____
_____	_____	___	_____	PSYC/SOCL_____
_____	_____	___	_____	_____
For transfers with 20+ hours: 3 courses from at least 2 areas of BUSN; ECON; ANTH; PLSC; PSYC; SOCL.				

## MAJORS AND COGNATES\*❖

College	Course	Cr	Gr		College	Course	Cr	Gr	
		3		MATH-111 College Trig			4		BIOL-203 Human Anatomy
		3		CHEM-113 Gen Chem I			3		BIOL-229 Biostatistics
		1		CHEM-114 Gen Chem I Lab			4		BIOL-258 Human Physiology
		3		CHEM-123 Gen Chem II			3		BIOL-268 Biomechanics
		1		CHEM-124 Gen Chem II Lab			3		BIOL-358 Exercise Physiology
		3		CHEM-242 Org Chem I			3		BCHM-261/361 Princ of Biochemistry
		1		CHEM-243 Org Chem I Lab			3		HLSC-392 Exercise Biochemistry
		3		CHEM-247 Org Chem II			3		NUTR-241 Nutr Through the Life Cycle**
		1		CHEM-248 Org Chem Lab II			1		HLSC-321 Fitness Testing
		3		PHYS-113 College Physics I			1		HLSC-322 EKG Lab
		1		PHYS-114 College Phys Lab I			3		HLSC-360 Adv CV/Resp Physiology
		3		PHYS-118 College Physics II			3		HLSC-361 CV/RespPatho&Prevention
		1		PHYS-119 College Physics Lab II			2		HLSC-380 Current Topics
		3		BIOL-197 Principles of Biology			2		HLSC-390 Internship Prep & Internship
		3		BIOL-198 Princ of Organismal Bio					
		1		BIOL-199 Principles of Biology lab					

\*All majors must submit at least 72 major and cognate hours [with a grade of "C" or better], of which 46 hours are at the 200 level or above, including 18 hours at the 300 level.

\*\*or NUTR-200 Nutritional Science

❖ One Writing Intensive course (indicated by a "WI" in the course schedule) must be completed within the major

