

BENEDICTINE UNIVERSITY CHECKLIST FOR BACHELOR OF SCIENCE in NUTRITION
(Didactic program in Dietetics)
Freshman Rules
(2006-2007 Academic Year)

NAME:		DATE:
BU ID #:	ADVISOR:	SEMESTER OF ENTRY:

GRADUATION REQUIREMENT: Students must submit a total of 120 semester credit hours (with a minimum G.P.A. of 2.0 from Benedictine University courses)

<p>BASIC SKILLS (12 HOURS) Grade of "C" or better required.</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> <th></th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>Writing Colloquium (RHET-S103)* (or HNRS 190: 1st Year Colloquium I)</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>Research Writing (RHET-S102) (or HNRS 191: 1st Year Colloquium II)</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>Basic Speech (RHET-S110) (or HNRS-191)</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>Finite Math (MATH-S105) or College Algebra (MATH-S110) or Quantitative Reasoning (MATH-S108)</td> </tr> </tbody> </table> <p>*Freshman with AP credit for RHET-S103 must take RHET-S104, Person in Community: One-Hour seminar</p>	College	Course #	Cr.	Grade		_____	_____	_____	_____	Writing Colloquium (RHET-S103)* (or HNRS 190: 1 st Year Colloquium I)	_____	_____	_____	_____	Research Writing (RHET-S102) (or HNRS 191: 1 st Year Colloquium II)	_____	_____	_____	_____	Basic Speech (RHET-S110) (or HNRS-191)	_____	_____	_____	_____	Finite Math (MATH-S105) or College Algebra (MATH-S110) or Quantitative Reasoning (MATH-S108)	<p>COMMON CORE (12 HOURS)</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">College</th> <th style="text-align: left;">Course #</th> <th style="text-align: left;">Cr.</th> <th style="text-align: left;">Grade</th> <th></th> </tr> </thead> <tbody> <tr> <td>BU</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>HUMN-220 Mediterranean World (or HNRS-220 Mediterranean World)</td> </tr> <tr> <td>BU</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>HUMN-230 Baptism of Europe (or HNRS-230 Baptism of Europe)</td> </tr> <tr> <td>BU</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>HUMN-240 Converging Hemispheres (or HNRS-320 Converging Hemispheres)</td> </tr> <tr> <td>BU</td> <td>_____</td> <td>_____</td> <td>_____</td> <td>HUMN-250-WI - required for all except scholars</td> </tr> </tbody> </table> <p>HUMN-220, 230, 240, 250 <u>taken at Benedictine</u> comprise the Cultural Heritage Series.</p>	College	Course #	Cr.	Grade		BU	_____	_____	_____	HUMN-220 Mediterranean World (or HNRS-220 Mediterranean World)	BU	_____	_____	_____	HUMN-230 Baptism of Europe (or HNRS-230 Baptism of Europe)	BU	_____	_____	_____	HUMN-240 Converging Hemispheres (or HNRS-320 Converging Hemispheres)	BU	_____	_____	_____	HUMN-250-WI - required for all except scholars
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<p>CORE ELECTIVES</p> <p>Core Electives must be chosen from classes labeled with a "C" designation in the Catalog and Course Schedule. A list can also be found at: http://www.ben.edu/core/electives.asp.</p>																	
<p>ARTS AND HUMANITIES (12 HOURS)</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Satisfied by Major</th> <th style="text-align: left;">_____</th> <th style="text-align: left;">PHIL**</th> <th style="text-align: left;">_____</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>RELS</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>FNAR/MUSI (HNRS-294 for Scholars)</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>LITR/FRLGLITR</td> <td>_____</td> </tr> </tbody> </table> <p>**Scholars must pass PHIL-240, 245 or 250.</p>	Satisfied by Major	_____	PHIL**	_____	_____	_____	RELS	_____	_____	_____	FNAR/MUSI (HNRS-294 for Scholars)	_____	_____	_____	LITR/FRLGLITR	_____	<p>NATURAL SCIENCES (9 HOURS)</p> <p><u>Satisfied by major</u></p>
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_____	_____	RELS	_____														
_____	_____	FNAR/MUSI (HNRS-294 for Scholars)	_____														
_____	_____	LITR/FRLGLITR	_____														

<p>SOCIAL SCIENCES (9 HOURS)</p>	
<p>_____ <u>Satisfied by Major</u></p> <p>_____ <u>Satisfied by Major</u></p>	<p>_____ ANTH/PLSC _____ (HNRS-393 for Scholars)</p> <p>_____ _____</p> <p>_____ _____</p>

MAJORS AND COGNATES❖

College	Course	Cr	Gr	College	Course	Cr	Gr
		3				3	
		1				1	
		3				1	
		1				3	
		3				3	
		1				3	
		4				2	
		3				3	
		4				2	
		3				4	
		3				2	
		3				1	
		3				1	
		3				2	
		1				1	
		3					

All majors must submit at least 36 hours in nutrition courses, with 33 at the 200 level or above, including 15 hours at the 300 level.

*Major and cognate courses required for ADA approval must be completed with a grade of "C" or better.
❖ One Writing Intensive course (indicated by a "WI" in the course schedule) must be completed within the major

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EXERCISE PHYS/NUTRITION AFFILIATION

Required courses:

Strongly suggested courses:

College	Course	Cr	Gr		College	Course	Cr	Gr	
		1		HLSC 321 Fitness Testing			3		MATH 111 Trigonometry
		1		HLSC 322 EKG Lab			1		BIOL 259 Physiology Lab
		3		HLSC 360 Adv Cardio & Resp Phys					
		3		HLSC 361 Cardiopulm Path & Prev					
		2		HLSC 380 Current Topics					
		2		HLSC 390 Internship					
		3		HLSC 392 Exercise Biochemistry					
		1		NUTR 343 Exercise Nutrition Lab					
		4		BIOL 203 Anatomy					
		3		BIOL 229 Biometry					
		3		BIOL 268 Biomechanics					