

**BENEDICTINE UNIVERSITY CHECKLIST FOR BACHELOR OF SCIENCE in
HEALTH SCIENCE (4+1) with Clinical Exercise Physiology
(2004-2005 Academic Year)**

DATE _____

SEMESTER OF ENTRY _____

NAME: _____ PHONE: _____

BU ID# _____

Bring this checklist to your advising sessions each semester. Advisor: _____

GRADUATION REQUIREMENT: Students must submit a total of 120 semester credit hours (with a minimum G.P.A. of 2.0 from Benedictine University courses) of which 45 semester hours, including twelve 200+ level semester credit hours in their major field, must be from Benedictine University.

BASIC SKILLS (12 HOURS) Grade of "C" or better required.

| College | Course # | Cr. | Grade |
|---------|----------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Argumentative Writing (RHET-S101)
 Research Writing (RHET-S102)
 Basic Speech (RHET-S110)
 Finite Math (MATH-S105) **or**
 College Algebra (MATH-S110) **or**
 Quantitative Reasoning (MATH-S108)

COMMON CORE (12 HRS / 6 HRS FOR 20+ TRANSFERS)

| College | Course # | Cr. | Grade |
|---------|----------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

HUMN-101 1st Year Seminar
 HUMN-220, 230, or 240
 HUMN-220, 230, or 240
 HUMN-250 - required for all students
 HUMN-220, 230, 240, 250 taken at Benedictine comprise the Cultural Heritage Series.
 Transfers with 20+ hours are exempt from the First Year Seminar and one Cultural Heritage class.

CORE ELECTIVES The approval of transfer courses for Core Electives is done at the point of transfer according to transfer guidelines. Transfer students must satisfy their remaining core elective hours using appropriate core elective courses [labeled 'C' in the Catalog and Course Schedule] or a designated history course. Substitutions are not allowed after entry.

ARTS AND HUMANITIES (12 HOURS)

| College | Course # | Cr. | Grade |
|---------|----------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

PHIL _____
 RELS _____
 FNAR/MUSI _____
 LITR/FRLGLITR _____

For transfers with 20+ hours: 4 courses with at least 1 but no more than 2 courses in FNAR/MUSI, and one in PHIL/RELS/LITR/FRLGLITR. The remaining two courses are to be chosen from COMM; FNAR; FRLG; HIST; LITR; MUSI; PHIL; RELS.

NATURAL SCIENCES (9 HOURS)

Satisfied by Major

SOCIAL SCIENCES (9 HOURS)

| College | Course # | Cr. | Grade |
|---------|----------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

BUSN/ECON _____
 ANTH/PLSC _____
 PSYC/SOCL _____

For transfers with 20+ hours: 3 courses from at least 2 areas of BUSN; ECON; ANTH; PLSC; PSYC; SOCL. PLSC; PSYC; SOCL.

MAJORS AND COGNATES*

| | | | | | | | | | |
|-------|-------|-------|-------|--------------------------|-------|-------|-------|-------|--|
| _____ | _____ | 3 | _____ | MATH-111 College Trig | _____ | _____ | 4 | _____ | BIOL-203 Human Anatomy |
| _____ | _____ | 3 | _____ | CHEM-113 Gen Chem I | _____ | _____ | 3 | _____ | BIOL-229 Biometry |
| _____ | _____ | 1 | _____ | CHEM-114 Gen Chem I Lab | _____ | _____ | 4 | _____ | BIOL-258 Human Physiology |
| _____ | _____ | 3 | _____ | CHEM-123 Gen Chem II | _____ | _____ | 3 | _____ | BIOL-268 Biomechanics |
| _____ | _____ | 1 | _____ | CHEM-124 Gen Chem II Lab | _____ | _____ | 3 | _____ | BIOL-358 Exercise Physiology |
| _____ | _____ | 3 | _____ | CHEM-242 Org Chem I | _____ | _____ | 3 | _____ | BCHM-261/361 Princ of Biochem |
| _____ | _____ | 1 | _____ | CHEM-243 Org Chem I Lab | _____ | _____ | 3 | _____ | BCHM-291 Exercise Biochemistry |
| _____ | _____ | 3 | _____ | CHEM-247 Org Chem II | _____ | _____ | 3 | _____ | NUTR-241 Gen Nutrition |
| _____ | _____ | 1 | _____ | CHEM-248 Org Chem II Lab | _____ | _____ | 2 | _____ | NUTR-342 Nutrition in Health |
| _____ | _____ | 3 | _____ | PHYS-113 Gen Phys I | _____ | _____ | 1 | _____ | NUTR-343 Exercise Nutrition Lab |
| _____ | _____ | 1 | _____ | PHYS-114 Gen Phys Lab I | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | 3 | _____ | PHYS-118 Gen Phys II | _____ | _____ | 1 | _____ | HLSC- 321 Fitness Testing |
| _____ | _____ | 1 | _____ | PHYS-119 Gen Phys Lab II | _____ | _____ | 1 | _____ | HLSC- 322 EKG Lab |
| _____ | _____ | 3 | _____ | BIOL-108 Prin of Bio | _____ | _____ | 3 | _____ | HLSC- 360 Adv CV/Resp Physiology |
| _____ | _____ | 1 | _____ | BIOL-109 Prin of Bio Lab | _____ | _____ | 3 | _____ | HLSC- 361 CV/RespPatho&Prevention |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | 1 | _____ | HLSC- 380 Current Topics |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | 2 | _____ | HLSC- 390 Internship Prep & Internship |

*All majors must submit at least 71 major and cognate hours [with a grade of "C" or better], of which 48 hours are at the 200 level or above, including 17 hours at the 300 level.

Biol 259 and Nutr 398 electives are strongly suggested.

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(2004-2005 Academic Year)

MINOR/CONCENTRATION/TEACHER CERTIFICATION/ELECTIVES

| | | | | | | | | | |
|--|--|--|--|--|--|--|--|--|--|
| | | | | | | | | | |
| | | | | | | | | | |
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| | | | | | | | | | |
| | | | | | | | | | |

Notes: _____

Highest Level Math Completed [if appropriate]: _____

| | <u>Transferable Hours</u> | <u>Hours Remaining</u> | The following semester hours will be posted on your transcript: |
|------------------|---------------------------|------------------------|--|
| Basic Skills | | | |
| Common Core | | | |
| Core Electives | | | |
| Major & Cognates | | | |
| Electives | | | |
| Other | | | |
| TOTAL | | | |

Special Notes:

1. Hours in progress are not included in the totals of this evaluation. Additional hours will be credited upon receipt of credentials.
2. We do not apply grades of "D" toward a major or Basic Skills or toward some other courses as stated in the university catalog.
3. Double credit will not be given for repeated courses.
4. Only courses taken at Benedictine University will be included in the grade point average.
5. This checklist is applicable for the major indicated. If a different major is chosen, the requirements for both the major and core will vary.
- 6a. To be considered for Latin graduation hours, you must complete 55 undergraduate semester hours at Benedictine University.
- 6b. Students who complete 30 to 54 hours with a 3.5 cumulative grade point average at Benedictine University will graduate "with Honors".
7. 55 semester hours at the Baccalaureate level must be completed at a four-year regionally accredited college/university.
8. Courses taken at Benedictine University may be repeated only at Benedictine University.
9. A minimum of 30 semester credit hours must be earned from coursework at Benedictine University.
10. A minimum total of 120 semester credit hours are required for graduation (with a minimum cumulative G.P.A. of 2.0 from Benedictine University) of which 45 semester hours, including twelve 200+ level semester credit hours in the major field, must be from Benedictine University.
11. Equivalent transfer courses, if taken prior to admission, may meet core requirements. Any course taken to fulfill core requirements after admission to Benedictine must be a core elective course (labeled with a "C" in the Catalog or course schedule) or an IAI core course. Written permission is required for current Benedictine students to transfer in courses from other schools. See your advisor.

Date

Transfer Articulation Coordinator

Department Chair
See the Department Chair for evaluation of major credit.