ORDINARY Time

Liturgy of the Hours
Monastic Compline
Compline During Ordinary Time

Opening Verse

Penitential Rite

Hymn

Psalmody

Scripture Reading

Responsor

Final Oration

Blessing by Superior

Marian Antiphon

May the Lord bless us.
May the Divine Assistance remain always with us.

And with our absent brethren. Amen.
Compline During Ordinary Time

Opening Verse

O God, come to my assistance. O Lord, make haste to help me. Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.

Amen. Alleluia.
Penitential Rite

Hebdom: My brothers [and sisters], let us call to mind our sins.

Examination of Conscience (pause for reflection)

Hebdom: I confess *

All: to almighty God, and to you, my brothers [and sisters], that I have sinned through my own fault in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask blessed Mary, ever virgin, all the angels and saints, and you, my brothers [and sisters], to pray for me to the Lord our God.

Hebdom: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All: Amen.

Or:

Hebdom: Lord, we have sinned against you: Lord, have mercy.

All: Lord, have mercy.

Hebdom: Lord, show us your mercy and love.

All: And grant us your salvation.

Hebdom: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All: Amen.
Hymn

Mode VIII

1. To you before the end of day,
2. Keep all disturbing dreams away,
3. Almighty Father, this accord

1. Creator of the world we pray,
2. And hold the evil foe at bay,
3. Through Jesus Christ, your Son, our Lord:

1. In love unfailling hear our prayer,
2. Repose untroubled let us find
3. Who reigns with you eternally

1. Enfold us in your watchful care.
2. For soul and body, heart and mind.

Hymn

Mode VIII

1. O Christ, you are our Light and Day;
2. So, we beseech you, holy Lord,
3. Though sleep be given to our eyes,
4. Look down and be our sure defense,
5. To you, O Christ, our loving King,

1. Repel the shadows of the night;
2. To keep us safe throughout the dark;
3. Our hearts shall vigil keep with you;
4. Suppress all things that could bring harm;
5. All glory, honor, praise be given;

1. You are the true light, we believe;
2. In you may we find quiet repose;
3. Ever protect by your right hand
4. And govern all your servants, whom
5. The Father, too, let us adore,

1. You shed your radiance on the blest,
2. Please give to us a tranquil night
3. The faithful who delight in you.
4. Your precious Blood has now redeemed,

Psalm 4. Night prayer

Mode II

When I call, answer me, O God of justice;
from anguish you released me, have mercy and hear me!

O men, how long will your hearts be closed,
will you love what is futile and seek what is false?

It is the Lord who grants favors to those whom he loves;
the Lord hears me whenever I call him.

Fear him; do not sin; ponder on your beds and be still.
Make justice your sacrifice, and trust in the Lord.

“What can bring us happiness?” many say.
Lift up the light of your face on us, O Lord.

You have put into my heart a greater joy
than they have from abundance of corn and new wine.

I will lie down in peace and sleep comes at once
for you alone, Lord, make me dwell in safety.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be for ever. Amen.
Those who dwell in the shelter of the Most High
and abide in the shade of the Almighty
say to the Lord: “My refuge,
my stronghold, my God in whom I trust!”

It is he who will free you from the snare
of the fowler who seeks to destroy you;
he will conceal you with his pinions
and under his wings you will find refuge.

You will not fear the terror of the night
nor the arrow that flies by day,
nor the plague that prowls in the darkness
nor the scourge that lays waste at noon.

A thousand may fall at your side,
ten thousand fall at your right,
you, it will never approach;
his faithfulness is buckler and shield.

Your eyes have only to look
to see how the wicked are repaid,
you who have said: “Lord, my refuge!”
and have made the Most High your dwelling.

Upon you no evil shall fall,
no plague approach where you dwell.
For has he commanded his angels,
to keep you in all your ways.
They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.

Since he clings to me in love, I will free him;
protect him for he knows my name.
When he calls I shall answer: "I am with you,"
I will save him in distress and give him glory.

With length of days I will content him;
I shall let him see my saving power.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and will be for ever. Amen.
Psalm 134. *Prayer at nighttime: a pilgrimage song*

Mode VIII

O come, *bless the Lord,*
all you who *serve the Lord,*
who stand in the house of *the Lord,*
in the courts of the house of *our God.*

Lift up your hands to the *holy place*
and bless the Lord *through the night.*

May the Lord *bless you from Sion,*
he who made both *heaven and earth.*

Glory to the *Father,* and *to the Son,*
and to the *Holy Spirit:*
as it was in *the beginning,*
is now, and will be for ever. *Amen.*

**Saturday Reading (Dt. 6:4-7)**

Hear, O Israel! The Lord is our God, the Lord alone! Therefore, you shall love the Lord, your God, with all your heart, and with all your soul, and with all your strength. Take to heart these words which I enjoin on you today. Drill them into your children. Speak of them at home and abroad, whether you are busy or at rest.
Sunday Reading (Rev. 22:4-5)

They shall see him face to face and bear his name on their foreheads. The light shall be no more. They will need no light from lamps or the sun, for the Lord God shall give them light, and they shall reign for ever.

See Appendix A for readings for other days.

Responsory

\[ N- to \ your \ hands, \ O \ Lord, \ * \ I \ commend \ my \ spir-it. \]

\[ In-to. \ For \ you \ have \ redeemed \ us, \ O \ Lord, \ God \ of \ truth. \]

\[ * \ I \ Glo- ry \ be \ to \ the \ Fa-ther \ and \ to \ the \ Son \ and \ to \ the \ Ho- ly \ Spir-it. \ In-to \]
Canticle Antiphon

Ave us, Lord, * while we are a-wake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.

Canticle of Simeon Lk 2:29-32

Lord, now let your servant go in peace your word has been fulfilled:

my own eyes have seen the salvation which you have prepared in the sight of every people:

a light to reveal you to the nations and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.
Canticle Antiphon

Ave, Lord, * while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.

Closing Prayer \((recto tono)\)

SATURDAY

Let us pray (pause): Lord, be with us throughout this night. When day comes may we rise from sleep to rejoice in the resurrection of your Christ, who lives and reigns for ever and ever.

SUNDAY

Let us pray (pause): Lord, we have celebrated today the rising of Christ to new life. May we now rest in your peace, safe from all that could harm us, and rise again refreshed and joyful to praise you throughout another day. We ask this through Christ our Lord.

See Appendix B for proper prayer for other days.
Let us pray (pause): Lord, we beg you to visit this house and banish from it all the deadly power of the enemy. May your holy angels dwell here to keep us in peace, and may your blessing be upon us always. We ask this through Christ our Lord.

**Final Blessing (Abbot or Superior)**

[Music notation]

\[ M \]

AY the Almighty Lord grant us a peaceful night *

and a perfect end. \( \checkmark \) Amen.

Or

[Music notation]

\[ M \]

AY the Almighty and merciful Lord, Father, Son,

and Holy Spirit, bless and keep us. \( \checkmark \) Amen.

\( \checkmark \) May the divine assistance remain always with us.

\( \checkmark \) And with our absent brethren. Amen.
Alma Redemptoris Mater

L- ma * Red-empto-ris Ma-ter, quae pervi-a
cae-li Por-ta manes, et stella ma-ris, succure cadenti, Surge-re
qui cu-rat popu-lo: Tu quae genu-isti, Na-tu-ra mi-rante,
tu-um sanctum Ge-ni-to-rem, Virgo pri-us ac poste-ri-us,
Gabri-e-lis ab o-re Sumens il-lud Ave, pecca-to- rum mi-se-re-re.
O Loving Mother

loving * Mother of our Saviour, for ev-er

abiding heav-en's Gateway, and Star of Ocean; O hasten
to aid us, who oft falling strive to rise again. You be-
came the Mother, -while nature stood in awe-, of your own

Maker, your all-holy Lord. Virgin e-ver, after as before,

through the mouth of Gabri-el heaven spoke its Ave; have

compassion on us sinners.
Salve Regina

ALve Regina, * ma-ter mi-se-ri-cordi-ae, Vi-ta, dul-

ce-do, et spes nostra, salve. A d te clamamus, exsules, fi-

li-i He-vae. A d te suspi-ramus, gementes et flentes in hac

lacrimarum valle. E-ia ergo, Advo-ca-ta nostra, illos tu-os

mi-se-ri-cordes o-cu-los ad nos conver-te. Et Je-sum, be-ne-
dictum fructum ventris tu-i, no-bis post hoc ex-si-li-um os-
tende. O cle-mens, O pi-a, O dulcis Virgo

Ma-ri-a.
Mary, we greet you

A-ry, we greet you, * Mother and Queen all merciful:

our life, our sweetness, and our hope, we hail you. To you we

exiles, children of Eve, lift our cry-ing. To you we send our

sighs, as mourning and weeping, we pass through this vale of

sorrow. Haste, then, we pray, O our intercessor, look with

pi-ty, with eyes of love compassionate, upon us sinners. And

af-ter, when this earthly exile shall be ended, show us your
womb's most blessed fruit, your Jesus. O clement, O
loving, O most sweet, Virgin Mary.

Hymn

Genitrix: nostras depre-ca-ti-ones ne despi-ci-as in ne-ce-

si-ta-tibus: sed a per-i-cu-lis cunctis libe-ra nos sem-per

Virgo glo-ri-o-sa et be-ne-dicta.
We fly to your protection

E fly to your protection, * Holy Mother of God:
despise not our petitions, in our necessities; but, deliver us
from all dangers, O ever glorious and blessed Virgin.

Ave Regina Caelorum

VE Re-gi-na cae-lo-rum, * Ave Domi-na Ange-
lo-rum Salve ra-dix, salve porta, Ex qua mundo lux est
orta: Gaude Virgo glo-ri-o-sa, Su-per omnes spe-ci-o-sa:
Va-le o valde de-co-ra, Et pro no- bis Christum ex-o-ra.
O Queen of Heaven

Queen of heaven, we hail you: *Lady of angels

we salute you! Greetings to you, Dawn and Gateway, from

whence the world’s true light is ri-sen. Re-joice, Virgin, robed

in glory, beauti-ful beyond all others. Farewell, most lovely

and gracious: intercede for us always to Je-sus.

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Appendix A

Reading for Monday  (I Thess. 5:9-10)

God has destined us for acquiring salvation through our Lord Jesus Christ. He died for us, that all of us, whether awake or asleep, together might live with him.

Reading for Tuesday  (1 Peter 5:8-9a)

Stay sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith.

Reading for Wednesday  (Ephesians 4:26-27)

If you are angry, let it be without sin. The sun must not go down on your wrath; do not give the devil a chance to work on you.

Reading for Thursday  (I Thess. 5:23)

May the God of peace make you perfect in holiness. May he preserve you whole and entire, spirit, soul, and body; irreproachable at the coming of the Lord, Jesus Christ.

Reading for Friday  (Jeremiah 14:9a)

You are in our midst, O Lord, your name we bear; do not forsake us, O Lord, our God.
MONDAY

Let us pray (pause): Lord, give our bodies restful sleep and let the work we have done today bear fruit in eternal life. We ask this through Christ, our Lord.

TUESDAY

Let us pray (pause): Lord, fill this night with your radiance. May we sleep in peace and rise with joy to welcome the light of a new day in your name. We ask this through Christ our Lord.

WEDNESDAY

Let us pray (pause): Lord Jesus Christ, you have given your followers an example of gentleness and humility, a task that is easy, a burden that is light. Accept the prayers and work of this day, and give us the rest that will strengthen us to render more faithful service to you who live and reign forever and ever.

THURSDAY

Let us pray (pause): Lord God, send peaceful sleep to refresh our tired bodies. May your help always renew us and keep us strong in your service. We ask this through Christ our Lord.

FRIDAY

Let us pray (pause): All powerful God keep us united with your Son in his death and burial so that we may rise to new life with him, who lives and reigns for ever and ever.