“Wisdom is not a product of schooling but of the lifelong attempt to acquire it.” — Albert Einstein
Dear Friends of the Center for Lifelong Learning:

The great Irish poet Oscar Wilde once wrote, “I’m not young enough to know everything.” The Center for Lifelong Learning’s fall semester classes offers a little bit of everything for everyone, regardless of age. You can choose from Shakespeare’s “King Lear” and studying the Civil War, to digital photography and profiles of U.S. presidents.

We invite you to share our fall classes with your family, friends, neighbors and community. Be sure to register your email address for our monthly e-newsletter. Visit our website (www.ben.edu/CLL) for updates, new programs on campus and other helpful information. Most importantly, thank you for your continued support of the Center for Lifelong Learning.

Best wishes,

Ron Finnigan
Director
Who are we?
In 2011, Benedictine University launched the Center for Lifelong Learning (CLL) at the Moser College of Adult and Professional Studies. The CLL develops and maintains a wide range of high quality educational programs and experiences for the mature adult, fostering intellectual exploration and a sense of community. Our classes are noncredit. There are no grades, no papers and no admission requirements beyond personal interest.

Our vision:
To create a community of engaged lifelong learners.

Our mission:
To provide an opportunity for the mature community to expand and share their experiences and talents with others while developing new knowledge and building rewarding relationships.

Our values:
Continued knowledge and shared life experiences are the keys to personal growth and community well-being.

Who are our teachers?
Our instructors are experts in their fields and include distinguished university faculty who are both active and retired community educators and leaders, and local enthusiasts with expertise and passion for their subject areas.

How are classes selected?
Class proposals are collected and reviewed by the director and members of the Curriculum Committee. Students are encouraged to recommend classes to the CLL.

What does it cost?
Class registration fees vary depending on the number of sessions and length of time. Some programs are free and some classes may carry an additional fee for materials or costs. Fees are clearly identified in the class category section.

WANTED: Instructors
Would you or someone you know be interested in teaching a class? How about an idea for a class? If you said “yes” to either of those questions, please let us know. Contact Ron Finnigan, director, at (630) 829-1383 or rfinnigan@ben.edu. We value your ideas and support. Our best ideas for classes come from our students.

Center for Lifelong Learning Advisory Board Members
Lina Anastasovitou
Suzanne Apgar
William Brestal
Audrey Brown, Ed.D.
Robert Callan
Robert Clark
Carol Gies Dietz
Angeline Finnigan
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Laura Witt

Center for Lifelong Learning Staff
Ron Finnigan
Director
Natalia Poniatowska
Program Coordinator
Naveed Jagirdar
Yujia (Maggie) Wang
Student Workers

Registration
All students must preregister for classes. Registration closes at least 72 hours before the scheduled first class session. Please check all registration closing dates. All class registrations must include full payment at the time of registration. No one is allowed in any class without being registered for the class. There are no exceptions.

How to Register
Online: We offer an online registration system that is fast and easy to use. Once registration opens, you will be able to register for courses 24 hours a day using a credit card (Visa, MasterCard or Discover). You will receive immediate confirmation of your class registrations. Visit www.ben.edu/CLL to register online.

Mail: Use the enclosed registration form to sign up for one or more classes. Mail your check (made payable to Benedictine University) and registration form to Benedictine University Moser Center, Attention: Center for Lifelong Learning, 1832 Centre Point Circle, Suite 102, Naperville, IL 60563.
Telephone:
Call (630) 829-1384 from 9:00 a.m.-4:00 p.m. Monday through Friday with your credit card (MasterCard, Visa, Discover) information ready.

In-person:
Benedictine University Moser Center, 1832 Centre Point Circle, Suite 102, Naperville, IL 60563

Enrollment Policy
Classes are filled on a first-come, first-served basis. All classes have a maximum class size. Many classes fill quickly. A few are cancelled due to low enrollment, often because students wait until the last minute to register. Register early to avoid disappointment. Payment is due at registration.

Waitlists
If a class or program is full, the CLL will put your name on a waitlist. CLL will fill from the waitlist when space becomes available.

Make-up Classes
If a class session has been cancelled by the instructor, students will be contacted with the date and time of a make-up session.

Withdrawal and Cancellation
In the event the CLL cancels a class or program, a refund will be issued. If a student withdraws from a class, it must be done prior to the class registration deadline. Students who withdraw after the deadline will be required to pay all fees. You will be issued a cancellation code to verify your cancellation. Allow up to four weeks for processing of your refund.

If a student attends and then withdraws from a class, a written notification requesting a withdrawal and an explanation must be sent to CLL Director Ron Finnigan at rfinnigan@ben.edu within 48 hours after the start of the class. Those students will be issued a credit, minus a $15 administration charge, to be used on any CLL class. Additional class fees and special fees are nonrefundable.

Class Schedule Changes
The CLL office communicates class additions, deletions and changes to our students via email. Please make sure we have your correct email address and check it regularly for updates.

Special fees
Special fees (for materials, tools, tours, etc.) will be listed in all class information descriptions. These are in addition to the class fee and are the responsibility of the student.

Class Attendance
You must be registered for all the classes you attend. This includes attending a different section of a class. Please respect your fellow students and instructors by not attending classes for which you are not registered. Attendance sign-in sheets and instructor checkoffs are designed to prevent “sitting-in” and disrupting a class.

Photographs/Videos
While participating in our various classes and programs, you may be photographed or videotaped. These images may be used in a variety of publications and advertising materials. By registering for our classes and programs, you consent to the use of these photographs and videotapes.

Parking at the Moser Center
Ample parking is available at Benedictine University’s Moser Center. Parking is free and conveniently located near the classrooms. Handicap parking is available.

Emergency Closings
The CLL follows the policy of Benedictine University with regard to closing in times of inclement weather or emergencies. If the University is closed because of weather conditions, our classes will also be canceled. Local closing announcements may be obtained from television and radio news or Benedictine University’s emergency closings hotline at (630) 829-6622 or visit www.emergencyclosings.com.

Special Consideration
If you require any special consideration, please advise a member of the CLL staff prior to your class meeting. We will strive to meet your needs.

Office Hours
CLL office hours are 9:00 a.m.-4:00 p.m., Monday through Friday, throughout the year. Please call (630) 829-1383 to be certain someone is available to meet with you.

Fall Walk-In Registration
Thursday, September 5
10:00 a.m.-1:00 p.m.
Benedictine University Moser Center, Suite 102

You are invited to attend our fall walk-in registration. Meet other students and register for fall CLL classes. Bring your friends! University representatives will be available to answer your questions about classes or just to visit.
CLASSES BY CATEGORY

**Art and Art Appreciation**
- 13: Art Appreciation
- 14: Bring Out Your Inner Van Gogh
- 16: The French Art Experience
- 20: The Language of Painting and Sculpture
- 20: European and American Art History Part II
- 21: Beginning Chinese Paper-Cutting Art
- 21: Advanced Chinese Paper-Cutting Art

**Architecture**
- 21: Architecture I: Prehistoric to Baroque
- 22: Architecture II: 18th Century to Present

**Business**
- 24: SCORE: Creating a Successful Business Plan

**Cultural**
- 8 and 17: Current Events
- 10: Jazz Legends
- 14: Classic Baseball Parks
- 15: Lunch with Landscapers
- 17: Family Reunions: Plan for Success
- 19: St. Procopius Abbey Tour
- 22: Ageless Style
- 22: Immigrant Culture in the Chicago Area
- 25: Globe-trotting: Chinese Culture and History
- 26: Chicago History Author Series

**Government**
- 12: The Bill of Rights
- 14: Profiles of Presidents
- 15: State of Politics in Illinois
- 16: History and Workings of the Supreme Court

**Health and Wellness**
- 8: Understanding Dizziness and Balance for a Healthy Body
- 9: How Genetics Controls Our Behavior
- 11: Hidden Treasures of Healthy Eating
- 17: Laughter Yoga and Beyond
- 19: Psychology of Aging
- 25: Brain Games: Techniques for Improving Memory

**History**
- 8: Mafia Crime Families
- 10: The Civil War
- 11: Kennedy Assassination Theories
- 14: Profiles of Presidents
- 18: The Girls of Atomic City
- 22: Immigrant Culture in the Chicago Area
- 23: The Holocaust: How and Why?

**Literature**
- 18: The Girls of Atomic City
- 18: Shakespeare Series: King Lear
- 22: Writing Your Living Story
- 26: Chicago History Author Series

**Music**
- 10: Jazz Legends

**Personal Enrichment**
- 9: Genealogy
- 13: Digital Photography: Basic
- 14: Digital Photography: Advanced
- 21: Getting to Know Your Computer
- 22: Writing Your Living Story
- 23: Line Dancing
- 24: Selling Your Home: What You Need to Know
- 25: Portrait Photography
- 25: Brain Game: Techniques for Improving Memory

**Religion**
- 11: Comparative Religious Study
- 12: The Church of Jesus Christ Latter Day Saints: The Mormons
- 18: A Jewish Perspective on the Bible

**Science**
- 9: How Genetics Controls Our Behavior
- 10: Jurica-Suchy Nature Museum Tour

**Sociology**
- 19: Psychology of Aging
- 22: Immigrant Culture in the Chicago Area

**Technology**
- 9: Genealogy
- 13: Digital Photography: Basic
- 14: Digital Photography: Advanced
- 21: Getting to Know Your Computer
- 25: Portrait Photography

**Travel**
- 9: Adventures of Women Traveling Solo
- 25: Globe-trotting: Chinese Culture and History
Mafia Crime Families
We will examine both New York and Chicago Mafia crime families, how they were structured, key members, their impact on each city and each other, and their demise.

Dates: ..................................September 16, 23, 30 and October 7
Time: ....................................9:00-10:30 a.m.
Location: ......................Moser Center
Instructor: .....................Tim Wilsey
Class code: ......................F1301
Class max: .......................20
Registration deadline: ..........Thursday, September 12
Cost: ..................................$40

Current Events
Lively discussions and student participation are encouraged as current events are churned, probed and analyzed in this class. Subjects of state, national, international and local interest are all discussed.

Dates: ..................................September 16, 23, 30 and October 7
Time: ....................................12:30-2:00 p.m.
Location: ......................Moser Center
Instructor: .....................Audrey Brown, Ph.D.
Class code: ......................F1302
Class max: .......................20
Registration deadline: ..........Thursday, September 12
Cost: ..................................$40

Understanding Dizziness and Balance for a Healthy Body
This course will combine discussion of the components of balance, mobility and fall risk reduction in older adults and include a personal physical fall risk assessment. Participants will also have the opportunity to engage in activities designed to improve balance.

Dates: ..................................September 16, 23, 30 and October 7
Time: ....................................2:00-3:30 p.m.
Location: ......................Moser Center
Instructor: .....................Michael Bearce
Class code: ......................F1303
Class max: .......................14
Registration deadline: ..........Wednesday, September 11
Cost: ..................................$40

How Genetics Controls Our Behavior
This course explores how genetics and epigenetics control our behavior. We will explore the “happiness” genes and discuss ways to improve our health through a better understanding of our genetic characteristics.

Dates: .................................October 7, 14, 21 and 28
Time: ..................................12:30-2:00 p.m.
Location: ......................Moser Center
Instructor: .....................James Baird, Ph.D.
Class code: ......................F1304
Class max: .......................20
Registration deadline: ..........Wednesday, October 2
Cost: ..................................$40

Genealogy
This class will review the different methods and resources available to help students with their genealogy search. Students will learn secrets to websites, advanced search techniques to locate hard-to-find documents and how to work through other stumbling blocks.

Dates: .................................October 7, 14, 21 and 28
Time: ..................................12:30-2:00 p.m.
Location: ......................Moser Center
Instructor: .....................Steve Szabados
Class code: ......................F1305
Class max: .......................16
Registration deadline: ..........Wednesday, October 2
Cost: ..................................$40

Adventures of Women Traveling Solo
Eleanor Roosevelt said, “Every day, do something you fear.” Traveling alone or with a companion can be a bit frightening, but the memories are worth facing the fear. Tips include efficient packing, finding the right tours, utilizing guide books and mapping out your dream vacation.

Dates: ..................................September 16, 23, 30 and October 7
Time: ..................................10:30 a.m.-12:00 p.m.
Location: ......................Moser Center
Instructor: ....................JoAnn Wesley Hassler
Class code: ......................F1306
Class max: .......................18
Registration deadline: ..........Wednesday, September 11
Cost: ..................................$40
Jurica-Suchy Nature Museum Tour

Attend a guided tour of the Jurica-Suchy Nature Museum at Benedictine University. Discover tips on how to live with urban wildlife. The Jurica-Suchy Nature Museum features more than 10,000 specimens including an African savanna, an Illinois prairie and a Sonoran Desert diorama.

Date: ...................................October 14
Time: ...................................10:30 a.m.-12:00 p.m.
Location: ................................Lisle main campus, Birck Hall, second floor
Instructor: ................................Karly Tumminello
Class code: .............................F1300
Class max: ................................20
Registration deadline: ............Friday, October 11
Cost: .......................................Free

Jazz Legends

The class will study the birth of jazz, swing era and modern jazz. Duke Ellington, Louis Armstrong, Count Basie, Benny Goodman, Thelonious Monk, Miles Davis and contemporary greats like Wynton Marsalis will be discussed.

Dates: .................................October 14, 21, 28 and November 4
Time: ...................................9:00-10:30 a.m.
Location: ..............................Moser Center
Instructors: .........................Tim Wilsey
Class code: ..........................F1307
Class max: .............................24
Registration deadline: ............Thursday, October 10
Cost: ....................................$40

The Civil War

More than 3 million men fought in the war. Two percent of the total U.S. population — more than 620,000 people died in it. This class will explore the Civil War through four different influences; President Lincoln as Commander-in-Chief of the United States, spies and espionage, the generals of the armies and the important role of women in the Civil War.

Dates: .................................November 4, 11, 18 and 25
Time: ...................................2:00-3:30 p.m.
Location: ..............................Moser Center
Instructor: .............................Jim Weren
Class code: ............................F1308
Class max: .............................20
Registration deadline: .............Wednesday, October 30
Cost: .....................................$40

Hidden Treasures of Healthy Eating

It’s not just food. What you eat is often central to creating health or disease. So why do we eat the way we do? Focus on nutritional facts or fiction and the foundation for making wise nutritional choices. Discover the benefits of foods whose enzymes, phytonutrients, antioxidant capabilities and vitamin properties provide optimal health for body and mind.

Dates: .................................November 4, 11, 18 and 25
Time: ...................................10:30 a.m.-12:00 p.m.
Location: ..............................Moser Center
Instructor: .............................Mishawn Purnell-O’Neal
Class code: ..........................F1310
Class max: .............................15
Registration deadline: ...........Thursday, October 31
Cost: ....................................$40

Comparative Religious Study

The focus of this class is the study of the beliefs and teachings of different world religions as they relate to everyday life. The class will discuss beliefs, practices, life after death, and many other religious differences and similarities.

Dates: ..................................November 4, 11, 18 and 25
Time: ....................................12:30-2:00 p.m.
Location: ..............................Moser Center
Instructor: ............................Kristopher Seaman
Class code: ..........................F1311
Class max: ............................20
Registration deadline: ............Wednesday, October 30
Cost: ....................................$40

Kennedy Assassination Theories

November 22, 1963 left an indelible mark on U.S. history. It also left an ongoing debate on what really happened that day in Dallas. Was the Warren Report correct? What about Cuba? Mafia? The USSR? We will review all the known theories — both popular and obscure.

Dates: .................................November 11, 18, 25 and December 2
Time: ...................................10:30 a.m.-12:00 p.m.
Location: ..............................Moser Center
Instructor: .............................Tim Wilsey
Class code: ..........................F1312
Class max: .............................24
Registration deadline: ...........Thursday, October 31
Cost: ....................................$40
**TUESDAY**

**The Bill of Rights**

The Bill of Rights consists of 10 inherent rights and 17 amendments guaranteed to all U.S. citizens. They represent the foundation for our federal, state and local laws. Yet, what do they really mean and what are your rights? This class will review the Bill of Rights and the amendments, what they are, how they have been applied and your rights under them.

Dates: .................................September 17, 24 and October 1, 8
Time: .................................10:30 a.m.-12:00 p.m.
Location: ............................Moser Center
Instructor: ...........................Sherrin Ross Ingram
Class code: ..........................F1320
Class max: ..........................18
Registration deadline: ...........Thursday, September 12
Cost: .................................$40

**The Church of Jesus Christ Latter Day Saints: The Mormons**

More than 12 million people worldwide practice Mormonism. Learn about the beliefs, practices, history and the role of the Mormons in the United States.

Dates: .................................September 17, 24 and October 1, 8
Time: .................................9:00-10:30 a.m.
Location: ............................Moser Center
Instructor: ...........................Nancy D’Agostino
Class code: ..........................F1321
Class max: ..........................24
Registration deadline: ...........Thursday, September 12
Cost: .................................$40

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**Gifts To The Center**

*Contributions to the Center for Lifelong Learning are central to ensuring our continued operation. We strive to keep class fees affordable for everyone. Tuition fees are a very small percentage of our income and we greatly appreciate all contributions. Information on how to make a tax-deductible contribution may be requested through the Office of University Development. Contact Pat Ariano at (630) 829-6003 or pariano@ben.edu.*

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**Art Appreciation**

Students will learn how artists employ the elements of art, principles of design and compositional structures, as well as develop their own aesthetic awareness and analytical skills. This class is open to students of all ability levels.

Dates: .................................November 5, 12, 19 and 26
Time: .................................9:00-10:30 p.m.
Location: ............................Moser Center
Instructor: ...........................Jennifer Scavone
Class code: ..........................F1322
Class max: ..........................15
Registration deadline: ...........Thursday, October 31
Cost: .................................$40
Additional Supply Fee: ...........$10

**Digital Photography: Basic**

Take more exciting photographs of places, family and friends. Learn to use the basic automatic settings of your camera to capture great action shots of children, create high impact portrait photos and more dynamic landscape photos of your travels. This is a hands-on, learn-by-doing class. Requirement: A digital camera and the manual.

Dates: .................................September 17, 24 and October 1, 8
Time: .................................2:00-3:30 p.m.
Location: ...........................Moser Center
Instructor: ...........................Jack Retterer
Class code: ..........................F1323
Class max: ..........................15
Registration deadline: ...........Thursday, September 12
Cost: .................................$40

**Digital Photography: Advanced**

This class is designed for the person who wants to take their photography skills to the next level. Learn how to master correct photographic exposure through control of aperture, shutter speed and ISO setting, use of lenses and advanced composition techniques. The class allows for planned photography assignments and in-class professional feedback. A digital camera and manual is required.

Dates: .................................October 15, 22, 29 and November 5
Time: .................................2:00-3:30 p.m.
Location: ...........................Moser Center
Instructor: ...........................Jack Retterer
Class code: ..........................F1328
Class max: ..........................15
Registration deadline: ...........Friday, October 11
Cost: .................................$40
Classic Baseball Parks
Baseball has been proclaimed as America’s favorite pastime sport and it is played in the most amazing architectural and historical structures. In this class, we will focus and discuss the stories, history and architecture of major league ballparks throughout the United States.

Dates: .................................October 1, 8 and 15
Time: .................................10:30 a.m.-12:00 p.m.
Location: .............................Moser Center
Instructor: ............................Tim Wilsey
Class code: .......................... F1324
Class max: ............................24
Registration deadline: ..........Thursday, September 26
Cost: .................................$30

State of Politics in Illinois
With the governor’s race less than one year away, what major political winds are blowing? We will review the political power brokers, discuss the hot issues and forecast the “what ifs?” of Illinois politics from local to state office.

Dates: .................................November 5, 12, 19 and 26
Time: .................................12:30-2:00 p.m.
Location: .............................Moser Center
Instructor: ............................John Rose
Class code: .......................... F1327
Class max: ............................15
Registration deadline: ..........Thursday, October 31
Cost: .................................$40

Bring Out Your Inner Van Gogh
Students will learn the basics of painting with acrylic paints on canvas. Beginners and advanced painters are welcome. Our goal is to complete three paintings. Gain self-confidence with materials and develop your own painting style. All materials will be provided by the instructor.

Dates: .................................October 15, 22, 29 and November 5
Time: .................................10:30 a.m.-12:30 p.m.
Location: .............................Moser Center
Instructor: ............................Nancy D’Agostino
Class Code: ..........................F1325
Class max: ............................16
Registration deadline: ..........Thursday, October 10
Cost: .................................$44
Additional Supply Fee: ..........$20

Profiles of Presidents
The United States has had 44 presidents during a 200-year period. We will discuss the presidents, their public and private lives and the challenges they faced.

Dates: .................................October 15, 22, 29 and November 5
Time: .................................2:00-3:30 p.m.
Location: .............................Moser Center
Instructor: ............................John Rose
Class Code: ..........................F1326
Class max: ............................15
Registration deadline: ..........Thursday, October 10
Cost: .................................$40

Easy Pezzy Lemon Squeezy
Have a neighbor or friend to whom you would like to send a class catalog? We will mail it for you. Call our office at (630) 829-1383 or email rfinnigan@ben.edu. Just provide their name, address, city and zip code. You can also visit our website at www.ben.edu/CLL for an online catalog.
History and Workings of the Supreme Court

Other than establishing it in Article III of the U.S. Constitution, nothing spells out the specific duties, powers or organization of the Supreme Court. The Constitution left it to Congress and the Justice of the Court to develop the authorities and operations of the entire judicial branch of government. Since 1789, the Supreme Court has had only 16 chief justices and more than 100 associate justices. The class will review the history, structure, rulings and future of the U.S. Supreme Court.

Dates: ...................................September 18, 25 and October 2, 9
Time: ....................................9:00-10:30 a.m.
Location: ...............................Moser Center
Instructor: ..............................Patricia deRosset
Class Code: .........................F1331
Class max: .............................16
Registration deadline: ..........Friday, September 13
Cost: ....................................$40

The French Art Experience

Experience French art through the taste, sound and eyes of two famous 20th century French artists, Henri Matisse and Eugene Delacroix. Croissants and Provençal snacks will be shared as part of a multisensory experience that includes French food, music and culture. Fun creative exercises will also be incorporated.

Dates: ....................................September 18, 25 and October 2
Time: .....................................9:00-11:00 a.m.
Location: ..............................Lisle Park District
Instructor: ..............................Nancy Green
Class Code: .........................F1332
Class max: .............................15
Registration deadline: ..........Friday, September 13
Cost: ....................................$40
Additional Supply Fee: .........$15

Family Reunions: Plan for Success

Is there a family reunion in your future? Then this interactive workshop is for you. Gather useful information and resources for planning outstanding family reunions. Topics include successful activities, raising seed money, budgeting, recruiting helpers, promotion/marketing, working with service providers and handling difficult people or situations.

Dates: .....................................September 18, 25 and October 2, 9
Time: .....................................12:30-2:00 p.m.
Location: ...............................Moser Center
Instructor: ..............................Bette Lawrence-Water
Class Code: .........................F1333
Class max: .............................18
Registration deadline: ..........Friday, September 13
Cost: ....................................$40

Current Events

Lively discussions and student participation are encouraged as current events are churned, probed and analyzed in these weekly forums.

Dates: .....................................October 16, 23, 30 and November 6
Time: .....................................12:30-2:00 p.m.
Location: ...............................Moser Center
Instructor: ..............................Audrey Brown
Class Code: .........................F1334
Class max: .............................20
Registration deadline: ..........Friday, October 11
Cost: ....................................$30

Laughter Yoga and Beyond

Learn about the power of practicing Laughter Yoga, the philosophy and its multiple health benefits. You will engage in gentle exercises that stimulate laughter, conscious breathing and the power of positive psychology.

Dates: .....................................September 25 and October 2, 9 and 16
Time: .....................................10:30 a.m.-12:00 p.m.
Location: ...............................Moser Center
Instructor: ..............................Terri Reasner
Class Code: .........................F1335
Class max: .............................20
Registration deadline: ..........Thursday, September 20
Cost: ....................................$40

Gift Certificates

Gift certificates for classes are available from the CLL. These are a great way to say “Thanks” or “Happy Birthday” to a friend or to celebrate a retirement, anniversary or holiday. Call (630) 829-1383 or email rfinnigan@ben.edu. (An actual gift certificate will be sent to you.)
Shakespeare Series: King Lear
The class will immerse itself in “King Lear.” The bard presents the story of an aging monarch whose decisions about his family and his fate seem reckless. The puzzle: is Lear forced into desperation by family betrayal, or is he a rickety ruler who invites his own dilemma? Shakespeare’s range is wide and his vision is deep. The tragedy of King Lear offers us a profound depiction of a soul “bound upon a wheel of fire.”

Dates: ..................................October 2, 9, 16 and 23
Time: ....................................2:00-4:00 p.m.
Location: ..............................Moser Center
Instructor: .............................Michael Casey
Class Code: ..........................F1336
Class max: ..............................16
Registration deadline: ..........Friday, September 27
Cost: ........................................$40

The Girls of Atomic City
In 1942, the U.S. government acquired 92 square miles of land that had belonged to 1,000 Tennessee farming families. They built a massive industrial complex that drew more electricity than the city of New York, but was left completely secret. No maps. No signs. This is about World War II, the Manhattan Project and the strength and struggle of the women who helped win the war.

Dates: ..................................October 9, 16, 23 and 30
Time: .....................................10:30 a.m.-12:00 p.m.
Location: ..............................Moser Center
Instructor: ..............................Bette Lawrence-Water
Class code: ............................F1337
Class max: ..............................14
Registration deadline: ..........Friday, October 4
Cost: ........................................$30

A Jewish Perspective on the Bible
This class will examine selected passages from the Hebrew scriptures to highlight nuances of the original language and traditions of Jewish interpretation. No knowledge of Hebrew is necessary. Discussion and alternative meanings of sections including creation, the patriarchs, covenants and the prophetic traditions will be included. Particular attention will be paid to literary and poetic aspects of the Bible. Students may bring any English Bible translation to class.

Dates: ....................................October 16, 23, 30 and November 6
Time: ......................................9:00-10:30 a.m.

Psychology of Aging
This introductory class provides an overview of the historical, demographic and process of aging. We will review research and trends, and the integration of bio-psycho-social aging. Students will review the importance of critical thinking and discuss other preventative aging strategies.

Dates: ..................................November 13, 20 and December 4
Time: ....................................2:00-4:00 p.m.
Location: ..............................Moser Center
Instructor: ..............................Taiqin Dong
Class code: ............................F1330
Class max: ..............................16
Registration deadline: ..........Friday, November 15
Cost: ........................................$40

THURSDAY
St. Procopius Abbey Tour
Attend a guided tour of St. Procopius Abbey with Br. Rick Poro, O.S.B., and learn about the Abbey’s design and features.

Dates: ..................................October 10
Time: .....................................10:00-11:00 a.m.
Location: ..............................St. Procopius Abbey
Instructor: ..............................Br. Rick Poro, O.S.B.
Class code: ............................F1340
Class max: ..............................12
Registration deadline: ..........Monday, October 7
Cost: ........................................Free

Become a CLL Advocate!
You can help spread the word about the CLL.
Discuss your experience with your friends and feel free to share this catalog and CLL course pamphlets with them or wherever you think a potential student might find them useful.
Please contact us at (630) 829-1383 or email rfinnigan@ben.edu for additional CLL class brochures and pamphlets.
The Language of Painting and Sculpture
Acquire skills in art critique and engage in group discussion through an examination of historical paintings and sculpture. Review the movements of abstraction, realism, illusion and study basic composition in famous paintings. Pictorial principles such as order, balance and color will be discussed through visual aids. Learn about the unique use of line, pattern and sculptural art materials that influenced Western civilization.

Dates: September 19, 26 and October 3, 10
Time: 10:30 a.m.-12:00 p.m.
Location: Moser Center
Instructor: Carrie Diaz
Class code: F1357
Class max: 20
Registration deadline: Monday, September 16
Cost: $40

European and American Art History Part II
Travel back in time and explore the masterpieces of artists from the early 1700s to the present day. Learn about the history behind many landmark works of art with an overview of architecture, sculpture and paintings throughout Europe and North America, and develop a working knowledge of how each era impacted the next.

Dates: October 17, 24, 31 and November 7
Time: 10:30 a.m.-12:00 p.m.
Location: Moser Center
Instructor: Carrie Diaz
Class code: F1359
Class max: 20
Registration deadline: Monday, October 14
Cost: $40

Beginning Chinese Paper-Cutting Art
Learn this delicate Chinese art form in a course designed for novice students. Explore the history of fundamental paper-cutting methods and art patterns. Acquire useful skills for home decorating and creating memorable art pieces.

Dates: September 19, 26 and October 3, 10
Time: 9:00-10:30 a.m.
Location: Lisle Park District
Instructor: Lucy (Ping) Liu
Class code: F1370
Class max: 20
Registration deadline: Monday, September 16
Cost: $40
Additional Supply Fee: $15

Advanced Chinese Paper-Cutting Art
The class is designed for students who have completed the beginner-level class and introduces styles of paper-cutting art that originate from different Chinese customs, traditions and history. Students will learn more advanced cutting methods and patterns to enhance their personal artwork.

Dates: September 19, 26 and October 3, 10
Time: 10:45 a.m.-12:15 p.m.
Location: Lisle Park District
Instructor: Lucy (Ping) Liu
Class code: F1371
Class max: 20
Registration deadline: Monday, September 16
Cost: $40
Additional Supply Fee: $10

Getting to Know Your Computer
Have a computer but really don’t use it for much? This class features computer basics, such as searching the Internet, bookmarking sites for return visits, sending an email, organizing information on your desktop, sending attachments, downloading information and basic word processing. Questions are encouraged.

Dates: October 17, 24, 31 and November 7
Time: 10:30 a.m.-12:00 p.m.
Location: Moser Center
Instructor: Amy Miller
Class code: F1341
Class max: 15
Registration deadline: Monday, October 14
Cost: $40

Architecture I: Prehistoric to Baroque
Students will learn about the history of architecture from prehistoric time through the Baroque period. They will discuss the architecture of the following periods and cultures: Prehistoric, Mesopotamia, Egypt, Greece, Rome, Early Christian, Byzantine, Romanesque, Gothic, Renaissance and Mannerism of the Baroque, viewing digital images of examples from each period.

Dates: September 19, 26 and October 3, 10
Time: 9:00-10:30 a.m.
Location: Moser Center
Instructor: Jennifer Scavone
Class code: F1342
Class max: 18
Registration deadline: Monday, September 16
Cost: $40
Architecture II: 18th Century to Present

Students will learn about the history of architecture from the 18th century to the present. They will discuss the architecture of the following periods: Rococo, American Colonial, Neoclassicism, Greek Revival, Victorian, Art Nouveau, Beaux Arts, Neo-Gothic, Art Deco, Modernism and Post-Modernism, viewing digital images of examples from each period.

Dates: .....................................October 17, 24, 31 and November 7
Time: .....................................9:00-10:30 a.m.
Location: .................................Moser Center
Instructor: .................................Jennifer Scavone
Class code: ..............................F1345
Class max: ...............................18
Registration deadline: ...............Monday, October 14
Cost: ......................................$40

Writing Your Living Story

Learn how to begin, develop and complete your life story in this interactive class. Students will review a structured writing process, explore ideas and practice writing skills. Students should bring a folder, notebook and pen.

Dates: .....................................September 19, 26, and October 3, 10
Time: .....................................10:30 a.m.-12:00 p.m.
Location: .................................Moser Center
Instructor: .................................Janette Quinn
Class code: ..............................F1343
Class max: ...............................14
Registration deadline: ...............Monday, September 16
Cost: ......................................$40

Immigrant Culture in the Chicago Area

Who are our people? Explore ties that bind people who have come here from other lands. View life through the portal of immigrant culture, including customs, traditions, music, literary expression, film and/or art that render the characteristics of ethnicity in the Chicago area. Time will be allowed for discussion and sharing ancestral stories.

Dates: .....................................September 19, 26 and October 3
Time: .....................................2:00-4:00 p.m.
Location: .................................Moser Center
Instructor: .................................Michael Casey
Class code: ..............................F1344
Class max: ...............................20
Registration deadline: ...............Monday, September 16
Cost: ......................................$40

Ageless Style

This class addresses the issues of clothing styles and colors worn by mature women. Explore the concept of fashion and how to look more updated. Identify your fashion archetype and signature colors. Learn which styles work best for you and how to expand wardrobe using the items you already own.

Dates: ......................................October 3, 10, 17 and 24
Time: ......................................2:00-3:30 p.m.
Location: .................................Moser Center
Instructor: .................................Judy Baker Blanks
Class code: ..............................F1346
Class max: ...............................20
Registration deadline: ...............Monday, September 30
Cost: ......................................$40

Line Dancing

Learn how to line dance for parties, social events, exercise or just for yourself. Students do not need a partner. We will learn different steps and dances.

Dates: ......................................October 3, 10, 17 and 24
Time: ......................................2:00-3:30 p.m.
Location: .................................Lisle Park District
Instructor: .................................Hazel Williams
Class code: ..............................F1372
Class max: ...............................30
Registration deadline: ...............Tuesday, October 1
Cost: ......................................$40

The Holocaust: How and Why?

One of the most horrific events in modern history was the Holocaust – the systematic, organized genocide of 6 million Jews and other groups labeled inferior by Nazi Germany. This mass murder of human life is beyond comprehension – yet it happened. How did this happen? Who was responsible? Why did it happen? This course will address the history behind the Holocaust and the events that led up to it.

Dates: .....................................October 17, 24, 31 and November 7
Time: .....................................12:30-2:00 p.m.
Location: .................................Moser Center
Instructor: .................................Steve Nunes, Ed.D.
Class code: ..............................F1348
Class max: ...............................16
Registration deadline: ...............Monday, October 14
Cost: ......................................$40
Selling Your Home: What You Need to Know
This class is designed for those who are contemplating a move from their home, condo or townhouse to another living arrangement. Topics include the pros and cons of changing living arrangements; when to sell; what needs to be done prior to listing; working with contractors and repairmen; selecting a realtor; and attracting buyers and keeping them interested. A forum will also be provided for participant questions and concerns.

Note: No solicitation will be allowed by any real estate office or individual during this class.

Dates: ..................................November 7, 14, 21 and December 5
Time: ..................................2:00-3:30 p.m.
Location: ..............................Moser Center
Instructor: ............................Angeline Finnigan
Class code: ..........................F1349
Class max: ...........................18
Registration deadline: ............Monday, November 4
Cost: ....................................$40

Brain Games: Techniques for Improving Memory
A recent study conducted by the University of California, Los Angeles found that people who played more brain games experienced significant improvement in memory and language skills in comparison to those who played fewer or none. This class will focus on strategies, techniques and games to aid students to improve memory. References and handouts will be provided.

Dates: .................................September 20, 27 and October 4, 11
Time: .................................10:30 a.m.-12:00 p.m.
Location: ..............................Moser Center
Instructor: .........................Willie Etta Wright
Class code: .......................F1352
Class max: .........................20
Registration deadline: ...........Wednesday, September 18
Cost: .................................$40

FRIDAY

SCORE: Creating a Successful Business Plan
Students will develop key sections of their own business plans. Students should anticipate homework. Participants will be provided with individual support by Service Corps of Retired Executives (SCORE) mentors before, during and after class as needed. SCORE mentors have vast business experience and prior workshop experience.

Dates: .................................September 20, 27 and October 4, 11, 18 and 25
Time: .................................10:00 a.m.-12:00 p.m.
Location: ..............................Moser Center
Instructor: .........................SCORE mentors
Class code: .......................F1350
Class max: .........................40
Registration deadline: ..........Wednesday, September 18
Cost: .................................$40

Portrait Photography
Learn how to take professional-looking portrait photos. Students will learn how to create lively portraits using the correct lighting, staging and colors from a professional. Students should bring a camera to class.

Dates: .................................November 1, 15, 22 and December 6
Time: .................................12:30-2:00 p.m.
Location: ..............................Moser Center
Instructor: .........................June Jiang
Class code: .......................F1353
Class max: .........................15
Registration deadline: ...........Tuesday, October 29
Cost: .................................$40

Globe-trotting: Chinese Culture and History
This class provides an introduction to Chinese history, philosophy and culture including education, government, communication, health beliefs, sports, migration, the impact of wars, western influence and the Taiwan issue.

Dates: .................................November 8, 15, 22 and December 6
Time: .................................12:30-2:00 p.m.
Location: ..............................Moser Center
Instructor: .........................Taiqin Dong
Class code: .......................F1354
Class max: .........................16
Registration deadline: ...........Tuesday, November 5
Cost: .................................$40
SATURDAY

Chicago History Author Series

This series is a nine-week forum for those who want to learn about local Chicago history. Eleven authors will review and discuss their books. The WTTW documentary film, “Remembering Chicago: The ’70s and ’80s,” will be screened and discussed.

Dates: .....................................September 21, 28,
October 5, 12, 19, 26,
November 2, 9 and 16

Time: .....................................4:00-5:30 p.m.
Location: .................................The Museums at Lisle Station Park,
921 School St., Lisle

Cost: .....................................Free

For more information contact: Brian Failing, museum curator,
(630) 968-0499

FACILITATOR BIOGRAPHIES

James Baird, Ph.D., has researched behavior genetics for more than 20 years. He is the author of “Happiness Genes.”

Judy Baker Blanks, M.A., is an adjunct faculty member at College of DuPage and owner of TKL Design Group.

Michael Bearce, M.S., is the executive director of Fall Prevention Clinics of America located in Naperville.

Audrey Brown, Ed.D., has worked as a consultant with Benedictine University’s School of Education and serves on the CLL Advisory Board.

Michael Casey, M.A., is a highly accomplished educator whose passion is teaching humanities. He is first-generation Irish and very knowledgeable about the immigrant history of Chicago.

Nancy D’Agostino, B.A., is a graduate of Benedictine University. She is a lifelong arts enthusiast and painter, and brings a great zest to her class. D’Agostino also teaches the class on Mormonism.

Patricia deRosset, J.D., recently retired from the DuPage County State’s Attorney’s Office and is licensed to practice law in Illinois and Florida.

Carrie Blixt-Diaz, M.A., is an adjunct instructor at the Moser College of Adult and Professional Studies and Westwood College.

Taiqin Dong, M.A., was an adjunct faculty member with the Office of International Programs and Services at Benedictine University.

Alan Gorr, Ph.D, is dean of the College of Education and Health Services at Benedictine University and has studied at Hebrew University of Jerusalem as well as Jewish Theological Seminary.

Nancy Green, M.A., teaches a studio art class at Edward Hines Jr. VA Hospital and the LaGrange Art League Gallery & Studio. Green has been very active in the area’s art community and is an accomplished artist.

June Jiang, B.A., is a professional freelance portrait and wedding photographer. She has taught at the University of Illinois and other local community colleges.

JoAnn Wesley Hassler, M.A., discovered the joys of international travel at age 50. She has traveled to Africa, the Middle East and Europe, generally alone or as part of a group without a travel companion.

Sherrin Ross Ingram, J.D., is a successful attorney who is licensed to practice in Illinois. Ingram will explore the Bill of Rights.

Bette Lawrence-Water, M.S., is founder of Families Together, an award-winning organization. Lawrence-Water has nearly 30 years of experience teaching and facilitating classes, workshops and seminars.

Amy Miller, M.A., is the assistant dean of Online Programs for the Moser College of Adult and Professional Studies. Miller teaches technology classes for CLL.

Br. Rick Poro, O.S.B., is an assistant campus minister at Benedictine University.

Mishawn Purnell-O’Neal, M.P.H., has taught nutrition-related courses at the collegiate level for more than a decade. She is an adjunct faculty member at Benedictine University.

Janette Quinn, M.A., is the proprietor of LivingStories.US. Quinn has degrees in journalism and English, and has spent 30 years in written communications on behalf of organizations, individuals and families.

Terri Reasoner, Ph.D., is a certified performance technologist, Myers-Briggs Type Indicator certified practitioner and certified laughter yoga leader and teacher. Terri is CEO of Engaged Performance.

Jack Retterer, B.S., is a retired executive and an accomplished photographer who has taught photography throughout the Chicago area.

John Rose, M.A., is a former faculty member at Benedictine University who specializes in government and politics.

Jennifer Scavone, M.A., is a lecturer at Benedictine University with the Department of Fine Arts. She is a professional artist.

SCORE mentors: SCORE lecturers have more than 25 years of business experience, M.B.A. degrees and prior business experience.

Kristopher Seaman, is a lecturer at Benedictine University. He has an extensive background in theology, liturgy and religious studies.

Karly Tumminello, M.A., is curator of the Jurica-Suchy Nature Museum at Benedictine University.
Jim Weren, B.A., is a retired commercial artist who uses illustrations to enhance history. Weren is highly regarded for his Civil War expertise and illustrations.

Hazel Williams, B.A., was the international dance director for Fred Astaire Dance Studios. Her specialty is teaching mature learners.

Tim Wilsey, B.A., owns his own “edutainment” company and is highly regarded in the community for his classes in pop culture, music and 21st century history.

Willie Etta Wright, M.S., earned a Master of Science in Education from Northern Illinois University. She is retired from public education.

Volunteers
Volunteers are the heart of the CLL. They make communications flow, assist with registrations, prepare semester brochures for mailing and serve on the advisory board. They think about classes that will interest students and often recommend instructors. Participation leads to a sense of belonging and new volunteers bring a new vibrancy to the CLL.

We need you, so please take a look at the list below to see which volunteer positions interest you. Remember, without volunteers, the CLL will not grow to meet our mission. If you have any questions, please contact Ron Finnigan, director, at rfinnigan@ben.edu or call (630) 829-1383.

- **Office**
  Assist the office staff with student support. Sign up as time permits.

- **Special programs**
  Plan and coordinate special programs offered by the CLL.

- **Publicity**
  Help with external marketing for CLL classes and marketing material.

- **Development**
  Assist with fundraising, grant-writing and similar experiences.

- **Hospitality**
  Host social and other events throughout the year.

- **Focus group**
  Meet once or twice per year to review new CLL ideas and provide feedback.

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**SCHEDULE BY MONTH**

**SEPTEMBER**

**MONDAY**

Mafia Crime Families
9:00-10:30 a.m.
September 16, 23, 30 and October 7

Current Events
12:30-2:00 p.m.
September 16, 23, 30 and October 7

Understanding Dizziness and Balance for a Healthy Body
2:00-3:30 p.m.
September 16, 23, 30 and October 7

**TUESDAY**

The Bill of Rights
10:30 a.m.-12:00 p.m.
September 17, 24, and October 1, 8

The Church of Jesus Christ Latter Day Saints: The Mormons
9:00-10:30 a.m.
September 17, 24 and October 1, 8

**WEDNESDAY**

History and Workings of the Supreme Court
9:00-10:30 a.m.
September 18, 25 and October 2, 9

The French Art Experience
9:00-11:00 a.m.
September 18, 25 and October 2

Family Reunion: Plan for Success
12:30-2:00 p.m.
September 18, 25 and October 2, 9

Laughter Yoga and Beyond
10:30 a.m.-12:00 p.m.
September 25 and October 2, 9 and 16

**THURSDAY**

Architecture I: Prehistoric to Baroque
9:00-10:30 a.m.
September 19, 26 and October 3, 10

Writing Your Living Story
10:30 a.m.-12:00 p.m.
September 19, 26 and October 3, 10

The Church of Jesus Christ Latter Day Saints: The Mormons
9:00-10:30 a.m.
September 17, 24 and October 1, 8

Beginning Chinese Paper-Cutting Art
9:00-10:30 a.m.
September 19, 26 and October 3, 10

Advanced Chinese Paper-Cutting Art
10:45 a.m.-12:15 p.m.
September 19, 26 and October 3, 10
Immigrant Culture in the Chicago Area
2:00-4:00 p.m.
September 19, 26 and October 3
FRIDAY
SCORE: Creating a Successful Business Plan
10:00 a.m.-12:00 p.m.
September 20, 27 and October 4, 11, 18 and 25
Brain Games: Techniques for Improving Memory
10:30 a.m.-12:00 p.m.
September 20, 27 and October 4, 11
SATURDAY
Chicago History Author Series
4:00-5:30 p.m.
September 21, 28 and October 5, 12, 19, 26
and November 2, 9 and 16
OCTOBER
MONDAY
How Genetics Controls Our Behavior
12:30-2:00 p.m.
October 7, 14, 21 and 28
Jurica-Suchy Nature Museum Tour
10:30 a.m.-12:00 p.m.
October 14
Jazz Legends
9:00-10:30 a.m.
October 14, 21, 28 and November 4
Genealogy
12:30-2:00 p.m.
October 7, 14, 21 and 28
TUESDAY
Classic Baseball Parks
10:30 a.m.-12:00 p.m.
October 1, 8 and 15
Digital Photography: Advanced
2:00-3:30 p.m.
October 15, 22, 29
and November 5
Bring Out Your Inner Van Gogh
10:30 a.m.-12:30 p.m.
October 15, 22, 29
and November 5
Profiles of Presidents
2:00-3:30 p.m.
October 15, 22, 29 and November 5
WEDNESDAY
Shakespeare Series: King Lear
2:00-4:00 p.m.
October 2, 9, 16 and 23
The Girls of Atomic City
10:30 a.m.-12:00 p.m.
October 9, 16, 23 and 30
Current Events
12:30-2:00 p.m.
October 16, 23, 30
and November 6
A Jewish Perspective on the Bible
9:00-10:30 a.m.
October 16, 23, 30 and November 6
THURSDAY
Ageless Style
2:00-3:30 p.m.
October 3, 10, 17 and 24
Line Dancing
2:00-3:30 p.m.
October 3, 10, 17 and 24
St. Procopius Abbey Tour
10:00-11:00 a.m.
October 10
Architecture II: 18th Century to Present
9:00-10:30 a.m.
October 17, 24, 31 and November 7
The Holocaust: How and Why?
12:30-2:00 p.m.
October 17, 24, 31 and November 7
Getting to Know Your Computer
10:30-12:00 p.m.
October 17, 24, 31 and November 7
SATURDAY
Chicago History Author Series
4:00-5:30 p.m.
September 21, 28 and October 5, 12, 19, 26
and November 2, 9 and 16
NOVEMBER
MONDAY
The Civil War
2:00-3:30 p.m.
November 4, 11, 18 and 25
Comparative Religious Study
12:30-2:00 p.m.
November 4, 11, 18 and 25
Hidden Treasures of Healthy Eating
10:30 a.m.-12:00 p.m.
November 4, 11, 18 and 25
Kennedy Assassination Theories
10:30 a.m.-12:00 p.m.
November 11, 18, 25 and December 2
TUESDAY
Art Appreciation
9:00-10:30 a.m.
November 5, 12, 19 and 26
State of Politics in Illinois
12:30-2:00 p.m.
November 5, 12, 19 and 26
WEDNESDAY
Psychology of Aging
2:00-4:00 p.m.
November 5, 12, 19 and 26
THURSDAY
Selling Your Home: What You Need to Know
2:00-3:30 p.m.
November 7, 14, 21 and December 5
FRIDAY
Portrait Photography
12:30-2:00 p.m.
November 1, 8, 15 and 22
Globe-trotting: Chinese Culture and History
12:30-2:00 p.m.
November 8, 15, 22 and
December 6
SATURDAY
Chicago History Author Series
4:00-5:30 p.m.
September 21, 28 and October
5, 12, 19, 26 and November 2, 9
and 16

Benedictine University’s Center for Lifelong Learning is located at the Margaret and Harold Moser Center.
Classes are held at the Moser Center, Suite 102. The address is 1832 Centre Point Circle, Suite 102, Naperville, IL 60563. Centre Point Circle is a northbound-only street off Diehl Road, approximately two blocks east of Washington Avenue. Free parking is provided on the north side and around the entrance to Suite 102. Specific classroom locations are posted on the TV screen in the lobby or at the front desk.

Unless posted otherwise, all classes are held at the Moser Center. This fall semester, we are offering several classes at two locations:

Villa St. Benedict (VSB) is located at 5450 Subiaco Drive, Lisle, IL 60532.

Lisle Park District (LPD) is located at 1925 Ohio Street, Lisle, IL 60532 (next to the Lisle Community Center).
**Registraion Form**

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**Detach and mail your registration form and check to:**
Benedictine University
Moser Center
Attention: Center for Lifelong Learning
1832 Centre Point Circle, Suite 102
Naperville, IL 60563

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**Payment Information**

- **Check** (Payable to Benedictine University)
- **Credit Card**
  - Visa
  - Mastercard
  - Discover

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**Mailing Information**

- **Last Name**
- **First Name**
- **MI**
- **Birthday**
- **Mailing Address**
- **City**
- **State**
- **Zip**
- **Email Address**
- **Telephone**
- **Emergency Contact Name**
- **Emergency Contact Phone**

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**Student Information**

Have you ever been enrolled at CLL?
- **Yes**
- **No**

Advanced registration is recommended. Fees must be paid in full for enrollment to be valid.

Incomplete or illegible registration forms may cause delay.

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**Class Information**

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My initials confirm that I have read and accept the information, policy and practices, photography/video, and release of liability by Benedictine University. Initial __________