Center for Lifelong Learning  
Class Registration Form  
Spring 2016

Personal Information

Name __________________________________________  Phone Number (______)____________
Mailing Address __________________________ City ________________ Zip ________________
E-Mail Address ________________________________________________________________
How did you hear about CLL ____________________________  Birth Month _____________

Class Selection

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Grand Total: $________________

Payment Options

☐ Check (Payable to Benedictine University)
☐ Credit Card Type
  o Visa
  o MasterCard
  o Discover

Credit Card Number __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __
Expiration Date ____/____  Signature ________________________________

Mail to: BENEDICTINE UNIVERSITY  
  Center for Lifelong Learning  
  1832 Centre Point Circle, Suite 102  
  Naperville, IL 60563
Selling Your Home: What You Need to Know

Class is designed for those who are contemplating a move from their home, condo or townhouse to another living arrangement. Topics include: the pros and cons of changing living arrangements, when to sell, what needs to be done prior to listing, working with contractors and repairs, selecting a realtor, and attracting buyers and keeping them interested. A forum allows for participant questions and concerns. Note: No solicitation will be allowed by any real estate office or individual during this class.

Dates: Feb. 1, 8, 15  Time: 10:00am—12:00pm  Cost: $48.  Instructor: Joann Wesley Hassler, M.A.  Class code: S16101

Capone

Born in 1899 in Brooklyn, New York, Al Capone quit school in sixth grade to join a street gang. Capone moved to Chicago at 21 and established the most powerful and violent mob in the history of organized crime in Chicago called the Chicago Outfit. Class will review Al Capone’s rise and fall, his lasting impact on Chicago history as a gangster, bootlegger, racketeer, and boss of the Chicago Outfit.  Dates: Feb. 22, 29, March 7  Time: 10:00am—12:00pm  Cost: $48.  Instructor: Tim Wilsey, B.S.  Class code: S16102

Getting to Know Your Computer

Have a computer but really don’t use it much? Class features computer basics, such as searching the Internet, bookmarking sites for return visits, sending an email, organizing information on your desktop, sending attachments, downloading information and basic word processing. Perfect class for beginners. Questions are encouraged.

Dates: Feb. 22, 29, March 7  Time: 1:00—3:00pm  Cost: $48.  Instructor: Carrie Swift, B.S.  Class code: S16103

Living a Balanced Life, the Benedictine Way

Have you ever wondered how monks and other religious persons seem to live long and happy lives? St. Benedict in his Rules for Monks introduced a vision for a long and full life more than 1,500 years ago, and his vision is alive and in fruition today. Class shares how the values within the Benedictine tradition can transfer to your daily life and improve its quality and your longevity. Focus is on developing a healthy balance between the spirit, mind and body. Last class includes a tour of St. Procopius Abbey in Lisle.

Dates: Feb. 29, March 7, 14, 21  Time: 10:00am—12:00pm  Cost: $48.  Instructor: Gale Wiedman, Ed.D.  Class code: S16104

History of Chicago Candy Companies

Since the early 1900s, Chicago was referred to as the Candy Capital of the world. Chicago was once home to over 1,000 candy purveyors including: Mars, Wrigley, Nestle, Fannie Mae, Sara Lee and Frango Mints. Explore the history of Chicago candy companies’ and the evolution from taverns to candy shops. A fascinating story of Chicago’s ‘sweet’ history.

Date: April 4  Time: 10:00am—12:00pm  Cost: $19.  Instructor: Tim Wilsey, B.S.  Class code: S16105

Computers: Microsoft Office at Home

Join us for this comfortably paced, hands-on course. Create MS Word documents by starting with the basics and moving up to using backgrounds, borders, pictures, bullets, headers, footers and more! Learn the basics of MS Excel by creating a sample spreadsheet and use basic formulas, formatting, sorting and more. Discover what you can do with a MS PowerPoint presentation. Bring your MS Office questions to class! No prior experience beyond basic keyboard and mouse ability is necessary.

Dates: April 11, 18, 25, May 2, 9  Time: 10:00am—12:00pm  Cost: $80.  Instructor: Carrie Swift, B.S.  Class code: S16106

In Pursuit of the American Dream: The Great Gatsby and Death of a Salesman

Two twentieth century American writers provide us with major texts on the theme of the attempt to capture the American Dream. F. Scott Fitzgerald’s novel, The Great Gatsby (1925), and Arthur Miller’s play, Death of a Salesman (1949), present us with characters who emerge from very different strata of American society, but have aspirations and values that intersect in fascinating ways. Obtain your own copies of the books and read the first five chapters of The Great Gatsby for the first class meeting. Our goal is to strengthen our understanding of American culture and to increase our appreciation of American literature.

Dates: April 11, 18, 25, May 2, 9  Time: 1:00—3:00pm  Cost: $80.  Instructor: Michael Casey, M.A.  Class code: S16107

Religions of the East  Class code: S16108

The ‘Eastern’ religions are practiced by over 1.5 billion people worldwide. Explore Taoism, Confucianism, Sikhism, and Jainism; with special emphasis on Hinduism and Buddhism. We will survey the traditions and practices, philosophically and historically, as well as contrast their differences. Dates: May 16, 23 June 6  Time: 10:00am—12:00pm  Cost: $48.  Instructor: James Stallman, M.A.
**TUESDAY**

**Painting for Beginners**
A class for those with some or no painting experience. Learn the basics of acrylic painting and complete four canvas paintings. Gain self-confidence with materials and develop your own painting style. All materials provided by instructor. Additional art supply $30. Dates: Feb. 2, 9, 16, 23, March 1 Time: 10:30am—12:30pm Cost: $80. Additional Art Supply Fee: $30.
Instructor: Nancy D’Agostino, B.A. Class code: S16201

**Painting Techniques I**
Class designed for those looking to improve their painting skills. Class will cover techniques used to paint floral, still life, landscape and seascape using acrylic paint on canvas. Every skill level welcomed. All materials provided by instructor. Additional art supply fee of $30.
Dates: Feb. 2, 9, 16, 23, March 1
Time: 1:00pm—3:00pm
Cost: $80.
Additional Art Supply Fee: $30.
Instructor: Nancy D’Agostino, B.A. Class code: S16202

**Coming to America: European Immigration Patterns from 1850 to 1939**
Over 25 million Europeans made the long journey to America from 1850 to 1939. Who were they? How did they immigrate and what was the pattern? This class will focus on immigration patterns of various Europeans as they immigrated to the United States. Time allowed for discussion and sharing ancestral stories.
Dates: Feb. 16, 23, March 1
Time: 10:00am—12:00pm
Cost: $48.
Instructor: Steve Szabodos, M.B.A. Class code: S16203

**Buying a House/Condo: Top Tips and Must Knows**
Is the prospect of finding a new home even more overwhelming than selling one? Class focuses on how to begin the buying process, common mistakes, what to look for when buying, and what to expect from all involved in the transaction. A forum will be provided for questions and concerns. Note: No solicitation will be allowed by any real estate office or agent in this class.
Date: March 8
Time: 1:00—3:00pm
Cost: $19.
Instructor: Joann Wesley Hassler, M.A. Class code: S16204

**The Inklings of Immortality**
C.S. Lewis and J.R.R. Tolkien were distinguished Oxford fellows who became beloved bestselling authors and household names. Less familiar but no less talented were their fellow authors in an informal literary society called “The Inklings.” Review the works of Lewis, Tolkien and other Inklings authors. Discuss the notable writers who influenced them, including G.K. Chesterton and Dorothy Sayers.
Course includes a class field trip to the Marion E. Wade Center at Wheaton College, the repository of one of the finest and most extensive collections of Lewis, Tolkien, and Chesterton memorabilia in the world.
Dates: March 8, 15, 22, 29, April 5
Time: 1:00—3:00pm
Cost: $80.
Instructor: Clare Walker, D.V.M., M.S. Class code: S16205

**All About the Internet**
Hop on the web and hone your searching strategies. Enjoy online entertainment and discover e-learning opportunities. Learn about the social media sites Facebook, Pinterest and more! Keep in contact with distant friends through Skype and by sharing pictures. Discover a multitude of new online learning sites, web apps, e-books, blogs, podcasts, and YouTube. No prior knowledge is required; just bring your sense of discovery!
Dates: March 29 and April 5
Time: 10:00am—12:00pm
Cost: $35.
Instructor: Carrie Swift, B.S. Class code: S16206

**Our World Today**
With over 7 billion people in the world, current political, social and economic issues that influence all of us are changing faster than ever before. Investigate the world’s happenings by looking at significant national and international current events, behind the scenes causes, who’s who, and future trends. Lively discussions and active participation are encouraged as current events are churned, probed and analyzed.
Dates: April 12, 19, 26, May 3
Time: 10:00am—12:00pm
Cost: $64
Instructor: Patricia deRosset, J.D. Class code: S16207
Irish Easter Uprising
Ireland's Easter Rising (Éirí Amach na Cásca), also known as the Easter Rebellion, erupted 100 years ago on April 24, 1916. The Rising began the end of British rule in Ireland by proclaiming an independent Irish Republic. This class looks at the six days of the rebellion, and the key figures involved—including the "1916 Poets." We will assess why this event has achieved an importance that makes it remembered a century after it occurred.

Date: April 12  Time: 1:00—3:00pm Cost: $19.  Instructor: Michael Casey, M.A.  Class code: S16208

Mindful Meditation
Meditation is an approach to training the mind, similar to fitness training of the body. This class will introduce the power and benefits of everyday meditation. Learn simple and easy techniques to help you begin or resume a daily meditation practice that can be done in as little as five minutes.

Date: April 19  Time: 1:00pm—3:00pm  Cost: $19.  Instructor: Nancy Nesyto-Freske, C.Y.Th.  Class code: S16209

Galapagos Islands
The Galapagos Islands are located 600 miles off the west coast of South America. The islands are famous for their unique animals and the landscape/environment where they live. Local artist Georgia Velisaris will share her experiences of a trip to the Galapagos Islands through her photographs, including the islands' marine reserve, land mass, and rich history that make them unique.

Date: May 10  Time: 10:00am—12:00pm  Cost: $19.  Instructor: Georgia Velisaris, M.S.  Class code: S16210

Genealogy
Do you have any interest in genealogy, but don’t know how to start? Class focuses on tips for beginners to utilize in their genealogy searches. Learn suggestions and recommendations on how to begin, what to collect, websites, basic search techniques for documents, and understanding the genealogy process. Students are encouraged to bring their genealogy search questions to class.

Dates: May 10, 17, 24  Time: 1:00—3:00pm  Cost: $48.  Instructor: Steve Szabodos, M.B.A.  Class code: S16211

Thomas Jefferson
One of the most influential founders of our nation, Thomas Jefferson is best remembered as the principal author of the Declaration of Independence, the third president of the United States, great statesman, and founder of the University of Virginia. Study the personal and political life of Jefferson, his relationship with other historic leaders, his political, religious, and moral philosophy. Review how his principles shaped our democracy to this day.

Dates: May 10, 17, 24  Time: 10:00am—12:00pm  Cost: $48.  Instructor: John Panarese, M.B.A..  Class code: S16212

Writing Through Transition
We live in a world of permanent change but change is often difficult. What if you could achieve life balance, enhance your relationships and deepen your faith each day? Research has proven that journal writing is a valuable tool in handling life transitions and challenges. Class will help you discover your inner wisdom, find a way to negotiate difficult changes through writing and provide the skills and inspiration to do so.

Dates: June 7, 14, 21  Time: 10:00am—12:00pm  Cost: $48.  Instructor: Joann Wesley Hassler, M.A.  Class code: S16213

WEDNESDAY

History of Government
There are 196 recognized countries in the world today. Many offer a unique form of government. Class looks at the development and practice of six different forms of government. Probe the theory, history, development, and practices of various political systems. What are these forms of government, how did they develop and how have they withstood the course of time?

Dates: February 3, 10, 17  Time: 10:00am—12:00pm  Cost: $48.  Instructor: Patricia deRosset, J.D.  Class code: S16301
**History of American Folk Music**  Class combines lecture and live music to analyze the rise in popularity of acoustic guitar and American folk music in the 19th and 20th centuries. Examine the role of folk music in major social and political events of that time period. Visual enhancements and the music of each period (performed by Lee Donovan on guitar and banjo), will be an integral part of the class.

Dates: Feb. 17, 24, March 2, 9  Time: 1:00—3:00pm  Cost: $64.  Instructor: Leonard Donovan, M.S.  Class code: S16302

**The Vietnam War**

The Vietnam War started under President Eisenhower in 1954 and involved four presidential administrations. The United States escalated their involvement from 1965 to 1968 and forced LBJ to one term. By the war’s end in April 1975, more than 3 million people, including 58,000 Americans, were killed in the conflict that cost about $200 billion. Over 2 million U.S. troops served in South Vietnam. 1,672 soldiers remain unaccounted for. No war, before or since, has divided our country more than Vietnam. Discuss the strategy, politics and impact the Vietnam War had on the people and government of the United States.

Dates: March 2, 9, 16  Time: 10:00am—12:00pm  Cost: $48.  Instructor: John Panarese, M.B.A.  Class code: S16303

**Chicago Music Sounds**

Chicago is a major center for music. Revisit and celebrate the sounds of blues, jazz, rock and roll and soul. Muddy Waters, Nat King Cole, Buddy Guy, Lionel Hampton, The Buckinghams, Cryan’ Shames, Chicago, Styx, REO Speedwagon and other artists who make up the Chicago music sound.

Date: March 16  Time: 1:00—3:00pm  Cost: $19.  Instructor: Tim Wilsey, M.A.  Class code: S16304

**Comparative Religious Study**

Class studies the beliefs and teachings of different world religions as they relate to everyday life. Review Buddhism, Christianity, Islam, Judaism and Hinduism. Class discusses beliefs, practices, life after death, and may other religious differences and similarities.

Dates: March 23, 30, April 6  Time: 10:00am—12:00pm  Cost: $48.  Instructor: Roger Morin, M.Div.  Class code: S16305

**The American Labor Movement**

In the early 1950s, 36 percent of American workers were members of labor unions. In 2009, 12 percent of American workers belonged to unions. Class examines the early labor movement, the rise of the AFL-CIO, major labor laws, Labor’s political action, the rise of public unions and the future of organized labor in a changing environment.

Dates: March 23, 30, April 6  Time: 1:00—3:00pm  Cost: $48.  Instructor: Roger Morin, M.Div.  Class code: S16306

**Brain Fitness**

Research has shown that cognitive decline no longer needs to be a part of aging. Review how the brain functions and develops as we age. Class includes lively interaction and activities/exercises focusing on the six areas of cognitive function: Attention to detail, multi-tasking, executive function, processing speed, long-term and working memory.

Dates: April 13, 20, 27  Time: 10:00am—12:00pm  Cost: $48.  Instructor: Angeline Finnigan, B.A.  Class code: S16307

**Contemporary Economics**

The effects of the financial crisis are still being felt, eight years on. Class reviews traditional economic theory, United States Federal Reserve System, and events that led to the worst recession in over 80 years. Compare the U.S. recovery with the global economic recovery and examine what the future holds.

Dates: April 13, 20, 27  Time: 1:00—3:00pm  Cost: $48.  Instructor: Dennis Reher, M.B.A.  Class code: S16308

**London’s Less Traveled Treasures**

London is the largest city in Europe with over 7 million people and 620 square miles. London is famous for the Tower Bridge, Westminster Abbey, Big Ben and Buckingham Palace. But there is much more to London’s treasures. This two hour, one-time class, covers buildings, monuments, markets and areas that make London the premier city in England.

Date: April 27  Time: 1:00—3:00pm  Cost: $19.  Instructor: Linda Putnam, B.A.  Class code: S16309
Building Your Family Tree
Are you interested in creating or enhancing your family tree? Learn how to gather, record and organize family records. Discover where to start, how to create a plan, and ways to share your results with family members. Learn how to find amazing online resources and get tips about where to look for your ancestors’ paper trails.
Date: May 4  Time: 10:00am—12:00pm  Cost: $19.  Instructor: Carrie Swift, B.S.  Class code: S16310

Chinese Culture and History
With over 1.36 billion people and the third largest country by land mass, China has a fascinating story. Class provides an introduction to Chinese history, philosophy and culture including education, government, communication, health, and migration. Discuss the impact of wars, western influence and the future growth of China.
Dates: May 4, 11, 18  Time: 1:00—3:00pm  Cost: $48.  Instructor: Melody Dong  Class code: S16311

The Daley Dynasty
Richard M. Daley was Chicago’s longest-serving mayor, surpassing his late father Richard J. Daley’s record of 7,916 days in office. Between father and son, they governed Chicago for 44 of the past 56 years. The Daleys encouraged a robust central business district, development of Millennium Park, expanded rapid transit, and international acclaim for Chicago. However, the Daleys are criticized for political patronage, sale of public assets, massive budget deficit and corruption. This single class will examine the Daleys’ successes, failures, and their legacy.
Date: May 11  Time: 10:00am—12:00pm  Cost: $19.  Instructor: Tim Wilsey, M.A.  Class code: S16312

History and Working of the Supreme Court
Other than establishing it in Article III of the U.S. Constitution, nothing spells out the specific duties, powers, or organization of the Supreme Court. The Constitution left it to Congress and the Justices of the Court to develop the authorities and operations of the entire judicial branch of government. Since 1789, the Supreme Court has had 17 chief justices and more than 100 associate justices. Review the history, structure, rulings, and future of the U.S. Supreme Court.
Dates: May 18, 25, June 1  Time: 10:00am—12:00pm  Cost: $48.  Instructor: Patricia deRosset, J.D.  Class code: S16313

THURSDAY
Presidential Elections
Since 1792, presidential elections are held every four years on a Tuesday between November 2 and 8. Review U.S. presidential election history, some of the more interesting campaigns, the origin of the major political parties and the likely future of our two-party system. Class looks at the alternatives to the way we vote today, possible changes under consideration, a national third party, and how demographics will pay an important role in years to come.
Dates: Feb. 4, 11, 18, 25  Time: 10:00am—12:00pm  Cost: $64.  Instructor: David Diamond, M.A.  Class code: S16401

Historical Mistakes and Blunders
Class reviews decisions that may have changed the course of American and world history. Ask the question, “What if….?” Anticipate lively discussion and challenge to the conventional decisions of history while examining the mistakes that impacted mankind.
Dates: Feb. 4, 11  Time: 1:00—3:00pm  Cost: $35.  Instructor: David Diamond, M.A.  Class code: S16402

Future of the Middle East
The Middle East consists of 16 countries and over 330 million people. The focus of this two session class is to better understand the present issues and challenges facing the region, the successes and failures, the political, economic and religious demands on each nation and the future of the Middle East. Review U.S. involvement and what role we may play in the peace process.
Dates: Feb. 18, 25  Time: 1:00—3:00pm  Cost: $35.  Instructor: David Diamond, M.A.  Class code: S16403
Searching for Marquette
Learn about the life and journey of the 17th-century French Jesuit missionary-explorer, Jacques Marquette, through his journal excerpts, maps and images. His cultural impact on the Midwest was tremendous. Retrace Marquette’s steps in the Great Lakes and Mississippi River regions. Discover Marquette’s encounters and friendships with regional Native American tribes along his route. Examine how Longfellow’s “Song of Hiawatha” and the Capitol’s Statuary Hall elevated Marquette’s status from local explorer to national hero by the early 20th century.
Dates: Feb. 3, 10, 17  Time: 10:00am—12:00pm  Cost: $48  Instructor: Ruth Nelson, M.A.  Class code: S16404

Your Money, Your Retirement
Is there such a thing as a safe investment? What rate of return can I expect to earn? What tax breaks are available to you? Class introduces concepts and strategies to handle day-to-day finances, reduce taxes, and manage investments. Develop a personalized plan to help identify and reach financial goals. Review financial basics, investments, estate planning, health insurance, and various sources of retirement income. Explore the benefits and pitfalls of various investments. Medicare and Social Security rules will be discussed. Dates: March 3, 10, 17  Time: 1:00—3:00pm  Cost: $48  Instructor: Peggy Goddeau, Financial Advisor, and Jan Faris, E.A.  Class code: S16405

Adobe Photoshop
Photoshop introduces students to the basic concepts and skills of image manipulation through the Adobe Photoshop application program. Related vocabulary, workspace, and basic program tools will be reviewed. Work on class assignments in the computer lab. Dates: March 31, April 7, 14, 21, 28  Time: 10:00am—12:00pm  Cost: $80.
Instructor: Georgia Velisaris, M.S.  Class code: S16406

Fiction Writing Workshop
This is a fiction writing workshop for anyone, from beginning to more advanced writers, to hone their craft and gain valuable feedback on their creative writing projects. Emphasis is on in-depth analysis of students’ fiction in a supportive, workshop environment. The class features two “mini-breaks” (on April 14 and May 5) to allow students additional time to write. Unleash your creative writing side and discover your potential. Dates: March 31, April 7, April 21, 28, May 12, 19  Time: 1:00—3:00pm Cost: $96.
Instructor: Clare Walker, D.V.M., M.S.  Class code: S16407

Thriving: The Next Level of Happiness & Meaning
We want to be happy—when we are happy, we’re productive and good at building meaningful relationships with those around us. However, happiness is difficult to define, and by focusing on it too intensely, we can end up feeling unfulfilled. This class identifies what is needed to flourish, thrive, and lead a meaningful life. Explore the difference between happiness and meaningfulness. Review research findings. We will learn exercises that cultivate happiness and give meaning to life.
Dates: May 12, 19, 26  Time: 10:00am—12:00pm Cost: $48  Instructor: Terri Reasoner, Ph.D.  Class code: S16408

Living Alone and Loving It
A quarter of our population is living alone, yet many equate living solo to loneliness. Learn the importance of embracing a freedom of choice. Create an outline for living an intentional life filled with interesting activities, family, friends, and quiet reflection.
Dates: May 26, June 2, 9  Time: 1:00—3:00pm Cost: $48  Instructor: Joann Wesley Hassler, M.A.  Class code: S16410

Art of the Great Cathedrals
The Gothic cathedral tells the story of creation and the human condition through architecture, sculpture and stained-glass windows. Through images of select cathedrals, we will examine the meanings behind these medieval marvels. This class will focus on the cathedrals of France, where the Gothic impulse first emerged.
Dates: June 2, 9, 16  Time: 10:00am—12:00pm Cost: $48  Instructor: Ruth Nelson, M.A.  Class code: S16411