Interested in educating and counseling people on preventative, therapeutic and health promotion concerns? Studying Nutrition & Dietetics at Benedictine will provide you with a powerful foundation in nutrition and health risk assessment, motivation, intervention and evaluation so that you may become a registered dietitian nutritionist and benefit others.

COMPETENCIES

The M.S. in Nutrition and Dietetics program at Benedictine University serves as a portal to a career in health promotion and risk reduction, therapeutic intervention and community education. The program is designed to enable you to demonstrate in-depth knowledge and application of key areas of nutritional science; assess, plan and design health education or training programs for individuals or groups, effectively communicate health education and health promotion, evaluate research and apply critical-thinking skills. Following completion of an accredited 1,200-practice hour Dietetic Internship (DI) program, students can take the Registration Examination for Dietitian Nutritionists to become credentialed Registered Dietitian Nutritionists (national level credentialing).

CURRICULUM

Nutrition and Wellness Foundation – 9 Semester Credit Hours
NUTR 5515 Medical Nutrition Therapy: Advanced Concepts & Outcome Measurement (3)
NUTR 5581 Obesity: Theory & Practice Applications (3)
NUTR 5585 Complementary Nutrition Therapies (3)

Supervised Practice Hours – 14 Semester Credit Hours
NUTR 5578 DI Skills, Practice, Competencies and Professional Issues (2)
NUTR 5589 Dietetic Internship (DI) (12)

Applied Nutrition Research – 12 Semester Credit Hours
• Thesis
  MPH 5011 Biostatistics (3)
  NUTR 5539 Health & Wellness Research Planning (3)
  NUTR 6697 Research I (3)
  NUTR 6698 Research II (3)
• Non-Thesis
  MPH 5011 Biostatistics (3)
  NUTR 5539 Health & Wellness Research Planning (3)
  NUTR 6693 Descriptive Research (3)
  NUTR 6699 Nutrition Capstone (3)
The M.S. in Nutrition and Dietetics program requires 35 semester credit hours of graduate coursework. Students need to complete the degree within 30 months with a 3.000/4.000 GPA and a grade of “B” or better in all coursework.

Students are responsible for securing required textbooks and other resources prior to the start of each course. All tuition fees are due to Benedictine University at the start of each course. Benedictine reserves the right to change tuition, fees, courses and sequencing of courses without notice. Please note that fees are nonrefundable.

FOR MORE INFORMATION, OR TO APPLY
Call toll-free at (877) 353-9622 or visit ben.edu/gradadult

Benedictine has a 30-year history of excellence in nutrition. Our faculty are nutrition and wellness practitioners and have presented research at conferences and clinics nationwide. Our Dietetic Internship program is accredited by the Commission on Accreditation for Dietetics Education of the Academy of Nutrition and Dietetics and has a five-year average of a 95 percent registered dietitian examination pass rate, which is very high in the field.

According to the U.S. Bureau of Labor*, employment of dietitian nutritionists is projected to grow 15% from 2016 to 2026, much faster than the average for all occupations. The role of food in preventing and treating diseases, such as diabetes, is now well known. More dietitians and nutritionists will be needed to provide care for patients with various medical conditions and to advise people who want to improve their overall health.


Why Benedictine?

Admission Requirements

• Bachelor’s or advanced degree from an accredited institution
• 3.0 overall GPA; Didactic Program in Dietetics GPA 3.2
• Minimum academic requirements established by ACEND, as evidenced by a DPD verification statement or intent to complete statement
• Additional coursework in medical nutrition therapy is required when a degree has been completed five or more years prior to internship application

Graduation Requirements

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Career Outlook

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Benedictine University is located in Lisle, Illinois, just 25 miles west of Chicago, and has a branch campus in Mesa, Arizona. Founded as a Catholic university in 1887, Benedictine enrolls nearly 5,000 students in 59 bachelor’s degree programs, 22 master’s degree programs and 4 doctoral programs. Forbes magazine named Benedictine among “America’s Top Colleges” for the eighth consecutive year in 2018. Accredited by the Higher Learning Commission (hlcommission.org).

The Annual Security Report and Annual Fire Safety Report are available at ben.edu/police.

For more information, call the School of Graduate, Adult and Professional Education at (630) 829-2277, toll-free at (877) 353-9622, email nationalenrollment@ben.edu or visit ben.edu/gradadult.

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