Master of Science
Clinical Psychology
Benedictine University
Benedictine University’s Master of Science (M.S.) in Clinical Psychology program provides the coursework, clinical experience and theoretical orientation needed by the student pursuing a career in counseling. The program also prepares students to take the Licensed Professional Counselor (LPC) examination and the Licensed Clinical Professional Counselor (LCPC) examination.

The Master of Science (M.S.) in Clinical Psychology program uses a variety of teaching methods, including case studies in combination with laboratories, to better integrate academic information with practical application. It also requires an internship for further application of learned concepts in the workplace setting.

For more than 30 years, the M.S. in Clinical Psychology program at Benedictine University has been preparing students for careers in counseling, psychotherapy, mental health services and social services for all age groups. The curriculum is continually updated to reflect the most current therapeutic techniques and practices.

The M.S. in Clinical Psychology program consists of an academic and professional education that is grounded in client-centered theory and practice. Benedictine's students are trained in a variety of theoretical perspectives that expand their skills. Extensive field experience in mental health settings is also an essential part of the program. The curriculum prepares students to take the Illinois Licensed Professional Counselor (LPC) examination and the Licensed Clinical Professional Counselor (LCPC) examination. With a superior reputation for preparing students for the workforce, Benedictine's graduates are employed in private practice, public mental health centers, hospitals, residential treatment facilities and social service agencies helping individuals and families. The program partners with the National Board for Certified Counselors to host the National Counselor Examination for Licensure and Certification twice a year, allowing students to take the exam prior to graduation.

The M.S. in Clinical Psychology program is based on the quarter system. There are four, 10-week quarters per year and 90 quarter hour credits are required to graduate. Students have the option to attend full or part time. Classes are offered during the day, in the evening and on weekends.

“I can honestly say that Benedictine's M.S. in Clinical Psychology program was one of the highlights of my life. I feel extremely fortunate to have been accepted into the program. Without exception, the faculty was supportive and helpful, and the foundation of client-centered counseling courses provided invaluable tools for future courses. The blend of younger and returning students was another strength. I feel well prepared for entering this field and am enjoying my work immensely.”

Daniel Frett, counselor at Guided Path Psychological Services, Palatine, Ill., and volunteer at Suicide Prevention Services, Batavia, Ill.
The M.S. in Clinical Psychology program offers students an extensive list of courses from which to choose. The following is a sampling of courses available to students in the program:

- Clinical Interviewing and Diagnostic and Statistical Manual of Mental Disorders
- Principles of Behavior Modification
- Psychology of Women
- Professional, Ethical and Legal Issues in Counseling
- Methods of Research
- Counseling Laboratory
- Stress Management
- Cognitive Therapy
- Addictions and the Family
- Theory and Practice of Counseling and Psychotherapy
- Group Counseling and Psychotherapy
- Research in Counseling and Psychotherapy
- Theory and Practice of Play Therapy with Children
- Human Development: Infancy and Childhood
- Human Sexuality
- Introduction to Art Therapy

Prerequisites

The following three courses are the prerequisites for the MCP program.

- General Psychology
- Abnormal Psychology
- Statistics

Students may begin coursework with a maximum of one prerequisite outstanding. An interview is a requirement of the admissions process.

Courses

Concentrations

Concentrations allow students to develop special expertise in psychological approaches to understand and treat specific populations. Students who choose a concentration complete the core courses required of all M.S. in Clinical Psychology students and a series of classes that allow them to acquire clinical experience relevant to their area of concentration.

Child

From the core courses:

- MCP 646 Human Development: Infancy and Childhood
- MCP 647 Human Development: Adolescence
- MCP 664 Psychological Assessment: Measurement and Test Evaluation

From the elective courses:

- MCP 560 Principles of Behavior Modification
- MCP 650 Introduction to Art Therapy
- MCP 653 Behavior Disorders of Childhood
- MCP 655 Theory and Techniques of Play Therapy with Children

Clinical field placement:

- MCP 690 or 691 Supervised Field Experience in Mental Health in a setting treating children and adolescents

Marriage and Family

From the core courses:

- MCP 550 Addiction and the Family
- MCP 551 Alcohol and Other Substances of Abuse
- MCP 648 Human Development: Adulthood
- MCP 672 Marriage and Family: Systems and Theory
- MCP 673 Workshop in Marital Therapy

From the electives:

- MCP 580 Psychology of Women
- MCP 649 Human Sexuality

Clinical field placement:

- MCP 690 or 691 Supervised Field Experience in Mental Health in a setting treating families and couples
Faculty members in the M.S. in Clinical Psychology program do not simply lecture—they involve you. In the classroom, you will be guided through a learning environment that builds as much on your own experience and understanding as theirs. Most importantly, the faculty at Benedictine is made up of experienced professionals who couple exemplary credentials with up-to-date knowledge, keeping them at the cutting edge of their professions and their disciplines. All faculty are members of the North American Association of Masters in Psychology. The Clinical Psychology core faculty include:

Matthew Glowiak, Ph.D.
Assistant Professor, Clinical Psychology
Ph.D., 2014, Walden University
M.S., 2010, Walden University
B.A., 2005, University of Illinois

Dianne R. Moran, Ph.D.
Associate Professor, Psychology, Clinical Psychology
Ph.D., 1988, University of Notre Dame
M.A., 1984, University of Notre Dame
B.A., 1979, University of Illinois at Chicago

Brian G. Patterson, Ph.D.
Department Chair, Associate Professor, Psychology
Ph.D., 2007, DePaul University
M.A., 2003, DePaul University
B.A., 1990, University of Mount Union

Margaret Salyer, M.S., LCPC
Program Director, Clinical Psychology
M.S., 1996, Benedictine University
B.A., 1971, Northern Illinois University

Patricia Somers, Ph.D.
Instructor, Clinical Psychology
Ph.D., 2009, Walden University
M.A., 1994, Liberty University
B.A., 1972, University of Illinois