

MCP PERSPECTIVE

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Benedictine University

April 2002

DAN STASI OF IMHCA TO SPEAK AT SPRING BREAKFAST

Mr. Dan Stasi, Executive Director of the Illinois Mental Health Counselors Association and Coalition of Illinois Counselor Organizations, will give a presentation at the annual MCP Spring Breakfast to honor our 2001-2002 graduates. The breakfast will held on Saturday, May 4 in the Krasa Center Presentation Room. The event will run from 10:00 a.m. to 12:30 p.m. We will start the meeting with some breakfast refreshments, and Mr. Stasi will present at approximately 11:00 a.m. His presentation will focus on Counselor Licensure in Illinois. He will discuss licenses available and licensure requirements. Under requirements, he will focus on education, practicum, internships, and work experience. Mr.

Stasi will explore the tests required and what those tests cover. Additional areas of information he will provide are changes in licensure law, professional associations, current and recent legislation in this area, and reciprocity of licensure.

Mr. Stasi comes to us with experience in non-profit management for twenty-five years. He is the former executive director of V.O.I.C.E.S. in Action, Family Guidance Centers, and Northbrook Youth Services. He has been engaged in conference planning for over thirty years and organized the Illinois 2001 "Day on the Hill." He is a registered lobbyist in the state on behalf of Illinois counselors and has participated in lobbying efforts in Washington, D.C.

You will not want to miss this

wonderful opportunity to become fully informed on the state of licensure for you in Illinois. We will also be honoring our 2001-2002 graduates at this event. **Please RSVP with Elizabeth Summers (630) 829-6230 to let us know if you will be in attendance.**

Some people think only intellect counts: knowing how to solve problems, knowing how to get by, knowing how to identify an advantage and seize it. But the functions of intellect are insufficient without courage, love, friendship, compassion and empathy.

-Dean Koontz

IMPORTANT DATES

- March 25
Spring classes begin
- March 31
Winter degree conferral
- April 16
Deadline for commencement confirmation
- May 4
Spring Breakfast
- May 10
Last day to withdraw (before 8th class meeting)
- May 13
FP evaluations due
Intent forms due
- May 25
Winter incompletes due
- May 27
Memorial Day; campus closed
- May 28
Cap and gown pickup
- June 2
Spring term ends
- June 1
Commencement

Pioneer Network Latest in Lecture Series

MCP students were invited to attend at no charge the Life Span Services Lecture presented by Rose Marie Fagan of the Pioneer Network. The title of the presentation was "Transforming the Culture of Long-Term Care." Ms. Fagan is the project director of LIFE-SPAN's Nursing Home Culture Change Project. She was named to that position in 1998 and is responsible for helping to make



Rochester, New York a national center of nursing home culture change and recreating nursing homes as places for living, rather than for decline.

The event was held on Thursday, April 18th at the Wyndemere Life Care Facility in Wheaton, Illinois from 9:00 am to 12:00 pm. Ms. Fagan's presentation was followed by a panel discussion with local professionals working with aging clientele.

SUMMER 2002 REGISTRATION NEWS AND UPDATES

MCP 629—Theory and Practice of Counseling and Psychotherapy has been added to the summer 2002 academic schedule. Dr. Alexey Shukin will be teaching this class in a five-week format. The class will meet the first five weeks of the summer term on Tuesdays and Thursdays from 1:30 to 5:00 p.m. This course is a prerequisite for many courses in the MCP curriculum and was added to relieve a demand for the class that is anticipated for the fall term.



MCP 516—Group Process has also been added to the summer schedule. Dr. Karen Meissler will teach the class, and this particular course offering will have a prerequisite of MCP 633. It will meet on Monday evenings from 6:30 to 9:30 p.m.

The Stress Management course (MCP 616) was listed on BenU Live incorrectly. The class will meet on Mondays from 7:00 to 10:00 p.m. It had been incorrectly listed as meeting from 6:30 to 9:30 p.m.

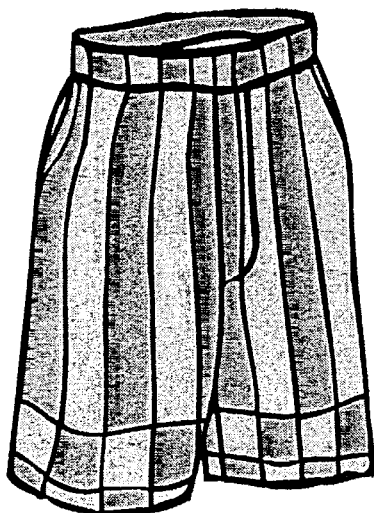
The field placement registrations for summer will be handled a little differently this summer. Anyone wanting to register for MCP 690, 691, 692, or 693 will need to get a pin number from Elizabeth Summers in Ben Hall, room 358. She can also give these numbers over the phone as well. No registrations will be processed without these pin numbers. Elizabeth Summers can be reached at (630) 829-6230 for the numbers or to answer any questions in regard to these new procedures.

Change In Cap and Gown Pickup For 2002

Those students planning to participate in the 2001-2002 graduate commencement this year should have received a packet of information from the Academic Affairs office. In it you will find a schedule of events and other detailed information. That information includes specifics about the picking up of caps and gowns. Pickup begins on Tuesday, May 28th at the Benedictine University bookstore. A big change in gown pickup was announced in that packet, and it bears repeating here. **All financial obligations, including graduation, parking, and library fees, must be settled prior to pick-up of caps and gowns.** If you are not going to pick up your gown until the day of commencement, please call the University to be certain that there is no financial hold on your account. If there is, you will not be allowed to participate in the graduation ceremony.

There can be no transforming of darkness into light and of apathy into movement without emotion.

-Carl Jung



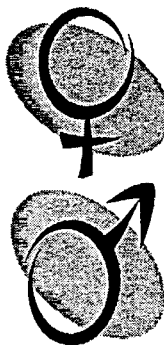
Benedictine Briefs

- Keep a lookout for information on the next field placement orientation meeting. All on placement for the first time in fall 2002 must attend.
 - Don't forget to RSVP for the MCP Spring Breakfast on Saturday, May 4th.
 - Please do not wait until breaks for advising appointments. Usually
- Ms. Salyer is also "on break" at these times. She is currently available for advising appointments on Wednesdays and Thursdays this term.
- We are making plans for upcoming workshops on topics of interest to MCP students. Give us a call with any suggestions. We'd love to hear from you!

Lorraine & Steven Eisenberg To Teach Human Sexuality Class In Fall 2002

Lorraine and Steve Eisenberg have joined the MCP part-time faculty to co-teach MCP 649 – Human Sexuality for the fall 2002 term. The Eisenbergs come to us with extensive clinical backgrounds; both are therapists in private practice working together providing sexual dysfunction therapy. They have had extensive training at the Loyola University Medical Center in Maywood in the Sexual Dysfunction Clinic and have gone through multiple rotations as both sexual dysfunction therapists as well as co-supervisors under the clinical supervision of the clinic's founder and director, Dr. D o m e e n a R e n s h a w . Lorraine practices in Wheaton at Quest Clinical Services in addition to

working as a therapist for Elmhurst Memorial Healthcare at Elmhurst Memorial Guidance Services. She has also provided mental health services at den Oaks and Hinsdale Hospital and is c e n s e d P r o f e s s i o n a l C o u n s e l o r . Steve practices in Hoffman Estates at the Center for Professional Counseling Services while also serving as the Mental Health Treatment Administrator at the Illinois Department of Corrections at the Illinois



Youth Center in Joliet. He has also provided mental health services at both Stateville Correctional Center and the Alexian Brothers Medical Center. His teaching talents as a part-time faculty member have been utilized at Lewis University, and he has recently sat for the LCPC exam. Steve has extensive doctoral level graduate work in clinical psychology. Additionally, Steve has extensive graduate work at the New School for Social Research in NYC.

We are most pleased that Steve and Lorraine have agreed to teach in the MCP program. Be sure to welcome them if you see them or if you enroll in their class.

"Social Services, Respite and Recreation" Next Senior Gap Topic on Thursday, April 25th at Benedictine

Students interested in senior services will want to attend the 'Aging Resources and Services Training Program' titled Social Services, Respite and Recreation! on Thursday, April 25 from 8:30 a.m. to 12 noon in the Krasa Center Presentation Room. The program includes information about social and respite services offered by the Area Agency on Aging, DuPage County Department of Human Services, DuPage Senior Citizens Council, and Metropolitan Family Services. In addition there will be a discussion on ways the National Association of Professional Geriatric Care Managers can help with the coordination of elder care services. And finally, you will see a 30-minute training segment on managing difficult behaviors in clients with dementia and related disorders. There is a \$5.00 fee. All attendees will receive the DuPage County Human Services Senior Citizens Resource Directory. This program is one in a series hosted by the MCP Department and the DuPage County Health Department. For more information contact Margie.

2002-2003 MCP ACADEMIC SCHEDULE UPDATES AND INFORMATION

- MCP 685—Career Counseling, Testing, and Planning will most likely NOT be offered in the spring 2003 term. This course is tentatively scheduled for summer 2003. Students planning to graduate in June of 2003 and have not taken this course, which is required for licensure, should take particular note of this change.
- MCP 648—Human Development: Adulthood will not be offered in the 02-03 academic schedule. MCP 653—Behavior Disorders of Childhood will be offered again in the spring 2003 term.
- MCP 510—The Physiology and Pharmacology of Psychotherapeutic Drugs will be offered in spring 2003 on Wednesday nights.
- And finally, MCP 620—Cognitive Therapy will be NOT be offered in summer 2003. It has been moved to the spring 2003 term.

We will keep you informed of any further changes or of any changes to the changes. As always, feel free to contact the department with any questions.

Benedictine University

April 2002

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A QUOTE FROM CARL ROGERS TO PONDER

The mainspring of creativity appears to be the same tendency which we discover so deeply as the curative force in psychotherapy, man's tendency to actualize himself, to become his potentialities. By this I mean the organic and human life, the urge to expand, extend, develop, mature - the tendency to express and activate all the capacities of the organism, or the self.

-Carl Rogers

ACT NOW FOR WINTER 2003 FIELD PLACEMENTS

ACT NOW for winter field placements. If you have planned to start an internship (MCP 690 or MCP 691) for winter, you must contact the department to set up an interview. Interviews were held in mid-April, and all those who had indicated that they were starting in winter 2003 did not see Dr. Moran or Margie Salyer for the interview process. If you fall into this category, **ACT NOW!**