# Bachelor of Science in Nutrition – Health Education Concentration

## Inquiry Curriculum Requirements

**Basic Skills (12)** Grade of "C" or better required.

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<th>COLLEGE</th>
<th>COURSE</th>
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## Interdisciplinary Seminars (6) Must be completed at BenU

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<th>COLLEGE</th>
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<tbody>
<tr>
<td>BenU</td>
<td>IDS 201</td>
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<tr>
<td>BenU</td>
<td>IDS 301</td>
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## Modes of Inquiry (MI)

### Arts and Humanities (15)

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<th>COLLEGE</th>
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<tbody>
<tr>
<td>BenU</td>
<td>THEO 101</td>
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### Natural Sciences (9)

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### Social Sciences I and II (6)

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## Required Nutrition Foundation Courses

- NUTR 150 Food Service Sanitation 1
- NUTR 241 Nutr Through the Life Cycle 3
- NUTR 244 Food Science 3
- NUTR 245 Food Science Lab 1
- NUTR 251 Nutritional Biochemistry 3
- NUTR 271 Nutrition and Health Education 3
- NUTR 280 Community Health Nutrition 3
- NUTR 298 Cultural Foods Lab 2
- NUTR 345 Science of Nutr and Fitness 3
- NUTR 392 Health Res & Prof Writing (WI) 2

## Required Courses for the Health Education Concentration in the Nutrition major

- MGT 300 Management (WI) 3
- NUTR 246 Experimental Food Lab 1
- NUTR 300 Nutritional Aspects of Disease 4
- NUTR 361 Health Ed & Comm Lab (1) 1
- NUTR 362 Eval of Health Outcomes (1) 3
- NUTR 363 Mgt of Health Initiatives (1) 3
- NUTR 364 Environmental Nutrition (1) 3
- NUTR 368 Health in the Aging Pop (1) 3
- NUTR 366 Health Ed Field Experience (1) 3
- NUTR 393 Health Assessment lab 1

## Additional BenU at Mesa Freshman Course Requirement

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<tr>
<td>BenU</td>
<td>THEO 102</td>
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## Cocurricular (Requirements can be met through MI or major courses)

- □ Global Designation (G)
- □ Sustainability (S)
- □ Writing Intensive (WI)
- □ Writing Intensive (WI)
- □ Writing Intensive (WI)

## Notes:

GRADUATION REQUIREMENT: Students must submit a total of 120 semester credit hours (with a minimum GPA of 2.0 from Benedictine University courses) of which 45 semester credit hours, Including 12 semester hours at the 200 level or above in the major field, must be from Benedictine University.

INQUIRY CURRICULUM REQUIREMENTS: Remaining MI courses must be chosen from classes labeled with appropriate designations in the catalog or course schedule. Some MI requirements are satisfied by major requirements. Substitutions are not allowed after entry.

**BENU at MESA FRESHMAN LEARNING COMMUNITY REQUIREMENTS: Freshmen entering BenU at Mesa complete WRIT S101/S102 and THEO 101 their first semester and SPCH S110 and THEO 102 their second semester to fulfill the learning community requirement.**

**IDS 201, crosslisted with THEO 103, satisfies the third requirement for all BenU at Mesa freshmen.**

## Major Specific Notes:

(Nutrition with Health Education Concentration)

All major and cognate courses required for the major (and Health Education Concentration) must be completed with a grade of "C" or better, including WRIT and SPCH. Students in the Health Education Concentration must maintain a GPA of at least 2.5/4.0 to graduate with the concentration designation on his/her transcript.

(1) These courses are only available on the Mesa, AZ campus.

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6/1/14 wf
Name: ____________________________  Benedictine University at Mesa Checklist
Date: ________________  Freshman Rules
BenU ID #: ___________  2014-2015
Semester of Entry: ____________  Bachelor of Science in Nutrition – Health Education Concentration

**Summary of Evaluation**
*Please consult with your department advisor regarding further evaluation of major credits and remaining major requirements.*

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<tr>
<th></th>
<th>Hours Completed</th>
<th>Hours Remaining</th>
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<tr>
<td>Basic Skills</td>
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<td>Interdisciplinary Seminars</td>
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<td>Arts and Humanities Modes of Inquiry</td>
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<td>Natural Sciences Modes of Inquiry</td>
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<td>Social Sciences Modes of Inquiry</td>
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<tr>
<td>Major</td>
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<tr>
<td>Electives</td>
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<td><strong>TOTAL</strong></td>
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**Summary of Transferable Credit:**
The following semester credit hours will be posted to your transcript

**Minor**
Minors are optional, but recommended. Please see the Benedictine University at Mesa Undergraduate Catalog and the department for specific requirements. List courses taken toward earning a minor:

**General Electives:**
General Elective courses may be necessary to meet the graduation requirement of 120 semester hours. Students may list completed courses below.

**Highest Level of math completed (if applicable):**

**Notes:**

**Residency Requirements:**
Please note the checked boxes that apply to you:

☑ A Minimum total of 120 semester hours are required for graduation (with a minimum cumulative GPA of 2.0 from Benedictine University)

☐ 55 semester credit hours at the baccalaureate level must be completed at a four-year regionally accredited college/university.

☑ At least 12 semester credit hours at the 200 level or above in the major field must be from Benedictine University.

☐ 45 semester credit hours must be completed at Benedictine University

☐ At least 30 of your final 45 semester credit hours must be completed at Benedictine University

☐ At least the last 30 semester credit hours of your undergraduate degree must be completed without interruption at Benedictine University as a degree-seeking student.

**Special Notes:**
1. This checklist is applicable for the major indicated. If a different major is chosen, the requirements for the major, modes and semester credit hours remaining will vary.
2. This checklist is for advising purposes. Students must follow the requirements for graduation as outlined in the University Undergraduate Catalog at their term of entry.
3. Semester credit hours in progress are not included in the totals of this evaluation.
4. Additional semester credit hours will be credited upon the receipt of credentials.
5. Courses must have a grade of "C" or better to be accepted in the Basic Skills and the major or minor area. A grade of "D" or better is required in all other areas, except where program requirements specify otherwise.
6. Duplicate semester credit hours will not be given for repeated courses.
7. Courses taken at Benedictine University may be repeated only at Benedictine University. Please see the catalog for the Course Repeat Policy.
8. Only courses taken at Benedictine University will be included in your GPA.
9. An Approval of Transfer Credit form must be completed for current Benedictine University students to transfer courses from other schools. Please see your advisor.