

Master of Public Health Community Nutrition Concentration

2007-2008 Guide



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College of Education and Health Services
Nutrition Department
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This Master of Public Health (M.P.H.) Community Nutrition Concentration handbook does not replace official University policies or the current Graduate Catalog. This handbook does not constitute legal advice and should not be used as such. You are invited to contact the Dietetic Internship Director, Master of Science in Nutrition and Wellness (M.S.N.W.) Director, or the Nutrition Department Chairperson if you have further questions.

Introduction

Overview of the M.P.H. Program

Benedictine University's Master of Public Health (M.P.H.) program is the second largest in the state of Illinois. It combines the foundation disciplines of public health with a high degree of responsiveness to local needs and changing circumstances. Throughout its offerings, the M.P.H. program seeks to produce graduates who will contribute to meeting the public health and health care needs of tomorrow. To that end, we support the professional qualifications of our students academically, professionally and personally.

Benedictine University's M.P.H. program is the portal to a vast array of health careers. The M.P.H. is a generalist degree that may be applied to a wide range of population-based health concerns. Graduates from this program can be found in a wide variety of leadership roles in many different professional settings including hospitals, independent cardiac rehabilitation programs, agencies, schools, corporations and health clubs. In addition to professional preparation, the program also provides an excellent educational background for those who wish to pursue further study at the doctorate level.

The Benedictine University M.P.H. program prepares highly competent professionals for the rapidly changing world of health and health care. The M.P.H. program is built on a base of core courses that teach the foundations of the public health processes. At its base are the core disciplines of management, statistics and epidemiology. Students

are taught by acknowledged experts in the field. Each course has a conceptual, factual, and skill base. Students learn the disciplines by attaining the knowledge and skills to perform professional functions. Students become broadly educated in the core disciplines of public health, and then concentrate on a specific area of public health that reflect the current needs of the profession as well as emerging trends. Learning at Benedictine combines instructional expertise with individual initiative, creativity, research and field experience so that the adult learner will find the M.P.H. experience a stepping stone to professional success.

The student body of the M.P.H. program is drawn from a wide spectrum of health professionals and those in related disciplines who wish to apply their training to population health as well as entry-level students who are seeking a career in the rapidly evolving health care system. Students are drawn from every age group and many countries. The program benefits from the variety, energy and dedication of its students.

Quality instruction, whether core faculty or adjunct faculty drawn from leaders in their fields, is central to the Benedictine M.P.H. program. Courses are given at convenient times; either one night a week or on successive weekend days so that a student's professional life can continue. Integral to the program is the internship experience. It is not only the capstone of the educational experience, but often a springboard to a new career. Classroom instruction and field experiences are augmented by clubs and interest groups.

Who are Public Health Professionals?

What do they do? The following are sample job titles in the public health field. More information is available at: <http://www.ben.edu/programs/graduate/mph/asp/career.asp>.

- Biomedical Scientists
- Biostatisticians
- Environmental Health Scientists
- Epidemiologists
- Health Care Managers/Administrators
- Maternal and Child Health Specialists
- Nutritionists
- Public Health Practitioners
- Specialists in Health and Social Behavior

Overview of the M.P.H. Community Nutrition Concentration

The Community Nutrition Concentration of the Master of Public Health program is designed for persons whose career aspirations may include nutrition and health education, assessment, planning, program delivery, counseling, outcome evaluation, and program administration. The nutrition courses integrate and apply concepts for individual and group situations across the life cycle. Graduate may be employed in community and care settings, among others.

Option 1 of the Community Nutrition Concentration is targeted for those seeking a deeper understanding of the science of nutrition, but not seeking registration status as a dietitian. This option is designed to complement and expand the knowledge and experience

base of health care professionals, such as physicians, nurses, and current registered dietitians. For more information, please visit:

<http://www.ben.edu/nutrition/MPHcommnutr.html>, or contact Dr. Deepa Handu, M.S.N.W Director, at (630) 829-6528 or dhandu@ben.edu.

Option 2 of the Community Nutrition Concentration for persons who wish to become registered dietitians. Applicants must *already* have earned a Didactic Program in Dietetics (DPD) Verification Statement from a program accredited by CADE prior to program start and be *separately* admitted to the Benedictine University Dietetic Internship in order to pursue this concentration option.

Overview of the Dietetic Internship Program

This Dietetic Internship is currently granted accreditation by the Commission on Accreditation for Dietetics Education (CADE) of The American Dietetic Association (ADA), 120 South Riverside Plaza, Suite 2000, Chicago, Illinois 60606-6995, (312) 899-0400. The program is a *combined* master degree dietetic internship. Thus, students work towards both the Dietetic Internship Verification Statement *and* a degree in either Master of Science in Nutrition and Wellness (M.S.N.W.) or Master of Public Health (M.P.H).

Although students will gain a solid practice experience base in medical nutrition therapy and management, through unique site rotations our program is designed to provide a strong community education emphasis, with a lifespan focus. This Dietetic Internship

program has a community emphasis, exposing the intern to a vast scope of available career options. Internship sites include both traditional and non-traditional settings, most of which are located in or near the Western suburbs of Chicago. The dietetic internship provides over 1,000 practice hours of supervised field placement in community, health care, and management organizations.

This program is designed for those persons whose career aspirations may include nutrition and health education assessment, planning, program delivery, counseling, outcome evaluation, and program administration in community, school, outpatient, corporate wellness, and private practice settings.

The Benedictine University Dietetic Internship program is designed as a future-orientated, comprehensive, dynamic program - that is interdependent with the surrounding community. Leadership skills are fostered, cooperative learning from peers and mentors is encouraged, and self-responsibility is stressed. Benedictine University strives to develop an academic community that supports each person in the pursuit of knowledge, personal development, and a life lived in balance. Our hope is to stir within each intern, the hopes, dreams, and passions to become the best they are able... to make a positive difference in the lives of others... to continue to learn and develop for the rest of their lives. This program, as part of Benedictine University, prepares its students for a lifetime, as active, informed, and responsible citizens and leaders of the dietetics and world communities.

The dietetic internship program accepts 12 dietetic interns annually, and participates in the April match period. Benedictine University students and alumni qualify to apply for an approved pre-match option; six of the 12 annual slots may be filled during the December pre-match period.

For more information about our combined Master of Public Health Dietetic Internship program option, visit our comprehensive academic web site at www.ben.edu/nutrition or contact Julie Moreschi, Dietetic Internship Director, via e-mail jmoreschi@ben.edu or phone at (630) 829-6548.

Educational Goals of the M.P.H. Program

The required core courses in the M.P.H. program are designed to provide students with a broad range of competencies. The M.P.H. degree is designed to enable students to:

1. Search literature in order to assemble information on public health and health care problems.
2. Read and interpret basic epidemiological information and be able to apply it to selected situations.
3. Describe basic management structures in use in health care and business communities and evaluate them in relation to an organization's mission.
4. Perform basic statistical tests, and recommend and interpret the results of these tests in selected areas.
5. Assess community for health problems, sufficiency of services, health care and health education needs.
6. Assemble and deliver reports on public health, health promotion and

health care problems and recommend steps to be taken.

7. Describe and evaluate the problems and prospects of the current health care system in light of past experience and current options.
8. Describe, analyze and recommend ethical alternatives to selected problem situations in public health.
9. Recommend marketing strategies for selected programs in public health and health care.
10. Describe selected health policies in their political and legal dimensions.
11. Describe the challenges to our environment and recommend how selected problems may be addressed at the local level.
12. Describe cultural differences among selected populations and recommend appropriate public health policies to address them.

Goals and Learning Objectives of the Dietetic Internship (Option 2)

General Learning Goals for the Dietetic Intern:

Through coursework and active learning experiences appropriate for entry-level practitioners, dietetic interns:

- Build upon the general knowledge and skills earned in the Didactic Program in Dietetics (DPD) to critically analyze, integrate, and interrelate the principles of nutrition with related disciplines (e.g., physiology, pathophysiology, biochemistry, health, business, educational psychology, etc.) in a dynamic health care environment.
- Develop high order problem solving and critical thinking skills in the discipline of nutrition.
- Build upon the principles of health behavior and behavior change to

plan, develop, manage, and evaluate educational programs appropriate for target populations in community and other settings.

- At all times, strive to demonstrate high standards of professional performance, including adherence to the professional Code of Ethics and Standards of Practice.

Learning Objectives for the Dietetic Internship Program:

Dietetic Internship practice experiences build upon the *required* coursework of the M.S.N.W. or M.P.H. program. Each graduate program has a distinct set of student learning objectives.

The Benedictine University Dietetic Internship program has a community emphasis, and is designed so the student will meet the specific practice competencies outlined by the Commission on Accreditation for Dietetics Education (CADE) of The American Dietetic Association (ADA). The student learning outcomes include:

1. Students will demonstrate the ability to communicate effectively in individual and group settings.
2. Students will demonstrate the ability to conduct high quality nutrition assessment and outcome plans for their clients.
3. Students will demonstrate their understanding of various management concepts and functions.
4. 100% of students will demonstrate the ability to apply research principles.

These are elaborated at:

<http://www.ben.edu/nutrition/www.dio/utcomes.pdf>

Program Goals for the Dietetic Internship Program:

The Dietetic Internship program goals are:

1. The Dietetic Internship will prepare highly qualified Registered Dietitians.
2. The Dietetic Internship will prepare graduates who demonstrate professionalism.
3. The Dietetic Internship will prepare graduates to effectively provide nutrition education and counseling to individuals/groups.

Program Requirements

The Master of Public Health (M.P.H.) program has major components:

- A Public Health core.
- Concentration coursework.
- Internship

Public Health Core courses

Introduction to Statistical Analysis (4)
(Note: undergraduate course may be accepted as meeting requirement at discretion of director)
Health Behavior (4)
U.S. Health Care Systems (4)
Ethical & Political Issues (4)
Epidemiology (4)
Environmental Health (4)
Meth of Research in Public Health (4)
Community Health Analysis (4)
Organizational Behavior (4)

Option 1: Community Nutrition Concentration [with Public Health Internship]

Public Health Education Methods (4)
Advanced Human Nutrition (4)
Obesity: Theory and Practice (4)
12 additional hours of NTR or MPH courses selected in consultation with your advisor.
Public Health Internship (6)

Option 2: Community Nutrition Concentration [with Dietetic Internship]

A grade of a "B" or better is required in each course in this concentration. Satisfactory completion is required to receive the Dietetic Internship (DI) Verification Statement.

Public Health Education Methods (4)
Nutrition Counseling (2)
Advanced Human Nutrition (4)
MNT Adv Concepts & Outcomes (4)
Obesity: Theory and Practice (4)
Case Studies in Dietetics (1)
Portfolio and Professional Issues (3)
Nutrition & Health Research Planning
[replaces Methods of Research in Public Health] (4)
Nutrition Research Interpretation (1)
Nutrition Thesis (3)
Dietetic Internship (10)

M.S.N.W./M.P.H. Dual Degree Program Option

The MSNW/MPH dual degree integrates an applied foundation of the science of health promotion with community health processes. This option requires *separate* application and admission to each degree program and the completion of all requirements for both degrees.

The MSNW/MPH program requires a minimum of 96 credits. The MSNW program director serves as the Dual Degree Advisor.

Dual Degree Curriculum: MSNW & MPH, with Dietetic Internship Concentration

Combined MSNW & MPH Cores (64)

MPH 511 Intro to Health Statistics (4)
MPH 601 Health Behavior (4)
MPH 602 U.S. Health Care Systems (4)
MPH 603 Ethical & Political Issues (4)

MPH 604 Epidemiology (4)
MPH 605 Environmental Health (4)
MPH 607 Comm Health Analysis (4)
MGMT 530 Organizational Behavior (4)
NTR 511 Nutr & Health Education (4)
NTR 614 Adv Human Nutrition (4)
NTR 621 Obesity: Theory & Practice (4)
NTR 625 Compl & Alternative Nutr (4)
NTR 629 Nutr & Health Res Plan (4)
NTR 684 Program Dev & Admin (4)
NTR 691 Nutr & Health Res Interp (1)
NTR 692 Nutrition Thesis (3)
Elective: NTR courses (4)

MPH Community Nutrition Option 2/
NTR Concen: Dietetic Internship (24)
MPH 632 Public Health Educ Meth (4)
NTR 595 Nutrition Counseling (2)
NTR 615 MNT Adv Conc & Msrmt (4)
NTR 622 Case Studies in Dietetics (1)
NTR 624 Portfolio and Prof Issues (3)
NTR 689 Dietetic Internship (10)

Additional MPH or NTR Electives (8)

Sample Course Sequences

M.P.H. Core + Option 2: Dietetic Internship ¹

fall

NTR 629, Nutr & Health Research Plan (4)
NTR 614, Adv Human Nutrition (4)
NTR 615, MNT Adv Concepts (4) ²
NTR 689, Dietetic Internship (1-3) ³

spring

NTR 595, Adv Nutr Counseling (2)
NTR 622, Case Studies in Dietetics (1)
MPH 632, Public Health Educ Methods (4)
NTR 689, Dietetic Internship (1-3) ³
NTR 692, Nutrition Thesis (1)

fall

MPH 604, Epidemiology (4)
MGMT 530, Organizational Behavior (4)
NTR 689, Dietetic Internship (1-3) ³
NTR 692, Nutrition Thesis (1)

spring

MPH 607, Community Health Analysis (4) ⁴

winter

MPH 602, US Health Care Systems (4)
NTR 621, Obesity (4)
NTR 689, Dietetic Internship (1-3) ³
NTR 692, Nutrition Thesis (1)

summer

MPH 601, Health Behavior (4)
NTR 624, Portfolio Dev & Prof Issues (3)
NTR 691, Nutr & Health Research Analysis (1)

winter

MPH 603, Ethical & Political Issues (4)
MPH 605, Environmental Health (4)

Notes:

1. This concentration is by separate application only. You must complete the program at this "full-time" pace during the internship. (Note: full-time status is 9 credit hours)
2. NTR 615 is taken as an "accelerated early fall" term course, to be completed in the month prior to the start of the regular fall quarter (i.e., late August through end of September).
3. Dietetic Interns must consult with the Dietetic Internship Director to determine the correct number of NTR 689 credits per term on a term-by-term basis. It varies based on site assignment. A total of 10 NTR 689 credits must be completed with a grade of "B" or better.
4. Due to the capstone nature of the project in MPH 607, this course should be the last course taken in the program.

This is a tentative schedule and based on the schedule posted as of August 2007. The advisor or students may move courses within the schedule to meet their needs or adjust to a course schedule change. Program directors may adjust the schedule according to student needs or instructor availability; however, we try to project an accurate one year schedule in advance. *Students are responsible for assuring that they meet their graduation requirements.*

Dual Degree: M.S.N.W. & M.P.H. Core + Option 2: Dietetic Internship ¹

fall

NTR 629, Nutr & Health Research Plan (4)
NTR 614, Adv Human Nutrition (4)
NTR 615, MNT Adv Concepts (4) ²
NTR 689, Dietetic Internship (1-3) ³

spring

NTR 595, Adv Nutr Counseling (2)
NTR 622, Case Studies in Dietetics (1)
NTR 625, Complementary and Alt Nutr (4)
NTR 689, Dietetic Internship (1-3) ³
NTR 692, Nutrition Thesis (1)

fall

MPH 602, US Health Care Systems (4)
MPH 604, Epidemiology (4)
NTR 684, Program Dev & Admin (4)
NTR 689, Dietetic Internship (1-3) ³
NTR 692, Nutrition Thesis (1)

spring

MPH 607, Community Health Analysis (4) ⁴
MPH 632, Public Health Educ Methods (4)

winter

NTR 511, Nutrition & Health Educ (4)
NTR 621, Obesity (4)
NTR 689, Dietetic Internship (1-3) ³
NTR 692, Nutrition Thesis (1)

summer

MPH 601, Health Behavior (4)
NTR 624, Portfolio Dev & Prof Issues (3)
NTR 691, Nutr & Health Research Analysis (1)
NTR elective (4) ⁵

winter

MPH 603, Ethical & Political Issues (4)
MPH 605, Environmental Health (4)
MGMT 530, Organizational Behavior (4)

summer

NTR or MPH elective (4) ⁵
NTR or MPH elective (4) ⁵

Notes:

1. This concentration is by separate application only. You must complete the program at this “full-time” pace during the internship. (Note: full-time status is 9 credit hours)
2. NTR 615 is taken as an “accelerated early fall” term course, to be completed in the month prior to the start of the regular fall quarter (i.e., late August through end of September).
3. Dietetic Interns must consult with the Dietetic Internship Director to determine the correct number of NTR 689 credits per term on a term-by-term basis. It varies based on site assignment. A total of 10 NTR 689 credits must be completed with a grade of “B” or better.
4. Due to the capstone nature of the project in MPH 607, this course should be the last course taken in the program.
5. Consider taking the courses for the Benedictine University Sports Nutrition Certificate! Once you pass your R.D. exam the certificate will be awarded since you were a dietetic intern who successfully completed our program.

This is a tentative schedule and based on the schedule posted as of August 2007. The advisor or students may move courses within the schedule to meet their needs or adjust to a course schedule change. Program directors may adjust the schedule according to student needs or instructor availability; however, we try to project an accurate one year schedule in advance. *Students are responsible for assuring that they meet their graduation requirements.*

M.P.H. Core + Option 1: Community Nutrition

fall

MPH 511, Introduction to Statistical Analysis (4)
NTR 614, Adv Human Nutrition (4)

winter

MPH 602, US Health Care Systems (4)
NTR 621, Obesity (4)

spring

MPH 603, Ethical & Political Issues (4)
NTR or MPH elective (4)

summer

MPH 601, Health Behavior (4)
MPH 606, Meth of Research in Public Health (4)

fall

MPH 604, Epidemiology (4)
NTR or MPH elective (4)

winter

MPH 605, Environmental Health (4)
MGMT 530, Organizational Behavior (4)

spring

MPH 632, Public Health Educ Methods (4)
MPH 607, Community Health Analysis (4)[†]

summer

MPH 690, Public Health Internship (6)
NTR or MPH elective (4)

Notes:

5. Due to the capstone nature of the project in MPH 607, this course should be the last course taken in the program.

This is a tentative schedule and based on the schedule posted as of August 2007. The advisor or students may move courses within the schedule to meet their needs or adjust to a course schedule change. Program directors may adjust the schedule according to student needs or instructor availability; however, we try to project an accurate one year schedule in advance. *Students are responsible for assuring that they meet their graduation requirements.*

Course Descriptions

Nutrition (NTR) Courses

NTR 500* (4), Exercise Physiology. Study of the cardiorespiratory and neuromuscular systems and how they respond and adapt to exercise. Other topics are body composition, endocrine/hormonal responses to exercise, environmental physiology (effects of temperature and pressure), exercise and aging, and gender differences. Prerequisites: anatomy or physiology. (Cross-listed EXPH 500.)

NTR 511 (4), Nutrition and Health Education. Theoretical foundation and applications of nutrition and health behavior theories.

NTR 512 (4), Nutrition and Public Health. In this course, human nutritional needs, food choices, cultural patterns, and public health applications are studied. (Cross-listed MPH 612.)

NTR 519 (2), Sports Nutrition for Health. The course discusses the biochemical and physiological rationale for optimal nutrient intake for exercise. Applications include exercises of varying intensity and duration, training and recovery periods, and various sports. Prerequisites: physiology, biochemistry, and a basic nutrition course.

NTR 521* (2), Fitness Testing Lab. Laboratory and field-based testing of selected physiological parameters of the human. Exercise leadership principles and skills are emphasized. (Cross-listed EXPH 521.)

NTR 522* (2), EKG Lab. Practice in the measurement and interpretation of the

12-lead EKG: normal, changes with disease, changes with exercise and stress testing. Prerequisite NTR/EXPH 521. (Cross-listed EXPH 522.)

NTR/NUTR 542* (4/3), Applied Nutritional Physiology. A physiological and biochemical examination of the impact of lifestyle factors (e.g., nutrient excesses and deficiencies, exercise, stress) on disease processes associated with Syndrome X. Prerequisites: basic nutrition, biochemistry and physiology courses.

NTR 560* (4), Advanced Cardiovascular and Respiratory Physiology. In depth study of the normal functioning of the cardiovascular and respiratory systems. Emphasis is placed on the acute effects of exercise as well as the adaptations that occur as a result of exercise. (Cross-listed EXPH 560.)

NTR 591* (4), Exercise Biochemistry and Metabolism. Principles of biochemistry and metabolism of biomolecules as they pertain to rest and exercise. Interconversion of nutrients and their usage, integration of hormones and their metabolic effects in each organ system will be emphasized.

NTR 595 (2), Nutrition Counseling. Interviewing methods and counseling skill development, techniques, and issues. Incorporates principles of ethics, outcome measurements, and reimbursement. Prerequisites: advanced nutrition course; credit or registration in NTR 511, MPH 601, or MPH 632 (or health/nutrition education course).

NTR 600 (1-4), Independent Study. Arranged on a specific topic by teaching/learning contract with instructor. Prerequisite: Dept Consent.

NTR 614 (4), Advanced Human Nutrition. This class will provide students with an in-depth study of the metabolism of carbohydrate, fat, protein, vitamins, and minerals. An understanding of action and interaction of nutrients with other micronutrients as well as macronutrients and metabolic consequences will be stressed. Emphasis on providing understanding of research methodology in nutrition using the current literature in the field will also be discussed. Prerequisites: physiology, biochemistry, & basic nutrition course. (Cross-listed NUTR 390 and MPH 614).

NTR 615 (4), Medical Nutrition Therapy Advanced Concepts and Outcome Measurement. Application of clinical assessment techniques, data gathering methods, care planning, and documentation for patients with complex disease states. Use of waived point of care techniques will be taught and require student demonstration of competence. Critical analysis and application of current issues in the clinical nutrition case arena. Student skill in gathering and applying information from a variety of sources is enhanced. Requirements related to patient confidentiality and professional conduct are emphasized. Transportation is required, as off-campus site is utilized. Prerequisite: Instructor Consent.

NTR 620 (4), Nutrition in Women's Health. Examination of the impact of nutrition on physiological changes in women's health and nutrition, including the use of functional foods. Explores issues throughout the life cycle,

including eating disorders, pregnancy and lactation, menopause, osteoporosis, heart disease, and cancer. Prerequisites: physiology, biochemistry & nutrition. (Cross-listed MPH 620.)

NTR 621 (4), Obesity: Theory & Practice Applications. Discussion of the etiology, physiological, pathophysiological, and psychological impacts, and multidisciplinary assessment and treatment modalities of obesity for persons throughout the life cycle. Prerequisites: physiology, biochemistry, and an advanced nutrition course. (Cross-listed MPH 621.)

NTR 622 (1), Case Studies in Dietetics Seminar. Uses case study approach for exploration of medical nutrition therapy, community, and counseling issues. Prerequisite: registration in NTR 689 or Instructor Consent.

NTR 623* (3) Graded Exercise Testing. Exercise testing and prescription. Consideration of the implication of exercise for persons in rehabilitative programs. Experience in writing and implementing individualized exercise prescriptions, performing stress testing, and understanding the contraindications involved in these actions. Prerequisite NTR/EXPH 522. (Cross-listed EXPH 623.)

NTR 624 (3), Portfolio and Professional Issues in Nutrition Services Management. This course focuses on professional development, self-evaluation, and goal-setting. Legislative and public policy issues are addressed as they impact dietetics. Students are introduced to the ADA Professional Development system. Test taking strategies and sample test questions related to the ADA Registration Exam

are introduced to the students. As an outcome of the course, students will develop a professional portfolio, including a plan for life-long learning. Prerequisite: concurrent registration in NTR 689 or Instructor Consent.

NTR 625 (4), Complementary and Alternative Nutrition. Scientific examination of the use, mechanisms of action, efficacy, side effects, and practical recommendations for food and herbal complementary and alternative therapies. Prerequisites: physiology, biochemistry, & adv nutrition course.

NTR 629 (4), Nutrition and Health Research Planning. Principles and application of the research process, as applied to nutrition, with a focus on community-based research and evaluating outcomes of health educational programs. Prerequisites: statistics, advanced nutrition course.

NTR 630 (4), Science of Sports Nutrition. The course examines the metabolic and physiologic basis for macronutrient and micronutrient recommendations during training, competition/performance, and recovery. Includes disease applications and case studies. Prerequisites: physiology, biochemistry, and a nutrition course.

NTR 631 (2), Nutrition for Elite Athletes. A case study approach to assess unique needs and nutritional concerns, and design nutrition strategies for training and performance in elite athletes. Includes ergogenic aids. Prerequisite: NTR 630.

NTR 632 (2), Counseling for Disordered Eating in Sports. Use of case studies to focus on the identification of eating disorders, assessment of impact on

performance, and nutrition counseling strategies. Prerequisite: NTR 519 or 630.

NTR 639 (3 or 6), Sports Nutrition Internship. Applied experiences in sports nutrition. Activities are designed to include body composition assessment and evaluation of needs and status of individuals and groups, development of nutrition strategies for varied conditions, and client education. Off-campus; transportation and malpractice insurance are required. May register for two sections concurrently. Must request placement 3 months in advance. May be repeated for credit. Not available until 2008. Prerequisite: RD and consent of MSNW program director.

NTR 664* (4), Special Populations. Basic assessment and treatment of special populations – such as adolescents, geriatric patients and those with neuromuscular disorders – and diabetes, pulmonary, renal or orthopedic problems. Prerequisite: NTR/EXPH 662. (*Cross-listed EXPH 664.*)

NTR 684 (4), Program Development and Administration. Policies and procedures for the development of all phases of wellness programs with special emphasis on budgets, management, and evaluation. Prerequisites: NTR 621 and 629; and NTR 511, MPH 601 or MPH 632.

NTR 685 (1-6), Applied Program Evaluation. Practical application in health program assessment, planning, delivery, data collection and analysis, and outcomes evaluation. Final credit is to complete Thesis and Oral Defense. Can be repeated for credit. May register for multiple sections in the same term. Prerequisite: NTR 684, statistics, and Instructor Consent.

NTR 689 (1-4), Dietetic Internship. Supervised field placement in community education, health care, and management organizations. To be taken to total the 10 credits required for the M.S.N.W. or M.P.H. degree and to meet 1,014 clock-hour requirement for ADA Internship Verification Statement. May be repeated for credit. May be enrolled in multiple sections of the course simultaneously. Prerequisites: completion of DPD, separate acceptance into Dietetic Internship program, and Instructor Consent.

NTR 691 (1), Nutrition and Health Research Analysis. In this workshop style course, each student will utilize statistical software to analysis his/her own thesis data and write the results chapter of his/her thesis. Students are expected to have completed data collection and input prior to the start of the course. Prerequisite: NTR 629.

NTR 692 (1-3), Nutrition Thesis. Development and completion of written thesis for original nutrition research. Research is conducted under the supervision of a Nutrition Department faculty member or program director. Oral defense. To be repeated for credit until the thesis is successfully defended. Prerequisite: Instructor Consent.

Other planned nutrition course offerings will include Applied Statistical Analysis, Pediatric Nutrition, Geriatric Nutrition, and Developing Tests and Measurement Tools.

Note: NTR and MPH courses are offered in the 10-week quarter terms, with the following exceptions: NUTR and NTR exercise physiology courses (marked with an asterik) are offered in the 16-week semester terms.

Public Health Courses:

MGMT 530 (4). Organizational Behavior . A course focusing on the effects of organizational variables on individual and group behavior. This course addresses the theory and practice of organization behavior as it relates to the individual, effective team building, conflict management, and resolution, and the negotiation of legal and psychological contracts. The course also takes a look at the broader aspect of organizational culture and its impact on today's manager. Students learn how to use concepts in the traditional workplace as well as the virtual workplace.

MPH 511 (4). Introduction to Health Statistics. Basic statistical concepts including frequency distribution, central tendency variability, normal curve, and product moment correlation. Consideration of group analysis via parametric and non-parametric methods. Prerequisite: Algebra or equivalent.

MPH 601 (4). Health Behavior. This course provides an overview of social, psychological and biological determinants of human health behavior and behavior change methods.

MPH 602 (4). U.S. Health Care System. A multidisciplinary examination of various aspects of health care organizations in the U.S. It explores government and economic influences on the system.

MPH 603 (4). Ethical and Political Issues. This course focuses on the ethical and political dimensions of public health and health care organizations and professions. Prerequisite: MPH 602.

MPH 604 (4). Epidemiology. This course analyzes chronic and communicable disease patterns in the U.S. and the world. It covers the epidemiological triad and other models, preventive health and medicine, disease in history and civilization and the study of epidemiological statistical methods.

MPH 605 (4). Environmental Health. The health implications of human relationships to the biosphere are examined as well as the effect of environmental change upon physical, biological and social patterns. Alternative solutions for environmental problems are explored.

MPH 607 (4), Community Health Analysis. This course focuses on the factor in the analysis of health needs in communities, leading to proposals for solutions. It involves field work and utilization of research skills. This course should be taken after the completion of core courses. Prerequisites: MPH 511 or MBA 541; MPH 601, MPH 602, MPH 603, MPH 604, MPH 605, and MPH 606 (or permission).

MPH 632 (4), Public Health Education Methods. Techniques encouraging behavior change through education methods used in various settings are covered in this course. It combines education theory with practical application. Prerequisites: MPH 601 and two courses from among MPH 612-622.

**BENEDICTINE UNIVERSITY CHECKLIST FOR
 MASTER OF PUBLIC HEALTH
 COMMUNITY NUTRITION CONCENTRATION: OPTION 1
 (2007-2008 Academic Year)**

DATE _____
 TERM OF ENTRY _____

NAME _____ PHONE _____

BU ID# _____ ADVISOR _____

PRE-REQUISITE COURSES

| School | Term | Grade | Course Number and Name |
|--------|-------|-------|---------------------------|
| _____ | _____ | _____ | Basic Nutrition (____) |
| _____ | _____ | _____ | Advanced Nutrition (____) |
| _____ | _____ | _____ | Physiology (____) |
| _____ | _____ | _____ | Biochemistry (____) |

GRADUATION REQUIREMENT: Students must complete courses with a minimum G.P.A. of 3.0 from Benedictine University courses. All courses in the core must be completed with a grade of a "B" or better.

MASTER OF PUBLIC HEALTH CORE (36 QUARTER HOURS)

| Term | Grade | Course Number and Name |
|-------|-------|---|
| _____ | _____ | MPH 601 (4) Health Behavior |
| _____ | _____ | MPH 602 (4) U.S. Health Care Systems |
| _____ | _____ | MPH 603 (4) Ethical & Political Issues in Public Health |
| _____ | _____ | MPH 604 (4) Epidemiology |
| _____ | _____ | MPH 605 (4) Environmental Methods |
| _____ | _____ | MPH 606 (4) Methods of Research in Public Health |
| _____ | _____ | MPH 607 (4) Community Health Analysis |
| _____ | _____ | MPH 511 (4) Statistics |
| _____ | _____ | MGMT 530 (4) Organizational Behavior |

CONCENTRATION: COMMUNITY NUTRITION (24)

| | | |
|-------|-------|---|
| _____ | _____ | MPH 632 (4) Public Health Education Methods |
| _____ | _____ | NTR 614 (4) Advanced Human Nutrition |
| _____ | _____ | NTR 621 (4) Obesity: Theory and Practice |
| _____ | _____ | NTR (____) |
| _____ | _____ | NTR (____) |
| _____ | _____ | NTR (____) |
| _____ | _____ | NTR (____) |
| _____ | _____ | MPH (____) |
| _____ | _____ | MPH (____) |
| _____ | _____ | MPH (____) |
| _____ | _____ | MPH (____) |
| _____ | _____ | MPH (____) |

INTERNSHIP IN PUBLIC HEALTH: MPH 690 (6)

| | | |
|-------|-------|---------------------------|
| _____ | _____ | MPH 690 (____) Internship |
| _____ | _____ | MPH 690 (____) Internship |

**BENEDICTINE UNIVERSITY CHECKLIST FOR
 MASTER OF PUBLIC HEALTH
 COMMUNITY NUTRITION CONCENTRATION: OPTION 2 (DIETETIC INTERNSHIP)
 (2007-2008 Academic Year)**

DATE _____
 TERM OF ENTRY _____

NAME _____ PHONE _____

BU ID# _____ ADVISOR _____

PRE-REQUISITE COURSES

| School | Term | Grade | Course Number and Name |
|--------|-------|-------|---|
| _____ | _____ | _____ | DPD Verification Statement _____ |
| _____ | _____ | _____ | Statistics (____) _____ |
| _____ | _____ | _____ | Physiology (____) _____ |
| _____ | _____ | _____ | Biochemistry (____) _____ |
| _____ | _____ | _____ | Course Containing Research Principles rec. (____) _____ |

GRADUATION REQUIREMENT: Students must complete courses with a minimum G.P.A. of 3.0 from Benedictine University courses. All courses in the core must be completed with a grade of a "B" or better. All courses in the Dietetic Internship concentration and NTR 689 must be completed with a grade of a "B" or better.

MASTER OF PUBLIC HEALTH CORE (32 QUARTER HOURS)

| Term | Grade | Course Number and Name |
|-------|-------|---|
| _____ | _____ | MPH 601 (4) Health Behavior |
| _____ | _____ | MPH 602 (4) U.S. Health Care Systems |
| _____ | _____ | MPH 603 (4) Ethical & Political Issues in Public Health |
| _____ | _____ | MPH 604 (4) Epidemiology |
| _____ | _____ | MPH 605 (4) Environmental Methods |
| _____ | _____ | MPH 607 (4) Community Health Analysis |
| _____ | _____ | MPH 511 (4) Statistics |
| _____ | _____ | MGMT 530 (4) Organizational Behavior |

CONCENTRATION: DIETETIC INTERNSHIP (30)

| | | |
|-------|-------|---|
| _____ | _____ | NTR 595 (2) Advanced Concepts in Nutrition Counseling |
| _____ | _____ | NTR 614 (4) Advanced Human Nutrition |
| _____ | _____ | NTR 615 (4) MNT Advanced Concepts and Outcome Measurement |
| _____ | _____ | NTR 621 (4) Obesity: Theory and Practice |
| _____ | _____ | NTR 622 (1) Case Studies in Dietetics |
| _____ | _____ | NTR 624 (3) Portfolio and Professional Issues |
| _____ | _____ | NTR 629 (4) Nutrition and Health Research Planning |
| _____ | _____ | NTR 691 (1) Nutrition and Health Research Interpretation |
| _____ | _____ | NTR 692 (1) Nutrition Thesis |
| _____ | _____ | NTR 692 (1) Nutrition Thesis |
| _____ | _____ | NTR 692 (1) Nutrition Thesis |
| _____ | _____ | MPH 632 (4) Public Health Education Methods |

DIETETIC INTERNSHIP: NTR 689 (10)

| | | |
|-------|-------|------------------------------------|
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |

**BENEDICTINE UNIVERSITY CHECKLIST FOR
DUAL DEGREE M.S.N.W. & M.P.H.
CONCENTRATION: DIETETIC INTERNSHIP
(2007-2008 Academic Year)**

DATE _____
TERM OF ENTRY _____

NAME _____ PHONE _____

BU ID# _____ ADVISOR _____

PRE-REQUISITE COURSES

| School | Term | Grade | Course Number and Name |
|--------|-------|-------|---|
| _____ | _____ | _____ | DPD Verification Statement _____ |
| _____ | _____ | _____ | Statistics (____) _____ |
| _____ | _____ | _____ | Physiology (____) _____ |
| _____ | _____ | _____ | Biochemistry (____) _____ |
| _____ | _____ | _____ | Course Containing Research Principles rec. (____) _____ |

GRADUATION REQUIREMENT: Students must complete courses with a minimum G.P.A. of 3.0 from Benedictine University courses. All courses in the core must be completed with a grade of a "B" or better. All courses in the Dietetic Internship concentration and NTR 689 must be completed with a grade of a "B" or better.

COMBINED MASTER OF PUBLIC HEALTH & NUTRITION AND WELLNESS CORES (64 QUARTER HOURS)

| Term | Grade | Course Number and Name |
|---|-------|--|
| _____ | _____ | MPH 601 (4) Health Behavior |
| _____ | _____ | MPH 602 (4) U.S. Health Care Systems |
| _____ | _____ | MPH 603 (4) Ethical & Political Issues in Public Health |
| _____ | _____ | MPH 604 (4) Epidemiology |
| _____ | _____ | MPH 605 (4) Environmental Methods |
| _____ | _____ | MPH 607 (4) Community Health Analysis |
| _____ | _____ | MPH 511 (4) Statistics (normally meet through pre-requisites) |
| _____ | _____ | MGMT 530 (4) Organizational Behavior |
| _____ | _____ | NTR 614 (4) Advanced Human Nutrition |
| _____ | _____ | NTR 621 (4) Obesity: Theory and Practice Applications* |
| _____ | _____ | NTR 625 (4) Complementary and Alternative Nutrition |
| _____ | _____ | NTR 684 (4) Program Development and Administration |
| _____ | _____ | NTR 629 (4) Nutrition and Health Research Planning |
| _____ | _____ | NTR 691 (1) Nutrition Research Interpretation |
| _____ | _____ | NTR 692 (1) Nutrition Thesis |
| _____ | _____ | NTR 692 (1) Nutrition Thesis |
| _____ | _____ | NTR 692 (1) Nutrition Thesis |
| Elective(s) – Select in consultation with advisor (4 credits): | | |
| _____ | _____ | NTR (____) _____ NTR (____) _____ |
| Education Theory – Select in consultation with advisor (4 credits): | | |
| _____ | _____ | NTR 511 (4) Nutrition Education (required if no prev nutrition educ crs; MSNW Director discretion) |
| _____ | _____ | MPH 632 (4) Public Health Education Methods |

CONCENTRATION: DIETETIC INTERNSHIP (24)

| | | |
|---|-------|---|
| _____ | _____ | NTR 595 (2) Advanced Concepts in Nutrition Counseling |
| _____ | _____ | NTR 615 (4) MNT Advanced Concepts and Outcome Measurement |
| _____ | _____ | NTR 622 (1) Case Studies in Dietetics |
| _____ | _____ | NTR 624 (3) Portfolio and Professional Issues |
| _____ | _____ | MPH 632 (4) Public Health Education Methods |
| Dietetic Internship: NTR 689 (10 credits total) | | |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |
| _____ | _____ | NTR 689 (____) Dietetic Internship |

ADDITIONAL ELECTIVES (8)

| | | |
|-------|-------|------------------|
| _____ | _____ | NTR (____) _____ |
| _____ | _____ | NTR (____) _____ |
| _____ | _____ | MPH (____) _____ |
| _____ | _____ | MPH (____) _____ |

Certification Options

All students interested in pursuing certification options should select elective courses in consult with his or her academic advisor during the pursuit of the degree. These certifications are not a part of the program or degree requirements, but rather the degree assists in the preparation for the external certification examinations, dependent upon the choice of courses.

The M.P.H. Program offers certificates in Administration of Health Care Institutions and Disaster Management. Refer to the University web site for more details.

Dietetics Practice Verification Statement

Upon completion of this master degree coursework, including the Dietetics concentration, the student will receive an American Dietetic Association (ADA) Commission on Accreditation for Dietetic Education (CADE) Practice Verification Statement. This Verification enables the graduate to take the Registered Dietitian examination administered by the Commission on Dietetics Registration (CDR). Upon receipt of a passing score, the student meets the eligibility requirements to become a nationally registered and Illinois licensed dietitian.

Sports Dietetics CDR Board Certification

The Benedictine University Nutrition Department offers the option of a sports nutrition certificate for 16 graduate quarter credits:

- NTR 519 (2) Sports Nutrition
- NTR 621 (4) Obesity
- NTR 630 (4) Science of Sports Nutrition
- NTR 631 (2) Nutrition for Elite Athletes
- NTR 632 (2) Counseling for Disordered Eating in Sports
- NTR 521 (2) Fitness Testing Lab

The curricula was developed using the content outline for Board Certification as a Specialist in Sports Dietetics. More information about this new (March 2006) Certification by CDR is posted at: <http://www.cdrnet.org/whatsnew/Sports.htm>.

This certificate program is designed for Registered Dietitians who are seeking applied specialty knowledge in sports nutrition. *Certificate pre-requisites:* To be awarded this certificate, the recipient must be a Registered Dietitian (U.S.A. CDR credentialed). One can start courses prior to completion of a dietetic internship, however the University certificate will not be awarded until the recipient is a Registered Dietitian.

Notes: This certificate alone does not contribute towards specialty practice hours for the Board Certification as a Specialist in Sports Dietetics, administered by CDR; master and doctorate degrees count towards practice hours at this time. This educational certificate is not the CDR Board Certification. Coursework and awarding of the certificate must be completed within the six year time limit.

Application

M.P.H. Application Procedures

To apply to the Benedictine University Master of Public Health (M.P.H.) Program, as described in the *Graduate Catalog*, submit directly to the Enrollment Center:

1. A completed graduate school application form. You can access an application form online at: <http://www.ben.edu/admissions/graduate/application.asp>
2. \$40.00 non-refundable application fee payable to Benedictine University. Write "M.P.H. program" in the reference area of the check.
3. Two letters of reference, using the Graduate School Reference Forms, from persons who know you (the applicant) from a professional or academic perspective.
4. Test score earned on the Millers Analogies Test (MAT), GRE, or GMAT within the past five years. The GRE is the *preferred* entrance test for this concentration. Information regarding the GRE may be obtained by visiting the GRE website at www.gre.org. The University GRE code is 1707.
 - *Exemption:* Applicants who already completed an advanced degree (i.e., master or doctorate) in the United States are exempt from the GRE requirement.
5. Official transcripts from all previous colleges and universities attended. (It is the student's responsibility to request transcripts, including any from Benedictine University by contacting Benedictine Central at 630-829-6500 or BenCentral@ben.edu. International

students must provide transcripts evaluated by ECE, Educational Credential Evaluators, and must request a course by course evaluation of all coursework. Information about ECE can be found at www.ece.org.

6. One page statement of career goals and program interest.
7. International students must provide a TOEFL score of at least 550 paper based test or at least 213 computer based test, if English is a second language.

Please contact the Enrollment Center at 630-829-6300 or via email at admissions@ben.edu if you have any questions, would like an information packet send to you, or would like to meet with a University Representative.

Special Instructions for those interested in Applying to the Community Nutrition (Option 2 - Dietetic Internship program/ concentration) of the M.P.H.

Acceptance into the Dietetic Internship (DI) concentration is contingent upon application and full acceptance into either the Master of Science in Nutrition and Wellness (M.S.N.W.) or the Master of Public Health Program (M.P.H.) at Benedictine University. In other words, applicants who are *not* accepted into one of the two master degree programs will *not* be accepted as dietetic interns.

Acceptance into the Dietetic Internship concentration is also contingent upon being "matched" to the university internship program through D&D Digital Computer Match process or the

pre-match process reserved for enrolled (i.e., courses in progress) Benedictine University students or alumni. Being accepted into a M.S.N.W. or M.P.H. program does not guarantee a “match” to the Benedictine University Dietetic Internship program.

Accepted and *matched* students are required to complete a full-time quarter of graduate course work in the master degree program at Benedictine University.

To apply for potential “match” to the Benedictine University Dietetic Internship (DI) concentration of the combined master degree dietetic internship program, you must submit a *separate and complete* application and application *fee* directly to the Dietetic Internship program Director. In this packet, you must include:

1. A completed typed Supervised Practice Program Application form (a neatly duplicated copy is acceptable). Evidence of at least 100 hours of verifiable work, practicum, or volunteer experience in the profession is expected to be outlined on the appropriate pages of this form. The applicant must complete grade point average (GPA) calculations and conversions as necessary from quarter to semester hours and to a four point scale. All requested course work (per the form) must be listed. You may elect to include an additional page for other relevant electives. If you have repeated a course, list all your courses, but only include the most recent course and grade in the calculation.
2. \$40.00 non-refundable application fee payable to Benedictine University. Write “dietetic internship” in the reference area of the check.
3. Official transcripts from all previous colleges and universities attended. It is expected that applicants for the Dietetic Internship program have an earned DPD GPA (refer to your Supervised Application Form) of at least 3.0/4.0, nutrition courses GPA or 3.2/4.0, and a science GPA of at least 2.8/4.0. Students who completed a study abroad experience *affiliated with your university* of one semester or longer do not need to provide an original transcript from the international university. Students who completed a study abroad experience for academic credit in affiliation with a university other than the one from which they normally attended should contact the Nutrition Department Chair for advice (Dr. Arnold’s e-mail: carnold@ben.edu). International students must also provide transcripts evaluated in detail by an approved international credentialing evaluation organization. A listing of these organizations can be found at the American Dietetic Association web site (www.eatright.org).
4. Three letters of reference, using the Dietetic Internship Recommendation Forms, from persons who know you, the applicant, from a professional or academic perspective. You can ask the same people to complete both the graduate program and DI references, but you must utilize the appropriate forms. These recommendations must be sent in individually sealed envelopes within the application packet. The signatures of those completing your recommendation forms should be

written across the envelope seal. We recommend you solicit letters from:

- At least one from a nutrition professor who can discuss: (a) your academic ability and potential; (b) professionally related memberships and involvement; (c) resourcefulness and initiative; and (d) personal attributes, including strengths, limitations, and leadership ability and potential.
 - A work/volunteer/practicum experience supervisor/manager.
 - An academic professor in nutrition, biology, biochemistry, chemistry, or written communications.
5. One to two page typed (single space) well written letter of application. There is no special form for this letter, but business format is best. We highly recommend that you review your Application and Letter with your DPD Director prior to submission. Omission of any of the following points will detract from the completeness of your application; this letter must discuss:
- Why you chose to study nutrition and dietetics.
 - Both short (5 years) and long term (10 years) career aspirations/goals.
 - A description of how your unique characteristics and/or experiences (e.g., diabetes camp counselor, teaching nutrition to children, academic minors or concentrations or double majors, bilingual skills, study abroad, certification in sanitation and related fields, such as fitness, leadership positions, regularly scheduled volunteer experience in health care or community based facilities, coaching sports teams, supervisory experience, culinary arts experience, people-orientated experiences, etc.) and/or personal strengths could contribute to this Dietetic Internship and your career goals.
- An honest assessment of your limitations and what we need to provide to help you to succeed. Remember, we are trying to make certain that we can provide you with the experience you need and desire!
6. Evidence of having completed the minimum academic requirements from a Didactic Program in Dietetics (DPD) through submission of a DPD Verification Statement signed by your DPD Program Director, OR evidence of the intent to complete the minimum academic requirements (Didactic Program in Dietetics) necessary for receipt of a **DPD Verification Statement** by submitting a **Declaration of Intent form** signed by your DPD Program Director. ***DO NOT APPLY TO THE DIETETIC INTERNSHIP PROGRAM WITHOUT THIS***
7. An interview is required. The DI Director will contact potential candidates to notify him or her of the interview time. Persons living distances greater than 50 miles from the University may request a phone interview instead. However, we highly recommend that you visit any place in which you submit an application!
8. A resume is optional. No points will be added for it and none subtracted if it is not included. If you believe a resume presents your characteristics in a manner that the other submitted material does not, then include it. Please do *not* include any material

not requested in the aforementioned points.

Application materials will not be returned.

For students who are external to the university, all of the aforementioned Dietetic Internship materials should be placed in one envelope and sent by first class mail postmarked (we recommend that you send it with a return receipt requested) on or before the D & D Digital Computer Match deadline in February. Send your computer matching application form directly to D & D Digital Computer Match. Consult with your DPD Director about deadlines and computer match procedures.

Only Benedictine University students and alumni qualify to apply for a pre-match option. Six of the 12 total available full-time slots may be filled via pre-match annually in December. Potential candidates should consult with the university Dietetic Internship Director about procedures and date.

Remember: Internship Directors and Site Liaisons value the qualities of dependability and responsibility very highly. *Incomplete* applications will an unpleasant statement about you.

Please contact the Dietetic Internship Director at 630-829-6548 or via email at jmoreschi@ben.edu if you have any questions.

Program Prerequisites

M.P.H. Community Nutrition Concentration Pre-requisites

This concentration of the master degree program is life science based. There are

nutrition and science prerequisites for the program:

- Physiology (requires principles of biology as a prerequisite)
- Biochemistry (requires introductory or general chemistry and organic chemistry as prerequisites)
- Basic nutrition
- Advanced nutrition (with a physiology or biochemistry prerequisite)

Applicants may be admitted on a probationary status if they have up to two prerequisites outstanding.

The prerequisite courses may be completed at the undergraduate or graduate level. Prerequisite courses can be completed at Benedictine University.

International students should review the application procedures for additional inclusions.

Additional Dietetic Internship Concentration Pre-requisites

In addition to all of the aforementioned concentration pre-requisites, the following also apply.

A statistics course (with a grade of a “C” or better”) is required prior to entry as it will negatively impact completion time.

Prospective students should have a Didactic Program in Dietetics (DPD) GPA (refer to your Supervised Application Form) of at least 3.0/4.0, nutrition course GPA of 3.2/4.0, and science GPA of at least 2.8/4.0.

A Didactic Program in Dietetics (DPD) Verification Statement is *required* on or before the start of first term from those

students “matched” to the university combined master degree Dietetic Internship program. Students *cannot* begin the Dietetic Internship before receipt of the DPD Verification Statement by the Dietetic Internship Director. Students who are unable to complete DPD requirements prior to the start of the first fall graduate school semester are subject to dismissal from the Dietetic Internship program.

Students who do *not* have a Didactic Program in Dietetics (DPD) Verification Statement or DPD Declaration of Intent, but who wish to become eligible for the Dietetic Internship must first complete the DPD at the undergraduate level. These students should:

1. Consider their academic record. All courses will be counted into the cumulative GPA when a student applies for a dietetic internship.
2. Apply to the undergraduate DPD program as “Second Degree” students in order to begin the transcript articulation process. The articulation process by the DPD Director will *not* begin without an application to the University.
3. Provide supplemental syllabi and course materials for all nutrition, and related science courses, completed to the DPD Director.
4. Note that the articulation of international coursework and syllabi takes longer, *and* requires an additional ECE evaluation.
5. Following the articulation by the University DPD director, an academic plan of combined undergraduate and graduate coursework can be determined.

The student is *not* eligible to apply for the University Dietetic Internship program until he/she is within approximately eight months of

completion of DPD requirements. Acceptance into the University internship program is not guaranteed, but pre-match is reserved for eligible Benedictine University students.

Additional Sports Nutrition Certificate Pre-requisites

To be awarded this certificate, the recipient must be a Registered Dietitian (U.S.A. CDR credentialed).

Transfer Credit

Credit waivers and course substitutions will be determined on a case-by-case basis by the director of the Master of Science in Nutrition and Wellness degree, and/or Director of the Master of Public Health degree programs. A maximum of 16 United States-equivalent *graduate*-level quarter credits *may* be accepted from another institution and applied towards the M.P.H. degree.

For a transfer course to be considered for credit or waiver, the student must have earned a course grade of a “B” or higher *and* the course must have been taken within the past five years. *Only “equivalent” courses will be considered for graduate credit or waiver. The request for any transfer credit must be initiated by the student in writing.* It is the responsibility of the requesting student to submit official transcript(s) *and* official university course syllabus(i) for program director approval at least three weeks prior to the end of the first quarter of graduate school at Benedictine University. The program director may request additional information (e.g., course notes, projects) in order to make a judgment on a course match; it is then student’s responsibility to provide such information if needed.

Advisement and Registration

Academic Advising

Each graduate student is assigned a department advisor. The M.S.N.W. Program Director, Dr. Deepa Handu, serves as the advisor all students in the M.S.N.W. Contact her via e-mail at dhandu@ben.edu or by phone (630) 829-6528. Dr. Handu's office is located at 339 Birck Hall of Science.

Students "matched" to the Dietetic Internship (Option 2 of the M.P.H. Community Nutrition concentration) meet with the Dietetic Internship Director, Ms. Julie Moreschi, for consultation about the dietetic internship requirements. Upon program initiation, students in this concentration will receive a guide of policies and procedures relating to the Dietetic Internship. Contact the Dietetic Internship Director by e-mail at jmoreschi@ben.edu or by phone (630) 829-6548. Ms. Moreschi's office is located at 329 Birck Hall of Science.

Planning Your Program

It is encouraged that all students consult with their advisor at least once a term. It is the responsibility of the student to seek academic assistance and advice. Full-time students are especially encouraged to submit a complete written course plan to his/her advisor, who can provide feedback as to feasibility of the plan. The current program Checklist can be found in this *Guide*. Use the Checklist to track progress towards degree completion.

When you meet with your advisor you are encouraged to discuss academic

progress, career interests and goals, and plan for your future (e.g., employment, interviews, doctorate degree). To view the university statement on academic advising, visit the web site: www.ben.edu/advising/statement.asp.

Responsibility to One's Education

A statement of student accountability is found in the *Student Handbook*:

To ensure a comprehensive and authentic education, the student is responsible for planning his/her academic program and progress, and for evidencing academic performance with honesty and integrity. Intended learning cannot be evidenced if one misrepresents the work of others as his/her own. While the University encourages students to assist one another (e.g. tutoring; group projects), the student is accountable for work submitted to meet his/her requirements. Faculty members and advisors are available to assist the student in program planning and in academic achievement. The student has accountability for meeting course, degree and graduation requirements. [<http://www.ben.edu/resources/handbook/policies.asp>]

If you need academic assistance with a course, do not hesitate to contact your course instructor. Contact information for your instructor can be found on your syllabus. Additionally, most nutrition instructors have a faculty web page: www.ben.edu/nutrition/faculty.html.

Academic Resource Center

The Academic Resource Center (ARC) provides a variety of programs and services to support students' academic development at Benedictine University. Some of these include:

- Individual Tutoring and Support
 - The "Study Zone"
 - Structured Learning Assistance Program
 - Accommodations for Disabilities
 - "Advising Matters" web site
- The ARC is located at 249 Kindlon Hall. The phone is (630) 829-6340.

Course Registration

Students are encouraged to review the draft of the projected course schedule found in this *Guide* for planning.

The current and next term course schedules and availability are posted online at BenULive:
<http://www.ben.edu/benulive/>

MyBenU is the university's online student information system at:
<http://www.ben.edu/MyBenU/>
Features available include:

- Enroll in a course
 - View address/e-mail information
 - View grades – *this is where you access your grade reports at the end of the term*
 - View class schedule
 - View transfer credit report
 - View unofficial transcript
 - Registration procedures
- And a few other additional features.

Registration procedures and links to registration forms are online at:
<http://www.ben.edu/resources/bencentr>

[al/](http://www.ben.edu/advising/traditional.asp). A video demonstration of self registration, can be found at:
www.ben.edu/advising/traditional.asp.

Graduate students can register for courses without the signature of an advisor. However, it is encouraged that all students meet and consult with their advisor. Full-time students are especially encouraged to submit a complete course plan to his/her advisor, who can provide feedback as to feasibility of the plan.

Registration for graduate students:
Graduate students may register in person or by fax to Benedictine Central at (630) 829-6456. Course withdrawals may be made in Benedictine Central up to seven (7) calendar days after the first class meeting for a full refund. A grade of "W" will appear on the academic transcript if a course is dropped *after* the second course meeting. Note: Courses that have a condensed meeting schedule will have no refund available after the first class meeting.

For a downloadable PDF version of the Graduate Registration Form or Graduate Schedule Change Form, visit:
http://www.ben.edu/forms/graduate_program_registration.pdf

Students should consider registering for courses several months in advance of the course start. Due to the case study problem solving and discussion orientation in many nutrition courses, enrollment is limited in these courses to 20 to 25 students.

Emergency Class Cancellations

In the case of inclement weather, unsafe conditions, absence of an instructor, or other unforeseen situations, classes are

usually postponed rather than cancelled. The University will post information at: <http://www.emergencyclosings.com/ecc/home.jsp>.

In cases of inclement weather, you may telephone Public Safety at (630) 829-6122. The University will also notify the following radio and television stations with Emergency Closing information.

Radio Stations:

- WMAQ AM 670
- WGN AM 720
- WBBM AM 780

TV Stations:

- CBS
- CLTV
- FOX
- NBC
- WGN

Canceled classes may be need to be rescheduled, depending upon the nature of the learning that was missed. The faculty member will confer with the department chairperson as needed about alternative meeting times (sometimes established by administrative areas in the University).

Academic Performance

GPA Requirement

Students must maintain a 3.0/4.0 or higher grade point average.

All core courses require a grade of a “B” or higher to apply towards graduation requirements.

Only courses repeated at Benedictine University are authorized repetitions.

Special Dietetic Internship Concentration Requirements

All courses in the Dietetic Internship (DI) concentration require a grade of a “B” or better to apply towards graduation. Students who do not earn at least a grade of a “B” in any NTR 689 internship rotation must register for one or more additional credit(s) and repeat that rotation at a site selected at the discretion of the DI Director.

Completion of the Core *and* designated Dietetic Internship Core courses and practice experience [i.e., NTR 689 (10)] must be completed prior to receipt of the CADE ADA Practice Verification Statement.

Accommodations

If you have a documented learning, psychological or physical disability, you may be eligible for reasonable academic accommodations or services. To request accommodations or services, please contact the Academic Resource Center, 249 Kindlon Hall, 630-829-6512. All students are expected to fulfill essential course requirements. The University will not waive any essential skill or requirement of course/degree program.

A student whose religious obligation conflicts with a course requirement may request an academic accommodation from the instructor. Students must make such requests in writing by the end of the first week of the class. Upon receiving such a request, the instructor will offer reasonable academic accommodations, whenever feasible, and communicate this to the student. However, the course requirements listed in the syllabus remain in effect if accommodations cannot be offered.

Benedictine University Academic Honesty Policy

The search for truth and the dissemination of knowledge are the central missions of a university. Benedictine University pursues these missions in an environment guided by our Roman Catholic tradition and our Benedictine heritage. Integrity and honesty are therefore expected of all members of the University community, including students, faculty members, administration, and staff. Actions such as cheating, plagiarism, collusion, fabrication, forgery, falsification, destruction, multiple submission, solicitation, and misrepresentation, are violations of these expectations and constitute unacceptable behavior in the University community. The penalties for such actions can range from a private verbal warning, all the way to expulsion from the University. The University's Academic Honesty Policy is available at <http://www.ben.edu/AHP> and students are expected to read it.

Pre-Class Assignments

It is the *student's responsibility* to obtain information from the University web site for course dates, class locations and course syllabi before the start of each course. Since a few M.S.N.W. and many M.P.H. courses require a pre-class assignment due in the first class, it is essential to obtain your web syllabus to complete any pre-class assignment.

The Academic Calendar is online at: http://www.ben.edu/admissions/graduate/academic_calendars.asp.

Format of Assignments

The nutrition courses and M.P.H. program require the American Psychological Association (APA) format for written work. You will find this on the APA website: www.apastyle.com. It is expected that all students purchase the APA *Publication Manual* for use in assignments and thesis. The nutrition program requires the *J Am Diet Assoc* format of referencing in all assignments and thesis.

Timeline for Completion

Students normally have six years to complete the master degree program at Benedictine University.

Students enrolled in the Benedictine University combined master degree/ Dietetic Internship (DI) concentration programs should plan to complete their program within 18 months. In consultation with the Dietetic Internship Director, an extended course schedule may be created (refer to DI policies). However, the entire program of courses *and* dietetic internship *must* be completed within a *maximum* of 30 months time from the start of the dietetic internship practice experience (i.e., enrollment in NTR 689), as delineated by the University Dietetic Internship policy. Students need to be aware that a Practice Verification Statement will *not* be awarded until a student has satisfactorily completed the entire program (i.e., dietetic internship and master degree requirements). Thus, if a student delays completion of the master degree, he/she also is delaying his/her eligibility to sit for the registry exam to become a registered dietitian.

Conflict Resolution Procedures

The online *Student Handbook* describes the academic appeals and academic honesty policies, the procedures for a grade appeal, and conflict resolution (grievance) policies and procedures.

If a student in a nutrition program wishes to proceed with a complaint regarding an academic dispute of any nature (for any course), he/she should proceed in the following sequence for the most efficacious response. A written record of all communications should be maintained throughout the process by the student and as it would be required in the event of an appeal. The student proceeds to the next level, if the prior level does not resolve the complaint.

1. Communicate directly with faculty member or site preceptor.
2. Communicate with his/her Nutrition Advisor.
3. Communicate with Nutrition Department Chair. If requested the Department Chair communicates, in writing, the appeal process.
4. File a written notice of appeal providing the needed documentation per the request of the Department Chair (e.g., unadulterated electronic file and paper copy of assignments or projects in question, original grading rubrics or score mechanism completed by instructor, written explanation by student).
5. Meet with Nutrition Department Chair.
6. Meet with Dean of the College of Education & Health Services

Benedictine Central

Benedictine Central is a service center that assists students in accessing and understanding information about the University's academic programs and services, registration, payment and transcript processes, and the acquisition of financial aid.

Visit Benedictine Central to:

- Inquire into your student record and account.
- Schedule an appointment to discuss in detail academic or financial records.
- Pick up and return financial aid forms.
- Receive instruction on completing your financial aid forms.
- Sign loan checks.
- Register for classes.
- Make schedule changes.
- Apply for graduation.
- Make payment arrangements.
- Submit payments.
- Check the status of financial aid packages.
- Pay parking fines.

Benedictine Central is located at 169 Krasa Center.

Financial Aid, Scholarships, and Loans

Many opportunities exist for nutrition students in need of financial assistance. Grants, low interest bank loans, or scholarships may be available from the government, corporations, community or civic groups, philanthropic and religious organizations, and Benedictine University.

Tuition and fees are posted online at: http://www.ben.edu/admissions/tuition_fees.asp

If you are pursuing financial aid, visit: http://www.ben.edu/resources/financial_aid and directly contact a Financial Aid representative. A student should always ask, even if he/she does not believe him/herself to be eligible for financial aid, as there often are Merit Scholarships based on academic performance available as well.

It is the responsibility of each student to consult with a Benedictine Central representative about the guidelines regarding qualification and application of financial aid.

In general students must be degree-seeking and carry a minimum of five (5) credit hours per term in order to potentially be eligible for financial aid. The level of aid awarded can be impacted by the number of credits a student carries in a given semester. In order to receive financial aid students must complete a FAFSA form, and have their information (via the FAFSA) sent to Benedictine University. The university school code is 001767.

Students can access and complete the online FAFSA form at www.fafsa.ed.gov. Students must also complete a Benedictine University financial aid application, available at: http://www.ben.edu/resources/financial_aid/documents/2007_2008_BU_FA_application.pdf. Students should print and submit the completed university form.

The Financial Aid Office is located on the first floor of Lownik Hall.

The American Dietetic Association (A.D.A.) offers scholarships to students enrolled in dietetic internship and master degree programs. You must be a member of A.D.A. to receive an A.D.A. scholarship. Membership information is available at <http://www.eatright.org>. These scholarships are quite competitive and thus prestigious to receive. Application requests are honored by The A.D.A. from September 15 through January 15 only; refer to the September Supplement of the *Journal of the American Dietetic Association* (available in the library) or their web site.

District dietetic associations (e.g., West Suburban Dietetic Association) sometimes offer scholarships to members. To be a member of the state or district associations, you must first be a member of the American Dietetic Association. More information about dietetic districts can be found at the Illinois Dietetic Association web site: <http://www.eatrightillinois.org>.

Updating Contact Information

Update your contact information by printing, completing, and submitting the form to Benedictine Central: http://www.ben.edu/forms/change_of_student_information_form.pdf

Student Handbook

The university *Student Handbook* describes campus services, offices, policies, and procedures. This Handbook is available online: www.ben.edu/resources/handbook.

Application for Graduation

Students applying for graduation must complete the application by the deadlines published annually in the University master calendar.

It is recommended that students submit graduation applications two terms prior to projected completion of your degree. The completed application for graduation form and processing fee should be submitted to Benedictine Central.

Application forms are available:
http://www.ben.edu/forms/application_f_or_graduation.pdf

All students in the M.P.H. program must fulfill the following requirements prior to graduation:

1. Successful completion of the quarter credit hours specified by the M.P.H. Curriculum.
2. A minimum cumulative grade point average of 3.0 of 4.0.
3. Core M.P.H. courses must have a grade of a “B” or higher.
4. Special Dietetic Internship (Option 2) requirements:
 - Dietetic Internship concentration courses must have a grade of a “B” or higher.
 - All dietetic internship rotations must have a “B” or better
 - Completion of program within 30 months of start of NTR 689 enrollment.
5. Completion of all course work within six years of the date of initial enrollment.
6. Completion of the Application for Graduation, declaring degree(s), concentrations and certificates, with application fee.
7. Payment of all tuition and fees.

Projected Course Schedule

The following table provides a tentative projection of graduate nutrition courses to be offered during the next year. Refer to Course Descriptions for more details.

| Course # | Course Name | Q Hr | Fall 07 | Win 08 | Spr 08 | Sum 08 | Fall 08 | Win 09 | Spr 09 | Sum 09 | Fall 09 |
|------------------------|--------------------------------------|--------|---------|--------|--------|--------|---------|--------|--------|--------|---------|
| NTR 500 ^{1,2} | Exercise Physiology | 4 | X | X | | | X | X | | | X |
| NTR 511 | Nutrition Educ | 4 | | X | | | | X | | | |
| NTR 512 | Nutrition and Public Health | 4 | | | | | | X | | | |
| NTR 519 | Sports Nutrition | 2 | Sa | | | | Sa | | | | Sa |
| NTR 521 ¹ | Fitness Testing | 2 | M | | | | X | | | | |
| NTR 522 ¹ | EKG Lab | 2 | | X | | | | X | | | |
| NTR 542 ¹ | Applied Nutritional Physiology | 4 | | X | | | | X | | | |
| NTR 560 ¹ | Adv Cardio and Resp Physiology | 4 | X | | | | X | | | | |
| NTR 591 ¹ | Exercise Biochem | 4 | | X | | | | X | | | |
| NTR 595 ² | Nutrition Counseling (Lab) | 2 | | | Sa | | | | Sa | | |
| NTR 600 | Independent Study | 1-4 | X | X | X | X | X | X | X | X | X |
| NTR 614 | Advanced Nutrition | 4 | R | | | | R | | | | R |
| NTR 615 ² | MNT Adv Concepts & Outcome Mrmt | 4 | X | | | | X | | | | X |
| NTR 620 | Nutrition in Women's Health | 4 | | | | | | | | | |
| NTR 621 | Obesity: Theory and Practice Appl | 4 | | X | | | | X | | | |
| NTR 622 ² | Case Studies in Dietetics | 1 | | | M | | | | M | | |
| NTR 623 ¹ | Graded Exercise Testing | 3 | | | | X | | | | X | |
| NTR 624 ² | Portfolio and Professional Issues | 3 | | | | M | | | | M | |
| NTR 625 | Complementary & Alternative Nutr | 4 | | | X | | | | X | | |
| NTR 629 | Nutrition & Health Research Planning | 4 | W | | | | W | | | | W |
| NTR 630 | Science of Sports Nutrition | 4 | | | | X | | | | X | |
| NTR 631 ² | Nutrition for Elite Athletes | 2 | | | | Sa | | | | Sa | |
| NTR 632 ² | Counseling for Disordered Eating | 2 | | | | Sa | | | | Sa | |
| NTR 639 ² | Sports Nutrition Internship | 3 or 6 | | | | | | | | X | |
| NTR 644 | Pediatric Nutrition | 4 | | | | | | | | | |
| NTR 664 ¹ | Special Populations | 4 | | X | | | | X | | | |
| NTR 680 | Developing Tests & Measurement Tools | 4 | | | | | | | | OL | |
| NTR 684 | Program Dev & Administration | 4 | T | | | | T | | | | T |
| NTR 685 ² | Applied Program Evaluation | 1-6 | | | | X | X | X | X | X | X |
| NTR 689 ² | Dietetic Internship | 1-4 | X | X | X | X | X | X | X | X | X |
| NTR 691 ² | Nutrition & Health Research Analysis | 1 | | | | M | | | | M | |
| NTR 692 ² | Nutrition Thesis | 1-3 | X | X | X | X | X | X | X | X | X |

Notes:

1. Courses marked with an asterisk by the credit hours are cross-listed exercise physiology courses or nutrition courses offered in the semester term. These are offered as a 16-week semester courses instead of 10-week quarter courses; be observant of course start and end dates.
2. Day classes

Campus Resources

The *Student Handbook* is available online at: www.ben.edu/resources/handbook/. It is subdivided into four sections:

- Information about all aspects of academic life is posted online at: <http://www.ben.edu/resources/handbook/life.asp>.
- Campus resource information is found online at: <http://www.ben.edu/resources/handbook/info.asp>.
- Hours of use of campus facilities is posted online at: <http://www.ben.edu/resources/handbook/facilities.asp>.
- University policies and procedures that pertain to students are posted: <http://www.ben.edu/resources/handbook/policies.asp>.

The following outlines some of the campus resources commonly utilized by students.

Campus Map

A campus map and building access hours are located online at: http://www.ben.edu/about/campus_map.asp. One can access building floor plans from this site, identifying rooms (including classrooms) by number.

Bookstore

The Barnes & Noble bookstore, located on the 1st floor of the Krasa Student Center, carries new and used textbooks, supplies, and Benedictine insignia items. You can also reserve your books ahead of time for in-person pick-up. For more information, visit: <http://ben.bkstore.com/>.

Career Services

The Career Services office, housed in the lower level of the Krasa Center, room 010, helps students and alumni “practice interview” and develop resumes. Job fairs, job opportunities, and the AlumniNet are available to graduate students seeking employment and career assistance. Hours are provided by appointment. Call (630) 829-6040 or: <http://www.ben.edu/resources/careerdevelopment/>.

Fitness Resources

The Dan and Ada Rice Center is the home venue for all University indoor athletic events, intercollegiate volleyball matches, basketball games and swim meets. The Rice Center also serves the campus as the main recreational center for Benedictine students who have access to open gym time, weight training equipment, fitness equipment, open swimming times, intramural sports and other campus recreational pursuits. Special events, such as concerts, speakers, forums and ceremonies are also held in the Rice Center. For open hours and other information, visit: www.ben.edu/resources/rice_center/.

The Sports Complex at Benedictine University in Lisle provides top quality football, soccer, track, softball and baseball fields for Benedictine University, the local community and that attract visitors to Lisle. This joint-use facility is attracting a variety of local, regional and national sporting and related events. Visit: http://www.ben.edu/news/sports_complex/index.asp.

Health Services and Counseling

The goal of the Health Service is to assist students in maintaining an optimal level of good health. It is not the intention of the office of Health Services to replace your family doctor but rather to provide assessment and treatment that is both convenient and cost effective. For a listing of services, visit:

www.ben.edu/resources/health_services/general.asp.

The University Counseling Center's mission is to help students succeed academically and socially during their college years. Often, success depends on facing and effectively dealing with personal and emotional issues, relationships, and family difficulties. Because understanding and dealing with these difficulties before they reach a crisis stage usually leaves more options, students are encouraged to seek help sooner rather than later. So, if you find yourself troubled, simply give them a call. They are here to help you make the best of your college experience. The Counseling Center is open during the academic year. For Benedictine University students, there is no fee for counseling services. To make your first appointment call 829-6046. Visit: http://www.ben.edu/resources/health_services/counseling.asp.

The office is located at 116 Krasa Center, and open Mondays through Fridays from 9:00 am to 4:00 p.m. Some hours are reserved for appointments, so call 829-6046.

Healthy Table nutrition education center

The Healthy Table offers health screening and nutrition presentations to

all members of the university community. All services of The Healthy Table are provided by the Benedictine University Dietetic Interns, experienced in medical nutrition therapy and near completion of their master degree at Benedictine University. Visit: <http://www.ben.edu/nutrition/healthytable/HTnutreduc.html>.

The Healthy Table is located in 230 Birck Hall of Science. Call 630-829-6518 to make an appointment.

ID Cards

A permanent identification card is issued to each student upon enrollment and registration. Students should carry their student ID cards at all times while on University property. Students are required to display their ID card to be admitted into the Dining Room, Rice Athletic Center and to check out books from the Library. You must display your ID when requested by a member of the University faculty, staff, administration or by a Public Safety Officer. Possession, use or knowingly creating false ID cards is in violation of University Rules and Regulations.

ID cards are available in the Public Safety Office, during the following hours; 9:00-11:00 a.m., 1:00-3:00 p.m. and 5:00-8:00 p.m. For original ID cards or duplicate cards, contact Public Safety at (630) 829-6122 or 6669. A replacement fee will be charged for lost, stolen or mutilated cards.

Institutional Technology (I.T.)

This department is responsible for the computing, networking, telephone, Cable TV, Audio/Visual information systems of the University. The Help

Desk services the University community needs in these areas.

Open-use computers labs provide students access to Windows-based computers and a variety of academic support software. The computers are located in Kindlon Hall, Room 228 and the Library (4th floor). Each PC connects to the campus network and the Internet/WWW. The network extends to four computer classrooms in which scheduled classes are held. Open-use PCs are also available in the Krasa Center (by the Information Desk) and residence halls. Each student has his/her own university e-mail address.

Computer labs are open daily when classes are in session. Hours are posted on the door of the respective lab. The Krasa Center Workstation is open 24-hours a day. For information, contact the Help Desk (630-829-6684).

Tutorials for MS Word, MS Excel, and MS PowerPoint are available online at: www.ben.edu/resources/tutorials.

International Office

The International Office provides advising to international students. Visit: www.ben.edu/internationalcenter. The International Office is located in Krasa Center room 020B.

Library Resources and Services

The Library provides research materials and services for the entire academic community. Materials include access to over 14,000 periodicals electronically or in print and over 90 different databases. The library also houses a range of print nutrition and health related books and

journals. A student can conduct an online search through the library web site: <http://www.ben.edu/library/>.

The library is located on the 2nd through 5th floors of Kindlon Hall of Learning.

Transportation

The Public Safety Department can assist with parking information and the issuance of stickers. Parking information, violations, and parking rules are posted online at: <http://www.ben.edu/resources/handbook/info.asp>.

Public Safety provides an escort service to individuals wishing to be escorted from a building on campus to their vehicle or another building. Contact Public Safety at (630) 829-6666 to utilize this service. Escort service is available 24-hours a day, seven days a week, and can be requested in advance.

Information about bus and trains schedules is online at: <http://www.ben.edu/resources/handbook/info.asp>.

University Ministry

University Ministry is an integral part of student development and campus life at Benedictine University. They offer programs and services that assist in the spiritual growth of our students, staff and administration. Visit: <http://www.ben.edu/resources/ministry.asp>.

University Ministry is located on the 1st floor of the Krasa Center.

For more information about the Benedictine University undergraduate Nutrition Program (Didactic Program in Dietetics), Master of Science in Nutrition and Wellness, and Dietetic Internship program, visit our web site at: <http://www.ben.edu/nutrition>.