Self-Defense Workshop

Campus Recreation, University Ministry, Residence Life, and University Police hosted a women’s self-defense course instructed by One-Light Self-Defense.

Participants were taught evasion, offensive and defensive tactics.

Ben U Citizen’s Police Academy Coming Soon

Have you ever been curious what the police actually do? Have you ever thought that it may be interesting to learn about policing and investigations?

Benedictine University Police Department will be hosting a first-come, first served, Citizen’s Police Academy covering various topics of police work to include demonstrations and hands-on participation. This course will be an (8) week course, (1) night a week, for (2) hours a night.

The program will start in January, 2015. It will take place on Tuesday nights from 6pm-8pm. Class space is limited to 25 persons. Another email with registration information will come out closer to the class date.
Ben U Police Welcomes its newest family member!

Ben U Police Officer, Debbie Vanderploeg, wife of former Ben U Police Officer Mark Vanderploeg, recently welcomed Jonah Vanderploeg to the world.

Officer Vanderploeg will be returning to her duties in the near future. We all send our warm thoughts and congratulations to their family.

Emergency Preparedness Mgr. Recognized by FEMA

BenU Emergency Preparedness Manager, Michi Dubes completed Professional Development Certification in Emergency Management.

This certification is comprised of topics relating to Emergency Management such as, hazard mitigation, emergency preparedness programs, managing volunteer corps, effective communications, emergency planning, leadership, decision making and problem solving.

Ben U Police Continue Annual Active Shooter Training