**HEAT SAFETY**

Heat is the number one weather-related killer in the United States, resulting in hundreds of fatalities each year. In fact, on average, excessive heat claims more lives each year than floods, lightning, tornadoes and hurricanes combined. North American summers are hot; most summers see heat waves in one or more parts of the United States. East of the Rockies, they tend to combine both high temperature and high humidity, although some of the worst heat waves have been catastrophically dry.

**Heat disorders:**
- **Sunburn** – Redness and pain. In severe cases swelling of skin, blister, fever and headaches.
- **Heat Cramps** – Painful spasms usually in the muscles of legs and abdomen with heavy sweating.
- **Heat Exhaustion** – Heavy sweating, weakness, cold, pale, clammy skin, thready pulse, fainting and vomiting but may have normal temperature.
- **Heat Stroke (or sunstroke)** – High body temperature (106 degrees or higher), hot dry skin, rapid and strong pulse, possible unconsciousness.

**BALDILOCKS JR. POLICE ACADEMY**

Commander Baldilocks Jr. Police Academy is underway. Sgt. Popp’s alter ego has been working with the kids of the Summer Fun Day Camps program, teaching safety, respect and physical fitness.

**Benedictine Inspires Teamwork**

Benedictine University Police Department hires officers from all walks of life. We have over (300) years of experience serving the Benedictine community.

Even with officers from all backgrounds, all community types and all areas of law enforcement, we come together as a team to provide Benedictine the best possible service.
Benedictine University Police Department wants to ensure its officers are able to provide the best possible services to the Benedictine Community and to help us achieve this, we require officers and supervisors to attend a specified amount of mandatory annual training.

**Officers attended the following training:** Aggression De-escalation, Arrest/Search & Seizure Update, Asset Forfeiture, Bike Unit Officer, Breath Alcohol Testing Officer, Bullet Proof Mind-Surviving Violent Encounters, Crime Scene Processing, Customs and Courtesy for Non-Sworn, Legal Aspects of Police Management, Managing a Small Law Enforcement Agency, Officer in Charge, Patrol Rifle Instructor, Verbal Judo, and Tactical Response to Terrorism. **In the months of April, May and June the department trained a total of (280) hours.**