November is Native American Heritage Month. We would like to recognize the ceremonies and traditions that they have passed down throughout generations. The Tatanka Oyate (Buffalo Nation) showed the great plains people like the Lakhota Oyate (Lakota people) how to thrive in the harshest of times. The Chanunpa (Sacred Pipe) is just one of the artifacts that the Ptecincala Ska Wakan Winan (White buffalo Calf Woman) gave the Lakhota Oyate. Chief Arovl Looking Horse is the 19th generation keeper of the White Buffalo Calf Bundle. The White Buffalo Calf Woman also showed them the Seven Sacred Rites they still practice today. The First Nations people have endured for many years and will continue to do so. The University Police honor the First Nations people and acknowledge there strong will and passion towards their culture. In the words of Sitting Bull “As individual fingers we can easily be broken, but all together we make a mighty fist”.
Around this time of the year many Native Americans gather around for storytelling, giving thanks and being with family and friends. It’s in the colder months we come inside to get warm and share our experiences, tell sorties about the past and hear from the elders. Storytelling plays is a big part in First Nations culture, it is to pass on lessons and to bring the community closer together. I would like to share a short story with you that I heard that was passed onto me. The name of the story is “Why the leaves fall”.

“Why the leaves fall”

Many moons ago when the world was still very young, the plant and animal life were enjoying the beautiful summer weather. But as the days passed, autumn set in, and the weather started to become much colder. The grass and flower folk were very sad, for they had no protection from the cold. Just when it seemed that there was no hope for everyone, The Creator came to their aid. The Creator said that the leaves of the trees should fall to the ground and spreading a soft warm blanket over the tender roots of the grass and flowers and to repay the trees for the loss of their leaves, The Creator allowed them one last bright array of beauty. That is why, each year, during autumn the trees take on their pretty farewell colors of red, gold, and brown. After this final display they turn to their appointed task to cover the Earth with a thick rug of warmth against the chill of winter. Hope you enjoyed the story.

Thank you,

Pilayama yelo
William Torres
Lakhota Oyate
On October 23rd in Jaeger Hall, University Police Officer Montag hosted a self defense class designed to focus in the importance of personal safety. The class contained key components to ones safety, such as being aware of your surroundings, and utilizing your environment. Many ideas and scenarios came up for the next class, which will be offered again in the near future.
November is Diabetes awareness month so where a gray ribbon to show support. Approximately 1.25 million American children and adults have type 1 diabetes. Did you know that over million Americans are diagnosed with diabetes every year and over 350 million people worldwide? You can find more information like this from the American Diabetes Association web page at, http://www.diabetes.org.

SAFETY TIP

When walking by yourself some people think is better to talk on your cellphone to be safe. The truth is you become distracted and not aware of your surroundings. It’s better to see and hear what's going on around you.

Did you know that on many phones you can set a single button to speed dial an emergency number?

The University Police emergency number: (630) 829-6666