BENEDICTINE UNIVERSITY CHECKLIST FOR **BACHELOR OF SCIENCE in NUTRITION**

Freshman Rules

(2013-2014 Academic Year)

NAME:	DATE:								
BU ID #: ADVISOR:	SEMESTER OF ENTRY:								
GRADUATION REQUIREMENT: Students must submit a total of 120 semester credit hours (with a minimum G.P.A. of 2.0 from Benedictine University courses)									
BASIC SKILLS (12 HOURS) Grade of "C" or better required. College Course # Cr. Grade Writing Colloquium (WRIT-S101) (or HNRS 190: 1st Year Colloquium Research Writing (WRIT-S102) (or HNRS 191: 1st Year Colloquium Basic Speech (SPCH-S110) (or HNRS-191) College Algebra (MATH-S110) or Quantitative Reasoning (MATH-Streshman with AP credit for WRIT-S101 must take WRIT-S104, Person in Community: One-Hour seminar	HNRS-220 Mediterranean World								
CORE ELECTIVES Core Electives must be chosen from classes labeled with a "C" designation in the Catalog and Course Schedule. *Students accepted to the scholars program must take specific courses to satisfy these categories									
ARTS AND HUMANITIES (12 HOURS) Satisfied by Major PHIL** RELS/THEO FNAR/MUSI* LITR/FRLGLITR *Scholars must pass a core approved ethics course.	SOCIAL SCIENCES (9 HOURS) ANTH/PLSC * BUSN/ECON BUSN/EC								
	NATURAL SCIENCES (9 HOURS) Satisfied by major								
MAJORS AND COGNATES .									
College Course Cr Gr	College Course Cr Gr								

College	Course	Cr	Gr		College	Course	Cr	Gr		
Required	Nutrition Major Cognates				Required Nutrition Major Foundation Courses					
		3		CHEM-101 Intro to Chemistry			1		NUTR-150 Food Service Sanitation	
		1		CHEM-102 Intro to Chem Lab			3		NUTR-241 Nutrition Through Life Cycle	
		3		CHEM-103 Intro to Org/Biochem			3		NUTR-244 Food Science	
		1		CHEM-104 Intro to Org/Biochem Lab			1		NUTR-245 Food Science Lab	
		3		BIOL-197 Prin of Organismal Biology			3		NUTR-251 Nutritional Biochemistry	
		3		BIOL-198 Principles of Biology			3		NUTR-271 Nutrition and Health Education	
		1		BIOL-199 Principles of Biology lab			3		NUTR-280 Community Health and Nutrition	
		4		BIOL-208 Gen Microbiology			2		NUTR-298 Cultural Foods Lab	
		3		BIOL-229 or MATH/PSYC-150 or PSYC-250			3		NUTR-345 Science of Nutrition and Fitness	
		4		BIOL-258 Human Physiology			2		NUTR-392-WI Health Res & Prof Writ (Writing Intensive)	
		3		PSYC-100 Survey of Psychology	Require Major	d Courses	for th	for those not pursuing a Concentration in the Nutrition		
		3		Core approved Ethics course			4		NUTR-300 Nutritional Aspects of Disease	
							3		MGT-300 or MGT-320	
					Nutritior	ttrition Major Electives: COMM, MKTG, MGT, NUTR HLSC, and/or BIOL (17) ❖				

All major and cognate courses required for the major must be completed with a grade of "C" or better, including WRIT and SPCH.
 ❖ Of the 17 credits of Major Electives, at least one course must be at the 300-level. Students cannot receive credit for more than one of the following equivalents to Benedictine University general nutrition courses towards graduation or Nutrition Major requirements: NUTR 100, NUTR 110, NUTR 200, or NUTR 201. Students should select electives in consultation with an academic advisor.