Benedictine University®

Date: Semester of Entry:

Name:

BenU ID #:

**Freshman Rules**
2015-2016
ACADEMIC YEAR

# Bachelor of Arts in Physical Education

**Includes State Licensure Requirements, K-9**

**All grades for licensure must be a "C" or better.**

## Inquiry Curriculum Requirements | A Liberal Arts Curriculum

### Basic Skills | Grade of "C" or better required. 12

| COLLEGE | COURSE | | CR | GR |
|---|---|---|---|---|
| | | WRIT S101 Writing Colloquium | 3 | |
| | | WRIT S102 Research Writing | 3 | |
| | | SPCH S110 Basic Speech | 3 | |
| | | MATH S110 College Algebra | 3 | |

### Interdisciplinary Seminars | Must be completed at BenU. 6

| COLLEGE | COURSE | | CR | GR |
|---|---|---|---|---|
| BenU | IDS 201-204 | Catholic and Benedictine Intellectual Traditions (WI) | 3 | |
| BenU | IDS 301-304 | Human Dignity or The Common Good | 3 | |

### Modes of Inquiry (MI) | Scholars Program students please refer to specific checklist for requirements.

| COLLEGE | COURSE | | CR | GR |
|---|---|---|---|---|
| | | **Arts and Humanities ①** 15 | | |
| | | Religions/Theological (QRT) | | |
| | | Philosophical (QPL) | | |
| | | HIST 111 or HIST 112 (QHT) | | |
| | | Literary/Rhetorical (QLR) ② | | |
| | | Artistic/Creative (QCA) | | |
| | | **Natural Sciences ①** 12 — **One QLS or QPS course must include a lab.** | | |
| | | Life-Scientific (QLS) ③ | | |
| | | Physical-Scientific (QPS) ③ | | |
| | | Computational, Math and Analytical (QCM) | | |
| | | Additional Course QLS or QPS ④ | | |
| | | **Social Sciences I and II ①** 9 | | |
| | | Individuals/Organizations/Societies (QIO) ⑤ | | |
| | | PLSC 102 American Government (QPE) | | |
| | | EDUC 210 or PSYC 241 Educ Psych ⑥ | | |
| | | **Multi-Cultural/Non-Western Culture ①⑦** 3 — **Requirement may be met through MI Courses.** | | |
| | | | | |

### Cocurricular | Requirements may be met through MI or major courses.

| Course or Experience | | | |
|---|---|---|---|
| | | ☐ | Global Designation (G) |
| | | ☐ | Sustainability (S) |
| BenU | IDS 201-204 | ☐ | Writing Intensive (WI) |
| BenU | PHED 320 | ☐ | Writing Intensive (WI) |
| BenU | | ☐ | Writing Intensive (WI) |
| | | ☐ | Engaged Learning (EL) * |
| | | ☐ | Learning Community (LC) * |

### Inquiry Curriculum Notes | See Page 2 of checklist for notes.

## Graduation Requirement | Min. Semester Credit Hrs. 120

### Major Requirements | Grade of "C" or better required. 40

| COLLEGE | COURSE | | | CR | GR |
|---|---|---|---|---|---|
| | | PHED 200 | Philosophy and Foundation of Physical Education | 3 | |
| | | PHED 201 | Assessment & Teaching Lifetime Fitness | 2 | |
| | | PHED 240 | Teaching Team Sports and Activities | 2 | |
| | | PHED 241 | Teaching Individual Sports and Activities | 2 | |
| | | PHED 243 | Teaching Basic Dance and Rhythms | 2 | |
| | | PHED 257 | Wellness | 2 | |
| | | PHED 260 | First Aid & CPR | 3 | |
| | | PHED 270 | Growth & Development of Children & Adolescents | 2 | |
| | | PHED 300 | Physical Education for Special Populations | 3 | |
| | | PHED 302 | Kinesiology | 3 | |
| | | PHED 305 | Measurement and Evaluation for Phys Ed | 3 | |
| | | PHED 308 | Administration of Phys Ed | 3 | |
| | | PHED 320 | Phys Ed Curric Design (WI) | 3 | |
| | | HLSC 200 | Applied Exercise Science | 4 | |
| | | NUTR 201 | Nutrition in Health and Exerc | 3 | |
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### Major Specific Notes | Physical Education

The majority of requirements on this checklist are mandated by the Illinois State Board of Education. Changes in state licensure requirements must be met at the time they go into effect. Therefore, this could change program requirements, requiring different courses than those listed on the checklist. See your academic advisor with questions regarding this.

The Test of Academic Proficiency (TAP) and the ACT with Writing or SAT used in lieu of TAP are valid for 10 years. All other exams required for licensure are valid for five years from the date of successful passage.

Physical Education majors must submit at least 36 semester credit hours within the department at the 200 level or above, including 19 semester credit hours at the 300 level; grades of "C" or better.

A cumulative GPA of a 2.75 and a 3.0 GPA in the major are required for Teacher Education Programs. GPA is based on Benedictine University courses only.

① Grades of "C" or better are needed in all courses required for licensure. C minus grades (C-) or lower are considered to be grades below a "C."

② A Literature course that is designated as QLR must be taken to satisfy the Literary/Rhetorical (QLR) MI.

③ Choose from Psychology, Sociology, Anthropology, Geography or Political Science with approved QIO designation.

④ The credit for Educational Psychology does not apply toward a middle-grades endorsement in social science.

⑤ For course options, check with your advisor.

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**All grades for licensure must be a "C" or better.**

**Graduation Requirement | Min. Semester Credit Hours 120**

## Minor/Teacher Licensure Requirements 34

| COLLEGE | COURSE | | | CR | GR |
|---|---|---|---|---|---|
| | | EDUC 200 | Preclinical Experience | 1 | |
| | | EDUC 205 | History & Philosophy of Ed | 3 | |
| | | EDUC 207 | Intro to Education Seminar | 0 | |
| | | EDUC 215 | Technology for Teachers | 3 | |
| | | EDUC 260 | Survey of Exceptional Children | 3 | |
| | | EDUC 310 | Measurement & Evaluation | 3 | |
| | | EDUC 345 | Methods of Teaching Physical Education Middle/Jr and High School | 3 | |
| | | EDUC 350 | Preclinical Experience Middle/Jr and High School | 0 | |
| | | EDUC 353 | Methods and Principles of Middle School Education | 3 | |
| | | EDUC 354 | Preclinical Experience Methods and Principles of Middle School Education | 0 | |
| | | PHED 258 | Health Education | 3 | |
| | | EDUC 378 | Student Teaching in Physical Education ① | 12 | |

**Notes** | Minor/Teacher Licensure Requirements

① Required for the major with teacher licensure.

**Electives** | Elective courses may be necessary to meet the graduation requirement of 120 semester credit hours.

| COLLEGE | COURSE | | CR | GR |
|---|---|---|---|---|
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**Inquiry Curriculum Notes** | All Undergraduate Degree Programs

(From page 1) INQUIRY CURRICULUM REQUIREMENTS: Remaining MI courses must be chosen from classes labeled with appropriate designation in catalog or course schedule. Some MI requirements are satisfied by major requirements. Substitutions are not allowed after entry.

*Engaged Learning-designated course/experience and Learning Community-designated course/experience are mandatory for undergraduates starting fall 2016.

**Notes**

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# Bachelor of Arts in Physical Education

**Includes State Licensure Requirements, K-9**

**All grades for licensure must be a "C" or better.**

**Graduation Requirement | Min. Semester Credit Hours 120**

## Summary of Evaluation

* Please consult with your department advisor regarding further evaluation of major credits and remaining major requirements.

| | Hours Completed | Hours Remaining |
|---|---|---|
| Basic Skills | | |
| Interdisciplinary Seminars | | |
| Arts and Humanities Modes of Inquiry | | |
| Natural Sciences Modes of Inquiry | | |
| Social Sciences Modes of Inquiry | | |
| Major | * | * |
| Electives | * | * |
| TOTAL | | * |

## Summary of Transferable Credit

The following semester credit hours will be posted to your transcript.

## Notes

Highest level of math completed (if applicable).

## Minor

Minors are optional, but recommended. Please see the Benedictine University Undergraduate Catalog and the department for specific requirements. List courses taken toward earning a minor.

## General Electives

General Elective courses may be necessary to meet graduation requirement of 120 semester credit hours. Students may list completed courses below.

## Residency Requirements

Please note the checked boxes that apply to you:

A minimum total of 120 semester credit hours are required for graduation (with a minimum cumulative GPA of 2.0 from Benedictine University).

55 semester credit hours at the baccalaureate level must be completed at a four-year regionally accredited college/university.

At least 12 semester credit hours at the 200 level or above in the major field must be from Benedictine University.

45 semester credit hours must be completed at Benedictine University.

At least 30 of your final 45 semester credit hours must be completed at Benedictine University.

At least the last 30 semester credit hours of your undergraduate degree must be completed without interruption at Benedictine University as a degree-seeking student.

## Special Notes

1. This checklist is applicable for the major indicated. If a different major is chosen, the requirements for the major, modes and semester credit hours remaining will vary.
2. This checklist is for advising purposes. Students must follow the requirements for graduation as outlined in the University Undergraduate Catalog at their term of entry.
3. Semester credit hours in progress are not included in the totals of this evaluation. Additional semester credit hours will be credited upon receipt of credentials.
4. Courses must have a grade of "C" or better to be accepted in the Basic Skills and the major or minor area. A grade of "D" or better is required in all other areas, except where program requirements specify otherwise.
5. Duplicate semester credit hours will not be given for repeated courses.
6. Courses taken at Benedictine University may be repeated only at Benedictine University. Please see the catalog for the Course Repeat Policy.
7. Only courses taken at Benedictine University will be included in your GPA.
8. An Approval of Transfer Courses form must be completed for current Benedictine students to transfer courses from other schools. Please see your advisor.

Date: Signature: