

## Nutrition and Dietetic Major Recommended Curriculum Plan for 2020-2021

### Student begins at Benedictine University in Freshman Year

| Undergraduate<br>(120 needed)  | YEAR 1 (31)   | YEAR 2 (31)  | YEAR 3 (30 +4?)   | YEAR 4 (28)  |
|--|---|--|---|--|
| <b>University<br/>General<br/>Education<br/>Course<br/>Requirements:</b> | WRIT 1101 (3)<br>MATH 1105, 1108, 1110 (3)<br>COMM1110 (3)<br>WRIT 1102 (3)<br>QRT (3)  | QHT (3)<br>QCA (3)<br>IDS 2201-2204 G/S (3)  | QPL (3) – suggest ethics course<br>QPE – global (3)   | IDS 3301-3304 G/S (3)<br>QLR (3)   |
| <b>Major/Program<br/>(70 credits):</b>                                   | CHEM 1101/1102 (4)<br><u>PSYC 1100/ SOC 1100 /ANTH<br/>2200 (3) - 7</u><br><br>CHEM 1103/1104/1109 (5)<br>NUTR 2241, Nutr thr Lifecycle (3)<br><u>NUTR 2245, Food Lab (1) - 9</u> | BIOL 1157, A&P I (4)<br>NUTR 1150, Sanitation (1)<br>NUTR 2242, Intro Professions (1)<br>NUTR 3315, Nutr Biochemistry (3)<br><u>NUTR 3244, Food Science (3) - 12</u><br><br>BIOL 1158, A&P II (4)<br>NUTR 2280, Community Health &<br>Nutrition Programs (3)<br>Elective*: suggest NUTR 2220 (3)<br>study <u>abroad [spring, odd] - 10</u> | NUTR 2250, Food Operations (3)<br>NUTR 3246, Exp. Foods Lab (1)<br>HLED 3271, Health Education (3)<br><u>NUTR 4371, MNT I (4) - 11</u><br><br>NUTR 3395, Nutr Counseling (2)<br>NUTR 4350, Food Mgt (3)<br>NUTR 4374, MNT II (4)<br><u>BIOL 1156, Microbiology (4) - 13</u> | NUTR 4372, Clinical Cases (3)<br>NUTR 3391, Health Asmt (2)<br>MATH 1150 or PSYC 2250 or <u>BIOL<br/>2229 (3) [or MPH 5011], statistics<br/>Elective (3) - 11</u><br><br>NUTR 4375, Mentoring (1)<br>NUTR 4392, Res & Writing (2)<br><u>Elective* (4-8) - 11</u> |
| <b>Electives/Minor</b>   |   |  | Elective*: suggest NUTR 4297 (4)<br>in summer*  |  |

\*Some electives can be used as 5000 level courses in senior year, or to fulfill requirements of a minor. If for a minor, minor courses should start in sophomore year, redistributing University General Education courses.

### 2+2 Program Design with a Two-Year College

| Undergraduate  | YEAR 1   | YEAR 2  | YEAR 3  | YEAR 4  |
|--|--|---|---|---|
| <b>University<br/>General Education<br/>Course<br/>Requirements:</b> | Other AA/AS requirements,<br>including skill courses   | Other AA/AS requirements  | IDS 2201-2204 (3)   | IDS 3301-3304 (3)   |
| <b>Major/Program:</b>  | Introduction to Chemistry with<br>lab<br>Introduction to Organic<br>Chemistry with lab<br>Introduction to PSYC or<br>Introduction to SOC or<br>cultural anthropology | Anatomy & Physiology I<br>Anatomy & Physiology II<br>Statistics<br>Philosophy course – suggest ethics | NUTR 1150, Sanitation (1)<br>NUTR 2241, Nutr thr Lifecycle (3)<br>NUTR 2242, Intro Professions (1)<br>NUTR 2245, Food Lab (1)<br>NUTR 3244, Food Science (3)<br>NUTR 2250, Food Operations (3)<br><u>HLED 3271 (3) - 15</u><br><br>NUTR 2280, Community Health &<br>Nutrition Programs (3)<br>NUTR 3246, Exp Foods Lab (1)<br>NUTR 4350, Food Mgt (3)<br>CHEM 1109, Intro Biochem (2) - 9 | NUTR 3315, Nutr Biochem (3)<br>NUTR 4371, MNT I (4)<br>NUTR 4372 (3)<br><u>NUTR 3391 (2) – 12</u><br><br>NUTR 4374, MNT II (4)<br>NUTR 4375, Mentoring (1)<br>NUTR 4392, Res & Writing (2)<br>NUTR 3395, Nutr Counseling (2)<br>BIOL 1156*, Microbiology (4) - 13 |
| <b>Other:</b>  |  |   |   | Must meet 120 credit hours  |

\*Transfer students should complete BIOL 1157 and 1158 prior to coming to BenU. BIOL 1156 (4) Microbiology can also be taken at the community college prior to entry into BenU