



Nutrition and Dietetics



Benedictine University
College of Education
and Health Services

An Accredited Program

Benedictine's nutrition and dietetics curriculum is accredited as a Didactic Program in Nutrition and Dietetics (DPD) by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics. (120 South Riverside Plaza, Suite 2000 | Chicago, IL 60606-6995 | (800) 877-1600 ext. 5400)

Excellent Academic Preparation

Our program is consistently rated highly by our students and alumni and boasts an average pass rate of 96.3% on the RDN (Registered Dietician) exam for the past three years.

Strong Job Outlook

Jobs in nutrition and dietetics are expected to grow by 11 percent nationally from 2018 to 2028. Compared to other metropolitan areas, the Chicago-Naperville-Arlington Heights region has the largest level of employment for dietetic technicians and the third-largest level of employment for registered dietitians and nutritionists in the country.

SAMPLE COURSES:

- NUTR 2280: Community Health and Nutrition
- NUTR 4371: Medical Nutrition
- NUTR 3391: Health Risk Assessment
- NUTR 3395: Nutrition Counseling

SIMILAR MAJORS:

Students interested in educating others on health and wellness in communities and public health agencies (rather than medical nutrition) pursue the health education and promotion major. Those wishing to work directly with food services may pursue the food and nutrition management major.

NUTRITION & DIETETICS ALUMNI

Our graduates are accepted into dietetic internship programs and graduate programs at a rate higher than national average. Some of our alumni work as dietitians and nutritionists in hospitals, clinics, long-term care facilities, private practice, and community settings.

WHY STUDY NUTRITION AND DIETETICS AT BENEDICTINE?

Our nutrition and dietetics major is an accredited DPD program designed for those who want a career in medical nutrition, community nutrition, or food service management. At Benedictine University, we excel in the areas of medical nutrition and wellness. Our program is evidence-based and founded in the sciences. You will have hands-on learning to provide real-life immersion in topics of interest to you. Upon completion of the DPD, graduates can sit for the Registered Dietetic Technician (DTR) exam and are eligible to apply for admission to accredited dietetic internship programs.

Students in our DPD have the opportunity to pre-match in their senior year to our combined Master of Science in Nutrition and Dietetics/Dietetic Internship program. Successful completion of these programs qualifies you to take the registration examination to become a licensed and registered dietitian nutritionist (RDN). Close guidance from faculty ensure our students are prepared to enter their professional lives.

FOR MORE INFORMATION, VISIT BEN.EDU/COEHS

COLLEGE OF EDUCATION & HEALTH SERVICES

Improving health and education is a critical concern for every community. The College of Education and Health Services is dedicated to producing effective practitioners committed to scholarship, lifelong inquiry, leadership, and social responsibility. Health Services undergraduate majors are offered in Food and Nutrition Management, Health Education and Promotion, Nutrition and Dietetics, and Sports & Exercise Science. Careers within these fields continue to be some of the fastest-growing in the country, and we pride ourselves on preparing our students to take advantage of those opportunities. Can't decide on a major? Our faculty and staff are committed to creating a decision-making framework through which students can identify and realize their educational goals.



FIELD EXPERIENCE

Field experiences are built into the curricula, allowing our students to learn more about their future professions first hand.



CAREER PROSPECTS

Our programs are designed to give students the tools they need to succeed in careers in some of the fastest-growing fields in the country.



MASTER'S PRE-MATCH

In their senior year, students have the opportunity to pre-match to our combined M.S. in Nutrition and Dietetics/ Dietetic Internship program.

The majority of classes for the College of Education and Health Services are held in Kindlon Hall of Learning or Birk Hall of Science. Our nutrition majors benefit from their own food services lab, while sports and exercise science majors take advantage of Benedictine's state-of-the-art, 11,000-square-foot fitness center, which is housed in the Dan and Ada Rice Center.

“ I would describe the BenU nutrition program as intellectually rich and stimulating. I joined the program because it is one of the strongest in the state of Illinois. BenU's degree in dietetics provided me with the foundation that helped me match to my dietetic internship at Edward Hines, Jr. VA Hospital; embark on my career as a clinical outpatient dietitian at Captain James A. Lovell Federal Health Care Center; and start making a difference in people's lives.”

HRISTINA TASEVSKI, B.S.'18, NUTRITION

Clinical Outpatient Dietitian at Captain James A. Lovell Federal Health Care Center



MAJORS WITHIN THE COLLEGE OF EDUCATION & HEALTH SERVICES

Elementary Education
Food and Nutrition
Management+
Health Education and
Promotion
Nutrition and Dietetics

Secondary Education
(minor)
Special Education
Sport and Exercise
Science

GET INVOLVED *College-Related Student Clubs and Organizations*

Student Association of
Nutrition and Dietetics
Club (SAND)

+ Denotes majors that are also available as minors