

Major Checklist for Advising Purposes
General Education Curriculum Requirements
Interdisciplinary Seminars | Must be completed at BenU.

	COURSE		CR	GR
BenU	IDS 2201-2204	Catholic and Ben Intellectual Traditions (WI)	3	
BenU	IDS 3301-3304	Human Dignity or The Common Good	3	

Co-curricular | May be met through Distribution Req. or major courses

	<input type="checkbox"/>	Global Designation (G)		
HLED 2364	<input type="checkbox"/>	Sustainability (S)		
IDS 2201-2204	<input type="checkbox"/>	Writing Intensive (WI)		
HLED 3271	<input type="checkbox"/>	Writing Intensive (WI)		
HLED 4394	<input type="checkbox"/>	Writing Intensive (WI)		
HLED 4366	<input type="checkbox"/>	Engaged Learning (EL) OR Learning Community (LC)		

Distribution Requirements (DR) | Scholars Program students please refer to specific checklist for requirements.

Communications | Grade of "C" or better required

	COURSE		CR	GR
	WRIT 1101	Writing Colloquium ¹	3	
	WRIT 1102	Research Writing	3	
	COMM 1110	Speech Communication	3	

Mathematics | Grade of "C" or better required in 1 of the following courses

	COURSE		CR	GR
	MATH 1105	Finite Mathematics	3	
	MATH 1108	Quantitative Reasoning	3	
	MATH 1110	College Algebra	3	

Sciences |

	COURSE		CR	GR
		Life Science (QLS)	3	
		Physical Science (QPS)	3	
SBM	Statistics	Computational, Math & Analytical (QCM)	-	-

Humanities and Fine Arts |

	COURSE		CR	GR
		Religious/Theological (QRT)	3	
		Philosophical (QPL)	3	
		Historical (QHT)	3	
		Literary/Rhetorical (QLR)	3	
		Artistic/Creative (QCA)	3	

Social Sciences I and II |

	COURSE		CR	GR
SBM	PSYC 1100	Individuals/Organizations/Societies (QIO)	-	-
		Political/Global/Economic Systems (QPE)	3	

General Education Curriculum Notes | Students must complete a minimum of 120 semester credit hours to qualify for graduation with a bachelor's degree- please see academic catalog for additional residency requirements. The cumulative GPA for courses taken at Benedictine University must be at least a 2.000. Students in the Health Education Major must maintain a 2.800/4.000 cumulative Benedictine University GPA for select required courses (graduate level courses cross-listed to HLED) and to graduate with this major.

¹ LCOM 1105 is required for students with AP/Dual Credit.

SBM- Satisfied by major

This checklist is for advising purposes. Students must follow the requirements for graduation in the Undergraduate Catalog for their term of entry.

Major Requirements | Grade of "C" or better required **36**

COURSE	MAJOR COURSES	CR	GR
PSYC 1100	Survey of Psychology	3	
MGT 1150/MATH 1150/PSYC 2250	Introduction to Statistics OR Business Statistics OR Basic and Applied Statistics	3	
NUTR 2241	Nutrition through the Life Cycle	3	
NUTR 2364	Food Systems and Policy	3	
HLED 2280	Community Health and Nutrition	3	
HLED 3271	Health Education	3	
HLED 3357	Nutr Health Communications	3	
HLED 3363	Mgt Health Initiatives	3	
HLED 4360	Dimensions of Wellness	3	
HLED 4366	Health Education Field Exp*	3	
HLED 4381	Social and Beh Aspects of PH*	3	
HLED 4394	Health Research Methods and Program Eval	3	

Major Specific/Requirement Notes

* Students in the Health Education Major must maintain a 2.800/4.000 cumulative Benedictine University GPA for select required courses (graduate level courses cross-listed to HLED) and to graduate with this major.