

Major Checklist for Advising Purposes
General Education Curriculum Requirements
Interdisciplinary Seminars | Must be completed at BenU.

	COURSE		CR	GR
BenU	IDS 2201-2204	Catholic and Ben Intellectual Traditions (WI)	3	
BenU	IDS 3301-3304	Human Dignity or The Common Good	3	

Co-curricular | May be met through Distribution Req. or major courses

	<input type="checkbox"/>	Global Designation (G)		
BIOL 1197	<input type="checkbox"/>	Sustainability (S)		
IDS 2201-2204	<input type="checkbox"/>	Writing Intensive (WI)		
HLED 3271	<input type="checkbox"/>	Writing Intensive (WI)		
NUTR 4392	<input type="checkbox"/>	Writing Intensive (WI)		
NUTR 4372	<input type="checkbox"/>	Engaged Learning (EL)		
NUTR 4375	<input type="checkbox"/>	Learning Community (LC)		

Distribution Requirements (DR) | Scholars Program students please refer to specific checklist for requirements.

Communications | Grade of "C" or better required

	COURSE		CR	GR
	WRIT 1101	Writing Colloquium ¹	3	
	WRIT 1102	Research Writing	3	
	COMM 1110	Speech Communication	3	

Mathematics | Grade of "C" or better required in 1 of the following courses

	COURSE		CR	GR
	MATH 1105	Finite Mathematics	3	
	MATH 1108	Quantitative Reasoning	3	
	MATH 1110	College Algebra	3	

Sciences

	COURSE		CR	GR
SBM	BIOL	Life Science (QLS)	-	-
SBM	CHEM	Physical Science (QPS)	-	-
SBM	Statistics	Computational, Math & Analytical (QCM)	-	-

Humanities and Fine Arts

	COURSE		CR	GR
		Religious/Theological (QRT)	3	
		Philosophical (QPL)	3	
		Historical (QHT)	3	
		Literary/Rhetorical (QLR)	3	
		Artistic/Creative (QCA)	3	

Social Sciences I and II

	COURSE		CR	GR
SBM	PSYC/SOCL/ANTH	Individuals/Organizations/Societies (QIO)	-	-
		Political/Global/Economic Systems	3	

General Education Curriculum Notes | Students must complete a minimum of 120 semester credit hours to qualify for graduation with a bachelor's degree- please see academic catalog for additional residency requirements. The cumulative GPA for courses taken at Benedictine University must be at least a 2.000. STUDENTS MUST APPLY TO THE DEPARTMENT TO PURSUE THIS MAJOR. REFER TO APPLICATION REQUIREMENTS IN THE CATALOG. Students must maintain a 3.000/4.000 to pursue and graduate with this major.

¹ LCOM 1105 is required for students with AP/Dual Credit.

SBM- Satisfied by major

This checklist is for advising purposes. Students must follow the requirements for graduation in the Undergraduate Catalog for their term of entry.

Major Requirements | Grade of "C" or better required **77**

COURSE	MAJOR COURSES	CR	GR
CHEM 1101	Intro to Chemistry ²	3	
CHEM 1102	Intro to Chemistry Lab ²	1	
CHEM 1103	Intro to Organic Chemistry ³	2	
CHEM 1104	Intro to Organic Chemistry Lab ³	1	
CHEM 1109	Intro to Biochemistry	2	
BIOL 1197	Prin of Organismal Biology	3	
BIOL 1198	Principles of Biology	3	
BIOL 1199	Principles of Biology lab	1	
BIOL 3203	Anatomy ⁴	4	
BIOL 3208	Microbiology with Lab ⁴	4	
BIOL 3258	Physiology ⁴	4	
BIOL 2229/ PSYC 2250/ MATH 1150/ MGT 1150	Biostatistics OR Basic and Applied Statistics OR Introduction to Statistics OR Business Statistics	3	
PSYC 1100/SOCL 1100/ ANTH 2200	Survey of Psychology OR Principles of Sociology OR Cultural Anthropology	3	
	Approved Ethics Course ⁵	3	
NUTR 1150	Sanitation	1	
NUTR 3241	Nutrition through the Life Cycle	3	
NUTR 2242	Intro to the Profession	1	
NUTR 3244	Food Science	3	
NUTR 2245	Food Science Lab	1	
NUTR 3246	Experimental Foods Lab	1	
NUTR 2250	Foodservice Operations	3	
HLED 3271	Health Education	3	
NUTR 2280	Comm Health and Nutrition	3	
NUTR 3315	Nutritional Biochemistry	3	
NUTR 4350	Food and Nutr Services Mgt	3	
NUTR 4371	Medical Nutrition I	4	
NUTR 4372	Clinical Case Studies	3	
NUTR 4374	Medical Nutrition II	4	
NUTR 4375	Mentoring in Dietetics	1	
NUTR 3391	Health Risk Assessment Lab	2	
NUTR 4392	Health Research Prof Writing	2	
NUTR 3395	Nutrition Counseling	2	

Major Specific/Requirement Notes

STUDENTS MUST APPLY TO THE DEPARTMENT TO PURSUE THIS MAJOR. REFER TO APPLICATION REQUIREMENTS IN THE CATALOG. Students must maintain a 3.000/4.000 to pursue and graduate with this major. 2: CHEM 1101/1102 may be substituted with CHEM 1113/1114 and CHEM 1123/1124.

3: CHEM 1103/1104 may be substituted with CHEM 2242, 2243, 2247 and 2248.

4: The successful completion of courses equivalent to BIOL 1157/1158 prior to the starting at Benedictine University will meet the requirements for BIOL 3203 and 3258 for nutrition majors only. Completion of a course equivalent to BIOL 1156 will meet the requirement for BIOL 3208 for nutrition majors only.

5: Choose from QLS PHIL 2245, 2248, 3349, or QRT THEO 2252