Benedictine University

Date: Semester of Entry:

Name:

BenU ID #:

Freshman Rules Undergraduate
2020-2021
ACADEMIC YEAR

Bachelor of Arts in Health Education and Promotion

Concentration (if applicable)

Freshman Rules/ Major Checklist for Advising Purposes

General Education Curriculum Requirements

Interdisciplinary Seminars | Must be completed at BenU.

	COURSE		CR	GR
BenU	IDS 2201-2204	Catholic and Ben Intellectual Traditions (WI)	3	
BenU	IDS 3301-3304	Human Dignity or The Common Good	3	

Co-curricular | May be met through Distribution Req. or major courses

	☐	Global Designation (G)
HLED 2364	☐	Sustainability (S)
IDS 2201-2204	☐	Writing Intensive (WI)
HLED 3271	☐	Writing Intensive (WI)
	☐	Writing Intensive (WI)
HLED 4366	☐	Engaged Learning (EL) OR Learning Community (LC)

Distribution Requirements (DR) |

Communications | Grade of "C" or better required

	COURSE		CR	GR
	WRIT 1101	Writing Colloquium [1]	3	
	WRIT 1102	Research Writing	3	
	COMM 1110	Speech Communication	3	

Mathematics | Grade of "C" or better required in 1 of the following courses

	COURSE		CR	GR
	MATH 1105	Finite Mathematics	3	
	MATH 1108	Quantitative Reasoning	3	
	MATH 1110	College Algebra	3	

Sciences |

	COURSE		CR	GR
		Life Science (QLS)	3	
		Physical Science (QPS)	3	
SBM	Statistics	Computational, Math & Analytical (QCM)	3	

Humanities and Fine Arts |

	COURSE		CR	GR
		Religious/Theological (QRT)	3	
		Philosophical (QPL)	3	
		Historical (QHT)	3	
		Literary/Rhetorical (QLR)	3	
		Artistic/Creative (QCA)	3	

Social Sciences I and II |

	COURSE		CR	GR
SBM	PSYC 1100	Individuals/Organizations/Societies (QIO)	-	-
		Political/Global/Economic Systems (QPE)	3	

General Education Curriculum Notes | Students must complete a minimum of 120 semester credit hours to qualify for graduation with a bachelor's degree- please see academic catalog for additional residency requirements. The cumulative GPA for courses taken at Benedictine University must be at least a 2.000. Students in the Health Education Major must maintain a 2.800/4.000 cumulative Benedictine University GPA for select required courses (graduate level courses cross-listed to HLED) and to graduate with this major.

[1] LCOM 1105 is required for students with AP/Dual Credit.

SBM- Satisfied by major

This checklist is for advising purposes. Students must follow the requirements for graduation in the Undergraduate Catalog for their term of entry.

Major Requirements | Grade of "C" or better required **36**

COURSE	MAJOR COURSES	CR	GR
PSYC 1100	Survey of Psychology	3	
MATH/MGT 1150 PSYC 2250	Introduction to Statistics **OR** Business Statistics **OR** Basic and Applied Statistics	3	
NUTR 3241	Nutrition through the Life Cycle	3	
HLED 4394	Health Research Methods and Program Eval	3	
HLED 3271	Health Education	3	
HLED 3280	Comm Health and Nutrition	3	
HLED 3357	Nutr Health Communications	3	
HLED 4360	Dimensions of Wellness	3	
HLED 3363	Mgt Health Initiatives	3	
HLED 2364	Environmental Nutrition	3	
HLED 4366	Health Education Field Exp*	3	
HLED 4381	Social and Beh Aspects of PH*	3	

Major Specific/Requirement Notes|

* Students in the Health Education Major must maintain a 2.800/4.000 cumulative Benedictine University GPA for select required courses (graduate level courses cross-listed to HLED) and to graduate with this major.