



Freshman Rules/Major Checklist for Advising Purposes.

Graduation Requirement | Min. semester credit hours 120 credits
Major Requirements | Grade "C" or better 69 credits

General Education Curriculum Requirements					Year Taken	Course	Course Title	CR	GR
Interdisciplinary Seminars Must be completed at BenU.					Department Cognates 33 credits				
	COURSE		CR	GR		CHEM 1101	Introduction to Chemistry	3	
	IDS 2201-2204	Catholic and Ben Intellectual Traditions (WI)	3			CHEM 1102	Introduction to Chemistry Lab	1	
	IDS 3301-3304	Human Dignity or The Common Good	3			CHEM 1103	Intro to Organic Chemistry	2	
Co-curricular May be met through Distribution Req. or major courses						CHEM 1104	Intro to Organic/Biochem Lab	1	
	<input type="checkbox"/>	Global Designation (G) IDS 3303, 3304				CHEM 1109	Intro to Biochemistry	2	
	<input type="checkbox"/>	Sustainability (S) NUTR 2364				BIOL 1197	Principles of Organismal Biology	3	
	<input type="checkbox"/>	Writing Intensive (WI) IDS 2201-2204				BIOL 1198	Principles of Biology	3	
	<input type="checkbox"/>	Writing Intensive (WI) HLED 4392/PSYC 4351				BIOL 1199	Principles of Biology Lab	1	
	<input type="checkbox"/>	Writing Intensive (WI) HLED 3271				BIOL 3208	Microbiology with Lab	4	
	<input type="checkbox"/>	Engaged Learning (EL) Or Learning Community (LC)				BIOL 3258	Human Physiology	4	
Distribution Requirements (DR) IAI GECC Requirements met						PSYC 1100	Survey of Psychology	3	
Communications Grade of "C" or better required						PSYC 2250	Basic and Applied Stats	3	
	COURSE		CR	GR		PHIL 2245/ THEO 2252	Approved Ethics Course	3	
	WRIT 1101	Writing Colloquium	3		Required Nutrition Foundation Courses 30-32 credits				
	WRIT 1102	Research Writing	3			NUTR 2231	Human Nutrition	3	
	COMM 1110	Speech Communication	3			NUTR 3244	Food Science	3	
Mathematics Grade of "C" or better required in 1 of the following courses						NUTR 2245	Food Science Lab	1	
	COURSE		CR	GR		NUTR 3251	Nutritional Biochemistry	3	
NA	MATH 1105	Finite Mathematics	3	NA		NUTR 2364	Food Systems and Policy	3	
	MATH 1108	Quantitative Reasoning	3			HLED 3271	Health Education (WI)	3	
	MATH 1110	College Algebra	3			HLED 4392/ PSYC 4351	Health Res & Prof Writing (WI) or Research Writing PSYC	3	
		Approved GECC transfer course				NUTR 3359	Capstone	1-3	
Sciences 						NUTR 3300	Nutritional Aspects of Disease	4	
	COURSE		CR	GR		MGT 3300/ NUTR 3363	Management (WI) or Management of Health Initiatives	3	
BIOL	SBM	Life Science (QLS)	3		Humanities and Fine Arts One must be THEO 2252 (QRT) or PHIL 2245 (QPL)				
CHEM	SBM	Physical Science (QPS)	3			NUTR	3000 level major elective	3	
PSYC 2250	SBM	QCM	3		Non-concentration Major Electives > 2000 level 6 credits				
		QRT	3						
		QHT	3						
		QLR	3						
		QPL	3						
		QCA	3						
Social Sciences I and II 					General Electives Advisor will assist in selection 13-15 Credits				
	COURSE		CR	GR					
PSYC 1100	SBM	Individuals/Organizations/Societies (QIO)	3	SBM					
		Political/Global/Economic Systems (QPE)	3						

General Education Curriculum Notes | Students must complete a minimum of 120 semester credit hours to qualify for graduation with a bachelor's degree- please see academic catalog for additional residency requirements. The cumulative GPA for courses taken at Benedictine University must be at least a 2.000. Students must take a math placement exam if they have not completed a math course equivalent to identified math required coursework. SBM- Satisfied by major